

# Jack Hays Invitational Track Meet

## Friday, March 27th, 2026

We would like to invite you to the annual **Jack Hays Invitational Track and Field Meet**.

The meet will be held on **Friday, March 27th, 2026** with the coaches meeting beginning at 9:00 A.M. The field events will start at 9:30 A.M. and the running events at 10:00 A.M.

*Hospitality will be provided for all of your coaches.*

**Entry Fee:** \$120 per division, \$60 for B teams, and \$20 for individuals (5 or less). Please make checks payable to Pauls Valley Athletics. You can mail checks to: ATTN. Ryan Caldwell, Pauls Valley Public Schools, P.O. Box 780, Pauls Valley, OK 73075 or bring the check to the meet. **\*\*Please text or email Coach Caldwell if you plan to attend\*\***

**Awards:** Medals will be given to the top six (6) places in each event, including relays. Team scores will be kept and team champion plaques will be awarded in each division.

**OSSAA rules will govern the meet**

**ON-LINE ENTRIES-** Coaches must submit all entries on the Athletic.net website:

[www.athletic.net](http://www.athletic.net) — **NO ADDITIONAL ENTRIES AFTER THE DEADLINE.** — **ONLINE**

**ENTRIES DEADLINE:** Thursday, March 26th at noon. **TEAMS WILL NOT BE ADDED AT THE MEET.** If you need help with your Athletic.net account, please email your

questions to [jhughes@elginps.net](mailto:jhughes@elginps.net). **MEET TIMING & RESULTS-** Timing for the meet is provided by **12:1 Running Timing Services**. Live results are available at [www.twelve1running.com](http://www.twelve1running.com) and [www.athletic.net](http://www.athletic.net).

**Contact:**

**Head Coach- Ryan Caldwell**

**Cell Phone: (405) 207-3692**

**Email: [rcaldwell@pvps.us](mailto:rcaldwell@pvps.us)**

***The track is located in Wacker Park, at the football field. 901 Chickasaw St.***

## **Order of Events**

### **Field Events at 9:30**

**Long Jump- Boys /Girls**

**High Jump- Girls/Boys**

**Shot Put- Boys/ Girls**

**Discus- Girls/Boys**

**Pole Vault- Boys/Girls**

### **Running Events at 10:00**

**400 m Relay- Girls/Boys**

**3200 m Relay- Girls/Boys**

**100 m Hurdles- Girls**

**110 m Hurdles- Boys**

**3200 m Run- Girls**

**800 m Relay- Girls/Boys**

**800 m Run- Girls/Boys**

**100 m Dash- Girls/Boys**

**3200 m Run- Boys**

**400 m Dash- Girls/Boys**

**300 m Hurdles- Girls/Boys**

**200 m Dash- Girls/Boys**

**1600 m Run- Girls/Boys**

**1600 m Relay- Girls/Boys**