

WYNNEWOOD JUNIOR HIGH INVITATIONAL TRACK & FIELD MEET

DATE: APRIL 7, 2026 (TUESDAY) @ 9:00 a.m.

ENTRY FEE: \$95 Per Division or \$380 for all 4 divisions or \$15 per Individual (up to 4) \$60.00 for a B Team. PLEASE RSVP IF PLANNING TO ATTEND (405) 268-2669 (COACH BURDEN)

FACILITIES: 6 Lane Metric "All Weather" Resilite Surface
LJ, HJ, & PV approaches are Resilite Surfaces
Discus and Shot Put slabs are Concrete

AWARDS: NO TEAM SCORES
MEDALS to the Top FIVE (5) PLACES in INDIVIDUAL EVENTS & TOP THREE (3) PLACES IN RELAYS

4 DIVISIONS: ONLY 4 PARTICIPANTS PER SCHOOL IN EACH EVENT & ONE RELAY TEAM ONLY. NO EXCEPTIONS!!! (B Teams will be charged a \$60.00 Entry Fee)

6/7 TH GRADE GIRLS	6/7 TH GRADE BOYS
8/9 TH (JR. HIGH) GIRLS	8/9 TH (JR. HIGH) BOYS

PAYMENT: MAKE CHECKS PAYABLE TO: WYNNEWOOD TRACK
MAIL TO: WYNNEWOOD HIGH SCHOOL
702 EAST ROBERT S. KERR BLVD.
WYNNEWOOD, OK 73098
ATTENTION: BRAD O'STEEN

INCLEMENT WEATHER – CALL COACH BURDEN (405) 268-2669 or COACH O'STEEN (580) 606-7413.

GENERAL INFORMATION

1. Coaches Meeting at 8:30 a.m.
2. All heating will be done at the HEATING BENCHES. (NO ENDURO)
3. FIELD EVENTS begin at 9:00 a.m. TIMED FINALS begin at 9:30 a.m.
4. Each school is allowed FOUR (4) INDIVIDUALS or ONE RELAY per EVENT. (extra individuals will be charged)
5. Competitors are limited to FOUR (4) EVENTS.
6. STARTING BLOCKS will be furnished.
7. ALL CAMPS will be on the practice field. (West of the Track)
8. EACH TEAM IS RESPONSIBLE FOR THE CARE OF IT'S VALUABLES.
9. CONCESSION STAND WILL BE OPEN.
10. Dressing rooms are not available.
11. Restrooms will be open.
12. NON-CONTESTANTS WILL NOT BE ALLOWED INSIDE THE TRACK.
13. COACHES may be on the FIELD. Please do not interfere with Judges/Timers/Clerks.
14. FIELD EVENTS will get THREE (3) ATTEMPTS. NO FINALS.

SHORT SPIKES*****SHORT SPIKES*****SHORT SPIKES*****SHORT SPIKES*****

If you have any questions, CALL COACH BURDEN (405) 268-2669 or COACH O'STEEN (580) 606-7413.

Bill Burden

Brad O'Steen

WYNNEWOOD JUNIOR HIGH INVITATIONAL TRACK & FIELD MEET

ONLY 4 PARTICIPANTS IN EACH EVENT OR ONE RELAY TEAM FROM YOUR SCHOOL.

FIELD EVENTS: 9:00 A.M. NO FINALS

EACH CONTESTANT WILL RECEIVE ONLY THREE (3) ATTEMPTS TOTAL.

SHOT	7G – 7B – JHG – JHB (3 THROWS)
DISCUS	JHG – JHB – 7G – 7B (3 THROWS)
LONG JUMP	7B – JHB – 7G – JHG (3 JUMPS)
HIGH JUMP	JHB – 7B – JHG – 7G
POLE VAULT	JHG – JHB (will be done together)

RUNNING EVENTS 9:30 A.M. TIMED FINALS

400 METER RELAY	7G – 7B – JHG – JHB
3200 METER RELAY	7G – 7B – JHG – JHB
100 METER HURDLES	7G – JHG
110 METER HURDLES	7B – JHB
*ALL HURDLES RACES WILL BE AT 30"	
800 METER RELAY	7G – 7B – JHG – JHB
800 METER RUN	7G – 7B – JHG – JHB
100 METER DASH	7G – 7B – JHG – JHB
(possible lunch break)	
400 METER DASH	7G – 7B – JHG – JHB
300 METER HURDLES	7G – 7B – JHG – JHB
200 METER DASH	7G – 7B – JHG – JHB
1600 METER RUN	7G – 7B – JHG – JHB
1600 METER RELAY	7G – 7B – JHG – JHB
