



# Oklahoma City Public Schools **ATHLETICS**



## ALL CITY ATHLETIC CONFERENCE CHAMPIONSHIPS

Saturday, April 11, 2026

CB Speegle Stadium

698 SW Grand Blvd #600, Oklahoma City, OK 73109

**Coaches Meeting: 8:00am**

(infield near clerking area)

**Field Event Start: 9:30am**

**Running Event Start: 10:00am**

All entries will be entered ONLINE @ [athletic.net](http://athletic.net).

**ATTENTION COACHES:** On-line Entry DEADLINE is: **Thursday, April 9<sup>th</sup> @7pm**. No late entries accepted. Schools planning to attend must submit their entries online with [athletic.net](http://athletic.net). If you need assistance with your Athletic.net account, contact Cara at: [cara@runenduro.com](mailto:cara@runenduro.com). THIS WILL BE A SEEDED MEET.

**DIVISIONS (2):** MS Girls and MS Boys

**LIMITATIONS:** Event Entries will be limited to three individuals/one relay team per school. Athletes are limited to four events total.

**FIELD EVENTS:** Each athlete will be given three throws/jumps

**HEATING:** The heating benches will be located on the infield

**AWARDS:** Medals to top three individuals and relays in each division. Coaches may pick up awards at the conclusion of the meet in the press box.

**TROPHIES:** Banners will be awarded to the 1st and 2<sup>nd</sup> place team winners.

**RESULTS:** Live results will be available

**HOSPITALITY:** Will be provided for only coaches in a designated area

**CONCESSIONS:** There will be a full concession available & Kona Ice

**SPECTATORS:** \$5.00



Questions?

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## COACHES- INFO AND GUIDELINES:

1. Make sure your athletes are entered into [enduroussa.com](http://enduroussa.com) by 7:00 PM on Thursday, April 9th!
2. Make sure your athletes are eligible or cleared by a principal with Cindy Elder before participating.
3. All teams will sit on the visitor side of the bleachers in the stadium. Teams will be allowed to have tents on the visitor side. Please keep your athletes in that designated camp area as much as possible. Athletes are not allowed on the infield unless they are getting heated up for their race. This will aid in the timing of events and the smooth running of the meet.
4. All fans/spectators should remain in the stands and not on the infield

Hurdle practice will be limited to the infield before the races.  
Please remind your athletes to not pace athletes
5. The WEST gate will be open for teams starting at 7:30am. Please have your team arrive together. This gate will be closed at 9:00 am. After 9:00 am, athletes will need to enter through the SE gate and will need to be in uniform to enter.
6. Fans will enter through the SE gate. The fan gate will open at 8:00 am.
7. Tickets are \$5 for school age and above. Coaches and district passes will be honored.
8. There will be a full concession available and Kona Ice.
9. Make sure your camp area is clean before your team leaves.
10. Awards will be given out after the 4x400 relay. Please do not ask for them early. This is our ACAC Championships and it will take every team to help make it a success. It is required that each team sign-up to run a particular area of the meet. That signup sheet will be provided no later than Monday, April 6th, 2026



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## **SCHEDULE OF EVENTS**

### **Field Events at 9:30am**

**Long jump – Boys/Girls  
High jump – Girls/Boys  
Shot –Girls/Boys  
Discus – Boys/Girls**

### **Running events at 10:00am**

**Girls/Boys**

**4x100m relay  
4x800m relay  
110m hurdles- (33" Boys)  
100m hurdles- (30" Girls)  
15MIN BREAK\***

**\*If needed to allow athletes time to recover**

**4x200m relay  
800m run  
100m dash  
400m dash  
300m hurdles  
200m dash  
1600m run  
4x400m relay**

**ROLLING SCHEDULE**

**(TIMED FINALS)**

***The track is at C.B. Speegle Stadium \*698 SW Grand Blvd #600, Oklahoma City, OK 73109***

