

Alex Site Only

REGIONAL TRACK MEET ORDER OF EVENTS AND APPROXIMATE STARTING TIMES

(Inclement Weather may impact starting times)

A-2A-3A-4A May 2, 2026
5A-6A May 9, 2026

Saturday

8:30 Coaches Meeting

9:30 Starting time

FIELD EVENTS

9:30	<u>(3A-4A-6A)</u>	Girls, Boys High Jump
9:30	<u>(A-3A-5A)</u>	Boys, Girls Long Jump
9:30	<u>(3A-4A-6A)</u>	Girls, Boys Shot Put
9:30	<u>(A-3A-5A)</u>	Boys, Girls Discus
9:30	<u>(3A-4A-6A)</u>	Boys, Girls Pole Vault
11:00	<u>(A-3A-5A)</u>	Girls, Boys High Jump
11:00	<u>(3A-4A-6A)</u>	Boys, Girls Long Jump
11:00	<u>(A-3A-5A)</u>	Girls, Boys Shot Put
11:00	<u>(3A-4A-6A)</u>	Boys, Girls Discus
11:00	<u>(A-3A-5A)</u>	Boys, Girls Pole Vault

(All-Timed Finals)

9:30	3200 - Girls, Boys
12:00 pm	400 Relay - Girls, Boys
	3200 Relay - Girls, Boys
	100 Hurdles - 33" Girls
	110 Hurdles - 39" Boys
	100 - Girls, Boys
	400 - Girls, Boys

45 Minute Break

800 Relay - Girls, Boys
800 - Girls, Boys
300 Hurdles - Girls, Boys

15 Minute Break

200 - Girls, Boys
1600 - Girls, Boys
1600 Relay - Girls, Boys

*NOTE: The games committee may make adjustments to the time schedule if circumstances are justified.