

Arrowhead Relays
Wednesday March 25, 2026

On behalf of Tahlequah Public Schools, we extend to you a sincere invitation to participate in our 5th and 6th grade track meet. The following will give you information you need for the meet. This will be a timed finals meet. You may have three participants in each event. Four events total. No B teams due to time constraints.

Entry Fee: \$30.00 per division. 5th girls = 1 division, 5th boys = 1 division, 6th girls = 1 division, 6th boys = 1 division.

Time: All coaches report to the THS track building by 9:00 for a coaches meeting. Field events and running events will begin at 9:30.

Medals: Awarded to 1st -5 place in all divisions. 1st - 3rd place in relays.

Trophies: We will NOT be awarding team trophies.

Team Points: We will NOT keep team points

Equipment: THS will furnish all starting blocks to contestants. Spikes $\frac{1}{4}$ " or shorter are allowed.

Concessions will be available. We will NOT break for lunch!
Please do not set camps up on the infield!

Please contact David Spears @ Tahlequah Middle School (918) 458-4140 or (918) 453-1404 to RSVP, or if you have any questions. Make checks payable to THS track. Email spearsdm@tahlequahschools.org

C.O. David Spears
Tahlequah Middle School
801 Pendleton

Order of events:

1. High Jump- 6g 6b 5g 5b
2. Long Jump- 5g 5b 6g 6b
3. Shot- 5b 6g 6b 5g
4. Disc- 6b,5g,5b,6g
5. 1600
6. 4X100
7. 400
8. 800
9. 4X200
10. 100
11. 4X400