

## 2026 InstaTrack Indoor Classic - Tentative Schedule

### Running Events

Event	Gender	Section	Time
4x800M Relay	F	Finals	12:00 PM
4x800M Relay	M	Finals	12:15 PM
60M Hurdles	F	Prelims	12:25 PM
60M Hurdles	M	Prelims	12:30 PM
60M Dash	F	Prelims	12:35 PM
60M Dash	M	Prelims	12:40 PM
60M Hurdles	F	Finals	12:45 PM
60M Hurdles	M	Finals	12:50 PM
60M Dash	F	Finals	1:00 PM
60M Dash	M	Finals	1:05 PM
Mile	F	Finals	1:10 PM
Mile	M	Finals	1:25 PM
400M	F	Finals	1:35 PM
400M	M	Finals	1:50 PM
800M	F	Finals	2:05 PM
800M	M	Finals	2:20 PM
200M	F	Finals	2:30 PM
200M	M	Finals	2:45 PM
3000m	F	Finals	3:00 PM
3000m	M	Finals	3:15 PM
4x400M Relay	F	Finals	3:30 PM
4x400M Relay	M	Finals	3:40 PM

### Field Events

Event	Gender	Section	Time
SP	M	Finals	11:00 AM
LJ	M	Finals	11:00 AM
HJ	F	Prelims	11:00 AM
PV	F	Prelims	11:00 AM
SP	F	Prelims	1:00 PM
LJ	F	Prelims	1:00 PM
HJ	M	Finals	1:00 PM
PV	M	Finals	1:30 PM



**InstaTrack**  
ATHLETICS



# 2026 InstaTrack Indoor Classic

THE UNIVERSITY OF OKLAHOMA  
Mosier Indoor Facility

Hosted by OU Head Track Coach- James Thomas, OU Track | XC Staff, and Athletes

**Saturday, February 7th**

**\$25** per person / per event

**\$500** per team/gender  
(20+ Athletes)

First Event: **10:00am**

**\$15** General Admission

**\$10** Seniors & Kids (10u)

**\$25** VIP Infield  
Vault/Sprint  
Seating



Register at [Athletic.net](https://Athletic.net)





# Meet Notes - 2026 InstaTrack Indoor Classic

## Registration

<https://www.athletic.net/TrackAndField/meet/632236/info>

## Entries Close - Thursday, Feb 5 @ 12:00pm (Noon)

We are keeping it open for one more day for more entries to be added into the meet.

## Participant Fees

Entry fees are calculated based on:

\$25.00 per athlete, \$25.00 per entry

\$50.00 per relay team

\$500.00 maximum fee for one school of either gender, and a \$1,000.00 maximum fee for a combined school of men and women

Please share with your students - they can register unattached.

## Tentative Meet Schedule

Attached

## Final Meet Schedule

A final meet schedule will be sent out tomorrow afternoon/evening, Wednesday, Feb 4 once entries have closed. It will not be a rolling schedule, we will have start times for each event.

## Parking

See Map - Duck Pond

## Spectators - Admissions

Doors will open 1 hour from the start time of the first event.

\$15 - General Admissions

\$10 Senior Citizens & Kids (10u)

\$25 VIP Seating - Spectating the Pole Vault & 60m sprints.

Clear Bag Policy - Attached OU Policy

## Concessions

Will be open from 10:00am - conclusion of the meet.

## Payment Method

Registration - Cash or Check (payable to InstaTrack Athletics)

Admissions - Cash, Venmo, Cash App, Zelle

Concessions - Cash, Venmo, Cash App, Zelle

## VIP Seating Pole Vault/ 60m Sprints Seating

See Map Attached

## Implement Weigh - In

Will always be 1 hour before the start of the first throwing event.

## Clerking/ Team Camps

Will be in Everest Indoor Football Training Facility. See Map.

## Infield Access

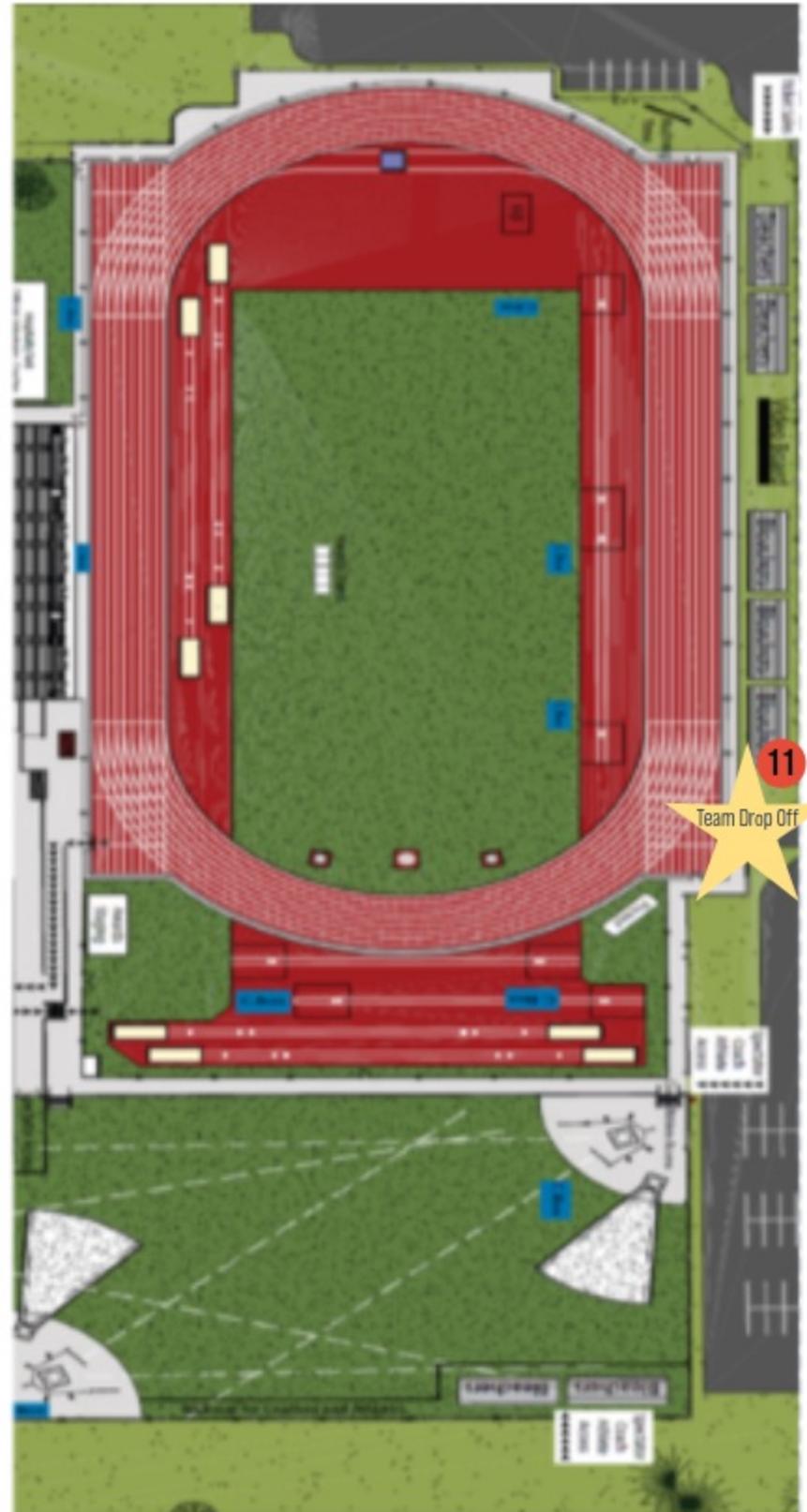
No student athletes or team camps will be allowed in the infield. Only athletes competing, coaches, officials/volunteers.

## Results

Results will be available on [www.timinginc.com](http://www.timinginc.com)



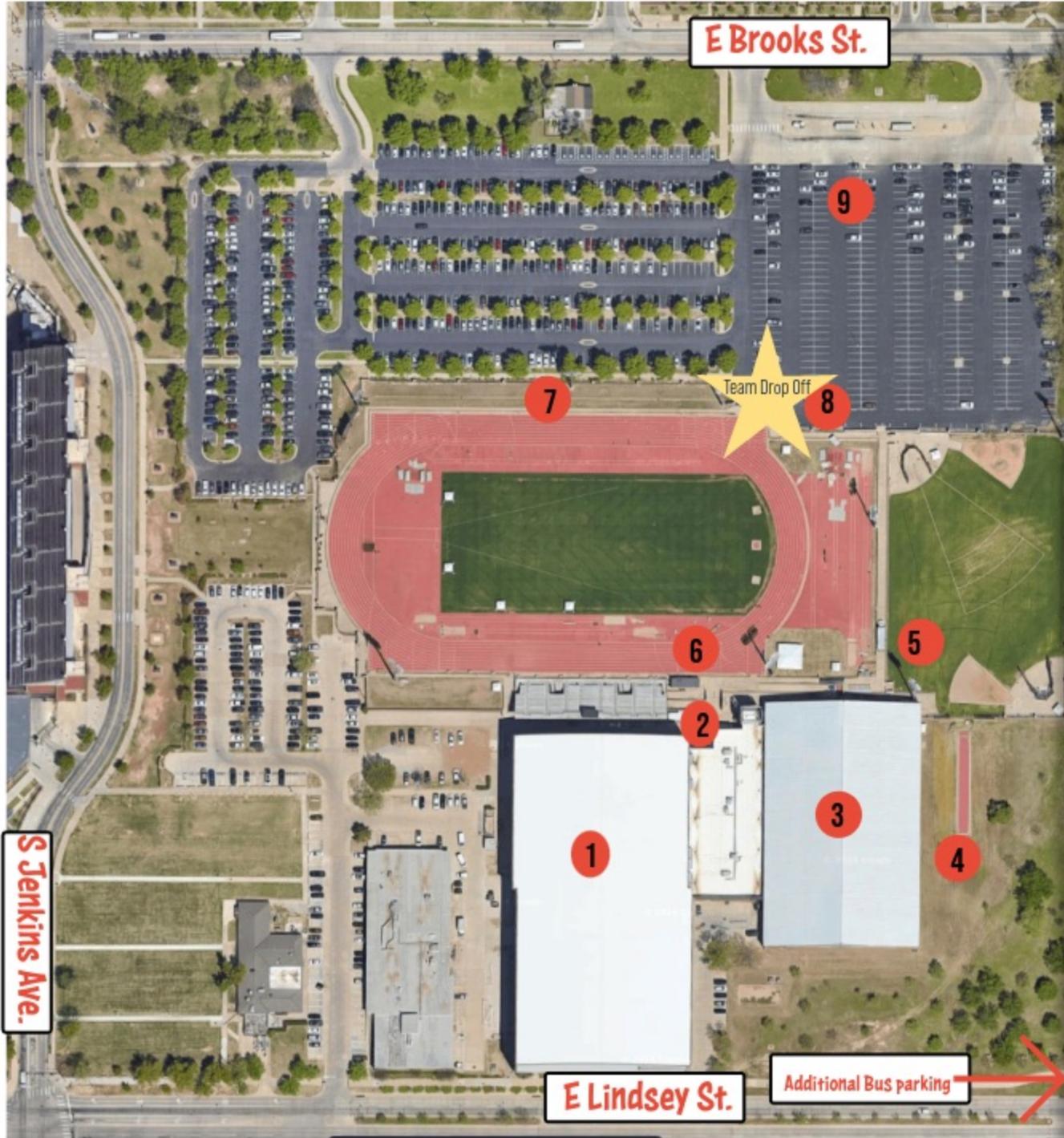
# INDOOR FACILITY MAP



1. Spectators / Teams / Officials / Volunteers Entrance
2. Team Camps
3. Clerking - Women's Table
4. Clerking - Men's Table
5. Hospitality for Officials Only
6. Athlete Flow - Team Camp to Indoor Facility
7. Teams Packet Pick Up | Officials | Volunteer Check In Table
8. Admissions
9. T-Shirt Table - There will be no T-shirts for InstaTrack Indoor Classic only the State Meet
10. Concession Stand
11. Team Drop Off
12. Sport Medicine Site [ OU is not providing Sports Medicine ]
13. Spectator Seating
14. Implement's Weight In
15. VIP Seating - Pole Vault / Sprints
16. Media



# PARKING MAP



1. Teams Camps | Warm Up Area | Everest Training Facility
2. Entrance - Teams/ Officials / Volunteers /Spectators
3. Mosier Indoor Facility
4. Javelin Runway
5. Throws Field
6. John Jacobs Track and Field Facility
7. Team Camps - (HS Outdoor Meets Only)
8. Team Drop Off
9. Team/ Officials / Spectators Parking Lot

### Team Drop Off

Teams Bus can enter from E Brooks St. to the designated team drop off area.

**John Jacobs Track and Field | Mosier Indoor Facility Address:** 395 E Lindsey St., Norman, OK 73019

Teams will be camped inside of the Everest Training Center. Teams will be able to bring outside food and drink into the team camp area. No outside food or drink will be allowed within the gates of the track and field facility.

### Additional Bus Parking - Parkview Lot

Team buses can park in the parkview lot off of the corner of E Lindsey St and George Ave. Across from Brandt Park. Enter the lot from George Ave.



# CLEAR BAG POLICY



## APPROVED BAGS (ONE BAG PER PERSON)



**12" X 6" X 12"  
CLEAR TOTE**  
(ANYTHING LARGER IS PROHIBITED)



**ONE (1) GALLON CLEAR  
PLASTIC STORAGE BAG**



**6.5" X 4.5"  
CLUTCH WALLET**  
(WITH OR WITHOUT STRAP)



**CLEAR FANNY PACK OR  
CLEAR CROSSBODY BAG**

## PROHIBITED BAGS



**PURSE**



**BACKPACK**



**CLEAR BACKPACK**



**NON-CLEAR  
MERCHANDISE BAG**



**TINTED PLASTIC  
TOTE**



**SOLID OR CLEAR  
DRAWSTRING BAG**



**PRINTED PATTERN  
PLASTIC BAG**



**DIAPER BAG**



**CAMERA BAG**



**BINOCULAR CASE**



**FANNY PACK/  
CROSSBODY BAG**  
(NON-TRANSLUCENT)



**MESH BAG**

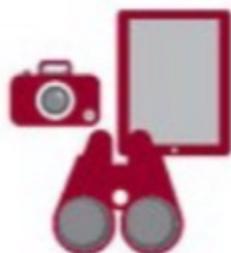
All carried items and entrants are subject to search. Prohibited items must be returned to the owner's car or discarded. Any unlawful items are subject to confiscation, and the person in possession of such items is subject to arrest. Items left at gate will be discarded.



# ATHLETIC CARRY IN POLICY



## ITEMS PERMITTED



**BINOCULARS,  
CAMERAS & TABLETS**



**6.5" X 4.5"  
CLUTCH WALLET  
(WITH OR WITHOUT STRAP)**



**12" X 6" X 12"  
CLEAR TOTE  
(ANYTHING LARGER IS PROHIBITED)  
CLEAR FANNY PACK  
CLEAR CROSSBODY BAG**



**TRANSPARENT/EMPTY  
WATER BOTTLE**



**ITEMS RELATED TO A  
MEDICAL CONDITION**

## ITEMS PROHIBITED



**NO PURSES, BACKPACKS,  
DRAWSTRING BAGS, FANNY PACKS,  
DIAPER BAGS, CROSSBODY BAGS &  
BINOCULAR CASES**



**NO FOOD OR BEVERAGES  
(INCLUDING ALCOHOL)**



**NO FLAGS, SIGNS  
OR BANNERS**



**NO CONTAINERS**



**NO STROLLERS  
OR BABY CARRIERS**



**NO VIDEO CAMERAS OR  
CAMERAS WITH LENSES  
GREATER THAN 6"**



**NO CHAIRBACKS OVER 16"  
WIDE OR WITH OVERSIZED  
METAL FRAMES.**



**NO NOISEMAKERS**



**NO WEAPONS**



**NO UMBRELLAS**



**NO INFLATABLES**

ALL CARRIED ITEMS AND ENTRANTS ARE SUBJECT TO SEARCH. PROHIBITED ITEMS MUST BE RETURNED TO THE OWNER'S CAR OR DISCARDED. ANY UNLAWFUL ITEMS ARE SUBJECT TO CONFISCATION, AND THE PERSON IN POSSESSION OF SUCH ITEMS IS SUBJECT TO ARREST. ITEMS LEFT AT THE GATE WILL BE DISCARDED.





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FOOTER CLUB

ALL-AMERICA

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