



**2025PLAINVIEW MIDDLE SCHOOL
INVITATIONAL TRACK AND FIELD MEET
THURSDAY, APRIL 2, 2026**

ATTENTION COACHES: Schools planning to attend this meet must submit rosters to athletic.net

This will be a Seeded Meet

*****Entry Deadline – April 1st @ Noon*****

*****TEAM CHECK-IN / COACHES MEETING 8:30 AM.**

*****FIELD EVENTS BEGIN AT 9:15 AM.**

*****RUNNING STARTS AT 9:15 AM**

*****4 DIVISIONS: 7TH GIRLS / 7TH BOYS / 8TH GIRLS / 8TH BOYS**

*****HEATING: ALL RACES WILL BE PREHEATED RANDOMLY AT THE HEATING BENCHES**

***** OSSAA SANCTIONED MEET *** / *** OSSAA + NFHS RULES WILL APPLY *****

*****HOSPITALITY AND LUNCH PROVIDED FOR COACHES**

*****AWARDS: INDIVIDUAL 1ST – 5TH / RELAY EVENTS 1ST – 3RD**

*****RUNNING EVENTS / TIMED FINALS**

*****FIELD EVENTS: 4 THROWS / 4 JUMPS**

Steve Ross AD: (580) 490-3150

Kelly Gordon (Girls JH Head Coach): (580)277-9532

Plainview School:(580) 490-3115

Warren Butler(Boys JH Head Coach): (580) 465-3787

Please mail or Fax entries: PLAINVIEW MIDDLE SCHOOL INVITATIONAL TRACK MEET 4/3/2025

SCHOOL:_____ COACH:_____

PHONE #:_____ HOME/CELL#:_____

*****Entry Fee is \$60.00 per division or \$200.00 if all four divisions are entered (check all that apply)**

_____ 7th Girls _____ 7th Boys _____ 8th Girls _____ 8th Boys _____ All Four Divisions

You may bring check to meet or mail to following address:

Plainview Athletics

Steve Ross, A.D.

1140 S. Plainview Rd

Ardmore, OK 73401

Fax # (580)490-3185

*Make checks payable to Plainview Athletics

PLAINVIEW MIDDLE SCHOOL ORDER OF EVENTS

- 8:30 a.m. Coaches Meeting in field house (East of home bleachers)
- 9:15 a.m. Field events begin (4 Throws or Jumps: finals only)
- 9:15 a.m. All other running events begin (all running events are timed finals)
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3200 M Run	7, 8 Girls	7, 8 Boys
400 M Relay	7, 8 Girls	7, 8 Boys
3200 M Relay	7, 8 Girls	7, 8 Boys
100 M Low Hurdles	7, 8 Girls	7, 8 Boys
800 M Relay	7, 8 Girls	7, 8 Boys
800 M Run	7, 8 Girls	7, 8 Boys
100 M Dash	7, 8 Girls	7, 8 Boys
400 M Dash	7, 8 Girls	7, 8 Boys
300 M Low Hurdles	7, 8 Girls	7, 8 Boys
200 M Dash	7, 8 Girls	7, 8 Boys
1600 M Run	7, 8 Girls	7, 8 Boys
1600 M Relay	7, 8 Girls	7, 8 Boys

Shot Put	7 th Boys,	8 th Boys,	7 th Girls,	8 th Girls
Discuss	7 th Girls,	8 th Girls,	7 th Boys,	8 th Boys
High Jump	8 th Boys,	7 th Boys,	8 th Girls,	7 th Girls
Long Jump	8 th Girls,	7 th Girls,	8 th Boys,	7 th Boys
Pole Vault	7 th Boys,	8 th Boys,	7 th Girls,	8 th Girls