

Meet Information

- Two Divisions High School Girls and High School Boys
 - o Team entries will be limited to 6 teams.
- Please e-mail Coach Lovejoy (timjaylovejoy@mooreschools.com)
- COACHES' MEETING 9am
- FIELD EVENTS 9:30am (3 Throws/jumps)
- RUNNING EVENTS 10:00am

Online Entries: Schools planning to attend this meet must submit their entries on <u>athletic.net</u> by completing all necessary steps. Entry deadline for this meet is 5:00pm Thursday March 26th. If you need assistance, contact cara@runenduro.com.

SCORING - 10-8-6-4-2-1 / 20-16-12-8-4-2

Individual: 1-3 medal / Relays: 1-3

FIELD EVENTS – Three (3) throws or jumps and then qualify eight (8) to the finals of shot put, discus, high jump and long jump.

Entrants: Each contestant is limited to four (4) events, including relays. Each school is limited to five (4) entrants in each event and 2 relays.

CONCESSIONS / ADMISSION – Concession stand will be open. Admission will be charged for spectators.

ENTRY FEE – \$150 per gender or \$300 per school

Checks Payable to:

Southmoore Track and Field, Southmoore high school 2901 S Santa Fe Ave, Moore, OK 73160

- Date / Time: 3/27/26
 - o Field events 9:30 AM, Track events 10:00 AM
 - Senior Night at 9am At the 50yd line
 - Live National Anthem song 9:55am
- Location: Southmoore High School Track (6-lane oval / 8-lane straight)

Coaches & Officials Meeting

- Coaches meeting: 9:00 AM
- Location: Meeting room in Home stands
 - o Field events 9:30 AM
 - Long Jump (LJ) Boys then girls
 - High Jump (HJ) Girls then boys
 - Pole Vault (PV) Girls then boys
 - Shot Put (SP) Boys then girls
 - Discus Throw (DT) Girls then girls
 - Running Events 10am (Girls then boys)
 - DMR (1200, 800,400, 1600)
 - 4x100
 - Mixed Gender 4x400 Relay
 - 100m Dash
 - 800m
 - 4x200
 - 300H
 - 200m
 - 4x400 Relay