

## **7<sup>th</sup>/JH Track Meet**

**Monday, March 30, 2026**

**Waurika High School will host a 7<sup>th</sup> grade and Junior High School Track and Field meet on Monday, March 30, 2026.**

**Starting Time:**

**Coaches Meeting 9:00**

**Field Events 9:30**

**Running Events 9:45**

**\*\*Admission Entry Fee: \$75 per team   Less than 4 members \$15 each.**

**ONLINE ENTRIES MEET:** Entries are being handled thru Athletic.net . Schools planning to attend our meet must submit their entries on [www.athletic.net](http://www.athletic.net) . (This is a "Roster Entries" meet.)

**\*\*\*The online ENTRY DEADLINE is MARCH 29TH by Noon\*\*\* NO LATE ENTRIES**

**\*\*\* Schools who have not entered on-line will not be added at the meet. \*\*\* If you have questions about your entries contact Coach Masoner.**

**Divisions: There will be four divisions. 7<sup>th</sup> Grade Girls; 7<sup>th</sup> Grade Boys; Junior High Girls; Junior High Boys**

**Participation: Each athlete may compete in 4 events. Each school may enter 3 in each event. 7<sup>th</sup> graders may only compete in one division.**

**Medals: Medals will be awarded to top 5 individuals and top 3 relays.**

**Inclement Weather: Call Joe Masoner cell 580-313-0224 or School 580-228-2341**

**Mail Checks to**

**Waurika High School  
C/O Joe Masoner  
600 E. Florida  
Waurika, OK 73573**

## **ORDER OF EVENTS**

**Coaches Meeting: 9:00**

**Field Events: 9:15**

**High Jump: JH Girls, JH Boys, 7<sup>th</sup> Girls, 7<sup>th</sup> Boys**

**Long Jump: 7<sup>th</sup> Girls, 7<sup>th</sup> Boys, JH Girls, JH Boys**

**Shot: JH Boys, JH Girls, 7th Boys, 7th Girls**

**Discus: 7th Boys, 7th Girls, JH Boys, JH Girls**

**Running Events: 9:45**

**Order: 7<sup>th</sup> Girls, 7<sup>th</sup> Boys, JH Girls, JH Boys**

**Timed Finals**

**400 Meter Relay**

**3200 Meter Relay**

**100 Meter Hurdles**

**110 Meter Hurdles**

**3200 Meter****JH ONLY**

**800 Meter Relay**

**800 Meter Run**

**100 Meter Dash**

**400 Meter Dash**

**300 Meter Hurdles**

**200 Meter Dash**

**1600 Meter Run**

**1600 Meter Relay**