

Stratford Bulldogs 7th and JH Track Meet

April 1st, 2025

Start Time: The coaches meeting will start at 9:00 at the indoor hitting facility (Big Red Building). The field events will start at 9:30 and running events at 10:00.

ATTENTION COACHES: Submit entries on athletic.net. DEADLINE is the day before the meet @ 5pm. If you need assistance contact cara@runenduro.com.

*Athletes can enter up to 4 events. Each school may enter 1 relay and 3 individuals per event. We have an all-weather surface track and would ask that your athletes wear ¼ inch spikes. ***A hospitality room will be provided for the coaches.***

Divisions: 7th Girls, 7th Boys, JH Girls, JH Boys

Entry Fee/Payment: \$70 per division, \$280 for all 4, and \$15 for individuals (3 or less). No B teams. Make checks payable to Stratford Athletics. You can mail checks to: Stratford Public Schools, P.O. Box 589, Stratford, OK 74872 or bring a check to the meet.

Awards: Medals will be given up to 5th place for individual events and 3rd place for relays. There will be no team trophies. *OSSAA RULES WILL GOVERN THE MEET.

Contacts: Call, text, or email If you plan to attend or have any questions/concerns.

James Martin	jmartin@stratford.k12.ok.us	580.320.0656
Kyle Wood	kylewood@stratford.k12.ok.us	580.320.3085
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Ray Ardery	rardery@stratford.k12.ok.us	405.206.9737

***Girls before boys and 7th before JH on running events.**

Field Events – 9:30

Long Jump: JHB, 7B, JHG, 7G
High Jump: JHG, 7G, JHB, 7B
Shot: 7B, JHB, 7G, JHG
Discus: 7G, JHG, 7B, JHB

Running Events – 10:00

400 m relay: 7G, JHG, 7B, JHB
3200 m relay: 7G, JHG, 7B, JHB
100 hurdles: 7G, JHG
110 hurdles: 7B, JHB
3200 m run: JHB Only
800 m relay: 7G, JHG, 7B, JHB
800 m run: 7G, JHG, 7B, JHB
100 m dash: 7G, JHG, 7B, JHB
3200 m run: JHG Only
400 m dash: 7G, JHG, 7B, JHB
300 m hurdles: 7G, JHG, 7B, JHB
200 m dash: 7G, JHG, 7B, JHB
1600 m run: 7G, JHG, 7B, JHB
1600 m relay: 7G, JHG, 7B, JHB