

Thomas Grade School Invitational Track Meet
Wednesday March 25, 2026

4 Divisions

5th Girls
6th Girls
5th Boys
6th Boys

1. Field events start at 10:00
2. All finals running events at 11:00 am.
3. Entry fee is \$50 per team. \$200 for all four (4) divisions.
4. **We will limit the number of participants in this meet. Please RSVP.**
5. **Register on Athletic.net By adding our meet to your middle school schedule. TEAMS CAN NOT BE ADDED THE DAY OF THE MEET!!!**
6. **Add students to your roster and make sure it is current.**
7. We will give awards to the top 5 places in individual events and top 3 relays.
8. Points scored
10-8-6-4-2-1
20-16-12-8-4-2 Relay Points
9. Use short spikes only. Starting blocks provided. No Tape on the track.
10. Long Jump, Shot Putt, and discusion will be given 3 attempts.
11. No Campsites on the football field or next to the throwing areas. Campsites should be south of the visitor stadium
12. Bus Parking is south of the Basketball gym
13. Coaches will be provided with a meal.

We will limit the number of schools attending. If you are interested please contact us ASAP.

**Thomas
5-6 Grade Track Meet**

Coaches Meeting: 9:30am

**5th & 6th
Field Events**

10:00

Shot: 6 lb	5th Girls, 5th Boys, 6th Girls, 6th Boys
Discus:1K	6th Boys, 6th Girls, 5th Boys, 5th Girls
High Jump:	5th Boys, 5th Girls, 6th Boys, 6th Girls
Long Jump:	6th Boys, 6th Girls, 5th Boys, 5th Girls
Pole Vault:	5th Girls, 5th Boys, 6th Girls, 6th Boys

Running Events

5th girls - 5th Boys - 6th Girls - 6th Boys

11:00

100 Dash
800 Run
200 Dash
4x100 Relay

30 min Break

55m Hurdles
400 Run
1200m Run

Throwers Relay- **Participants can not be in ANY other Running events!!!!!!**
Sprint Medley (100,100,200,400)

School: 580-661-3521

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