



**SULPHUR HIGH SCHOOL**  
**ROCK CREEK INVITATIONAL**

Saturday, March 7th, 2026

**Coaches Meeting:** 9:30 a.m.    **Field Events:** 10:00 a.m.    **Running Events:** 11:30 a.m.

**Awards:** Medals will be awarded to the first five (5) places in each individual event and top 3 relays. Top six(6) in each event will score, 10-8-6-4-2-1, double for relays, 20-16-12-8-4-2. Plaque will be awarded to the top team in each division.

**Field Events:** Each competitor will have three (3) preliminary attempts, top 8 will qualify for finals for three (3) additional attempts.

**Heating/Check-in:** Check-in will be done on the infield.

**Warm-ups:** Warm-ups will be done on the practice field.

**Concession/Admission:** The concession stand will be open. Admission will be charged for spectators. Restrooms are available.

**Parking:** Bus parking will be in the Armory parking lot located across the street from practice field. All team camps will be outside the fence of the track, NO EXCEPTIONS!

**Entry Fee:** \$100.00 per team. \$15 per Individual

Make checks payable to Sulphur Track.

Mail payment to: Sulphur Track  
1019 West 9th  
Sulphur, OK 73086

Inclement Weather/Questions:

**Emile Heitland**  
(580) 320-9313

**David Gilliam**  
(580) 668-1996

**ONLINE ENTRIES:** Coaches must submit all entries on the Athletic.net website:  
www.athletic.net — NO ADDITIONAL ENTRIES AFTER THE DEADLINE.

**ENTRIES DEADLINE:** The on-line ENTRY DEADLINE is the day before the meet @ 5pm.  
TEAMS WILL NOT BE ADDED AT THE MEET, but coaches can make changes to their entries the day of the meet on their [athletic.net](http://athletic.net) account. If you need assistance with your account, contact Cara at: [cara@runenduro.com](mailto:cara@runenduro.com) **MEET TIMING & RESULTS:** Timing for the meet is provided by Enduro. Live results on www.athletic.net.