## **Patriot High School Invitational**

Saturday March 7, 2025 @ Putnam City West High School

Two Divisions – High School Girls and High School Boys

Attention Coaches: Team entries will be limited to 12 teams. Please e-mail Coach Harrison (jharrison@putnamcityschools.org)

- COACHES' MEETING 8:30am
- FIELD EVENTS 9:00am (3 Throws/jumps)
- RUNNING EVENTS 9:30am

Schools planning to attend this meet must submit their entries on athletic.net by completing all necessary steps. Entry deadline for this meet is 5:00pm Friday, March 6th. This is a Roster Only meet.

SCORING - 10-8-6-4-2-1 / 20-16-12-8-4-2

**AWARDS** – Individual: 1-3 medal / Relays: 1-3 / Team: Champion in each division

**FIELD EVENTS** – Three (3) throws or jumps and then qualify eight (8) to the finals of shot put, discus, and long jump. If field size is less than 12 competitors, the number of throws or jumps may be modified.

**Entrants**: Each contestant is limited to four (4) events, including relays. Each school is limited to five (5) entrants in each event and 1 Varsity relay. JV entries (3 extra individuals and 1 extra relay.) Only three (3) athletes and one (1) relay from a school can score points.

**CONCESSIONS / ADMISSION** – Concession stand will be open. Admission will be charged for spectators.

ENTRY FEE – HS Boys - \$100 HS Girls - \$100 JV Boys/Girls - \$50

Checks Payable to: PCW Track Putnam City West High School 8500 NW 23rd St Oklahoma City, OK 73127

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4 x 100 Relay Girls/Boys

4 x 800 Relay Girls/Boys

100m Hurdles Girls

110m Hurdles Boys

100m Dash Girls/Boys

3200m Run Girls/Boys

4 x 200 Relay Girls/Boys

800m Run Girls/Boys

400m Dash Girls/Boys

300m Hurdles Girls/Boys

200m Dash Girls/Boys

1600m Run Girls/Boys

4 x 400 Relay Girls/Boys

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Shot Put: Girls/Boys
Discus: Boys/Girls

High Jump: Boys/Girls Long Jump: Girls/Boys Pole Vault: Boys/Girls