



Sweetwater Bulldog Invitational

Sweetwater Schools will be hosting their track meets, as listed below. Both meets will be sanctioned by the OSSAA. We have a new 6-lane polyurethane track, and we ask that you **do not use tape for track markings.** We will allow “B” teams but will not score them. Please limit “B” entries to only 3 per event.

Monday March 30, 2026 – JH Boys and Girls (7th and 8th Only) \$80 per division. Individual fees are \$20 per athlete up to 3 participants.

Monday March 30, 2026 – 5th and 6th Boys and Girls \$80 per division. Individual fees are \$20 per athlete up to 4 participants.

Friday April 2, 2026 – High School Boys and Girls. \$100 per division. Individual fees are \$25 per athlete up to 3 participants.

Make checks payable to Sweetwater Athletics

On-line entries – Coaches must submit all entries on the Athletic.net website. www.athletic.net
NO ADDITIONAL ENTRIES AFTER THE DEADLINE. Online entry deadline: Saturday, March 28 at 5:00 pm for the JH/5-6 and Wednesday April 1 at 5:00 pm for the HS meet. TEAMS WILL NOT BE ADDED AT THE MEET. If you need help with your athletic.net account, please email questions to jhughes@elginps.net. Contestants will be heated on the field before each running event. Live results will be available at www.twelve1running.com and www.athletic.net.

Time: 9:30 a.m. Coaches meeting
9:45 a.m. Field Events begin
10:15 a.m. Running Events begin. **MEET IS TIMED FINALS**

Limitations: Each contestant is limited to four events, including relays
Each school is limited to three entrants in each event and one team in each relay.
Three throws will be allowed in the shot and discus. Three attempts in the long jump.
Pole vault for JH and HS only.

Awards: Medals will be awarded to the top five (5) places in individual events and top (3) in relays in the HS meet. Medals to the top 3 places in the JH/Elementary meet.

Team Points: 10-8-6-4-2-1, with double points awarded for relays.

A Concession stand will be in operation throughout the meet and all participants must keep their tents in the designated areas. The infield must be kept clear.

- If you have any questions, please call Doug Daffern at Sweetwater High School. Work phone: 580-238-2272, Cell 806-268-1370.

Sweetwater 5/6 and 7/8 Track Meet
March 30, 2026

9:45 Field Events

Shot Put	7/8 Girls, 7/8 Boys
Shot Put 2	5/6 Boys, 5/6 Girls
Discus	5/6 Girls, 5/6 Boys
Discus 2	7/8 Boys, 7/8 Girls
HJ	7/8 Boys, 7/8 Girls, 5/6 Girls, 5/6 Boys
LJ	7/8 Girls, 7/8 Boys, 5/6 Boys, 5/6 Girls
PV	7/8 Girls/ 7/8 Boys

*shot and discus – 3 throws (**MUST MAKE QUALIFYING MARK**)

*long jump – 3 jumps

10:15 Running Events – Timed Finals

400 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
3200 Relay	7/8 Girls, 7/8 Boys
100 Hurdles	5/6 Girls, 7/8 Girls, 5/6 Boys
110 Hurdles	7/8 Boys
800 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
800 Run	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
100 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
20 Minute Break	
400 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
300 Hurdles	7/8 Girls, 7/8 Boys
200 Dash	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys
1600 Run	7/8 Girls, 7/8 Boys
1600 Relay	5/6 Girls, 5/6 Boys, 7/8 Girls, 7/8 Boys