

Best Performances All times are taken from the results page on the **OHSTRACK.com** Website  
**Coaches** If you see any thing that needs corrected please email me at mhart@thomas.k12.ok.us

**AS of 4-30**

Boys

**4x100**

	<u>Team</u>	<u>TIME</u>	<u>LOCATION &amp; DATE</u>
1	Snyder	45.43	Wynnewood 4-12
2	Weleetka	45.88	Sulphur 4-6
3	Thomas	45.99	Woodward 3-23
4	Okeene	46.1	Woodward 3-23
5	Coyle	45.82	Stroud Regional
6	Goodwell	46.71	Laverne 4-13
7	Beaver	46.81	Okeene 4-5
8	Boise City Keys Felt	47.02	Turpin 4-19
9	Empire	47.25	Alex Regional
10	Turpin	47.38	Turpin 4-19

**4X200**

	<u>Team</u>	<u>TIME</u>	<u>LOCATION</u>
1	Snyder	1.33.12	Alex Regional
2	Weleetka	1.35.83	Stroud Regional
3	Thomas	1.36.07	Okemah Regional
4	Waurika	1.36.10	Alex Regional
5	Boise City Keys Felt	1.36.47	Cherokee Regional
6	Goodwell	1.36.80	Cherokee Regional
7	Cherokee	1.36.86	Cherokee Regional
8	Okeene	1.37.23	Cherokee Regional
9	Beaver	1.37.36	Cherokee Regional
10	Turpin	1.38.26	Cherokee Regional

**4X400**

	<u>Team</u>	<u>TIME</u>	<u>LOCATION</u>
1	Snyder	3.36.66	Alex 4-5
2	Thomas	3.38.54	Covington Douglas 3-30
3	Regent Prep	3.42.91	Stroud Regional
4	Lomega	3.45.64	Alex Regional
5	Cherokee	3.38.89	Cherokee Regional
6	Waurika	3.37.06	Alex Regional
7	Woodland	3.48.56	Stroud Regional
8	Boisie City	3.49.2	Cherokee Regional
9	Covington Douglas	3.46.59	Stroud Regional
10	Garber	3.54.40	Cherokee 3-15

## 4X800

	<u>Team</u>	<u>TIME</u>	<u>LOCATION</u>
1	Boise City Keys Flel	8.41.10	Cherokee Regional
2	Lomega	8.42.77	Alex Regional
3	Cherokee	8.44.40	Cherokee Regional
4	V-A	8.55.12	Alex Regional
5	Thomas	9.00.38	Okemah Regional
6	OBA	9.00.86	Cherokee Regional
7	Timberlake	9.03.00	DCLA 4-17
8	PCH	9.03.16	Medford 4-13
9	Soper	9.04.27	Soper
10	SW Cov	9.05.12	Okemah Regional
	Buffalo	9.27.37	Cherokee Regional

## 100

	<u>Name</u>	<u>Team</u>	<u>TIME</u>	<u>LOCATION</u>
1	Evans	Snyder	10.93	Wynnewood 4-12
2	Davis	Grandfield	11.04	Marlow 3-15
3	McBride	Tipton	11.04	Waurika 4-13
4	Smith	Tipton	11.1	Waurika 4-13
5	Booth	Empire	11.11	Waurika 4-13
6	Clancy	Tyrone	11.2	Turpin 4-19
7	Garrison	Snyder	11.25	Alex 4-5
8	McDonald	Beaver	11.27	Hooker 3-30
9	Quintana	Goodwell	11.33	Turpin 4-19
10	Lopez	Turpin	11.35	Turpin 4-19

## 200

	<u>Name</u>	<u>Team</u>	<u>TIME</u>	<u>LOCATION</u>
1	Evens	Snyder	22.56	Wynnewood 4-12
2	Smith	Boise City Keys Felt	23.05	Turpin 4-19
3	Clancy	Tyrone	23.11	Turpin 4-19
4	Garrison	Snyder	23.2	Alex 4-5
5	Davis	Grandfield	23.22	Marlow 3-15
6	Buhr	Okeene	23.22	Okeene 4-5
7	Brewer	Maud	23.26	Okemah Regional
8	Mason	Burns Flat	23.27	Alex Regional
9	Williams	Snyder	23.39	Alex Regional
	Graza	Cyril	23.5	Hinton 4-13
	Schulp	Timberlake	23.59	DCLA 4-17
10	Hamberlin	Thomas	23.75	Woodward 3-23

## **400**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>TIME</u></b>	<b><u>LOCATION</u></b>
1	Evans	Snyder	49.93	Alex Regional
2	Brewer	Maud	51.85	Okemah Regional
3	Lumpkin	Lomaga	52.57	Alex Regional
4	Schulp	Timberlake	51084	Okemah Regional
5	Fernandez	Thomas	53.01	Okeene 4-5
6	Williams	Forgan	52.14	Cherokee Regional
7	Mora	Waurika	53.57	Alex Regional
8	Davis	Weleetka	53.3	Stroud Regional
9	Christmas	OBA	54.45	Medford 4-13
10	Davis	Grandfield	54.5	Cache 3-29

## **800**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>TIME</u></b>	<b><u>LOCATION</u></b>
1	Slaughter	Goodwell	2.03.14	Turpin 4-19
2	Williams	Forgan	2.04.85	Turpin 4-19
3	Morlan	Hydro	2.06.04	Alex Regional
4	Murdock	Boise City	2.06.09	Okeene 4-5
5	Clapp	Woodland	2.06.65	Cherokee 3-15
6	Wright	VA	2.07.18	Cherokee Regional
7	Phelps	Garber	2.07.42	Stroud Regional
8	Anderson	Regent Prep	2.08.36	Stroud Regional
9	Risenhover	Lomega	2.08.88	Alex Regional
10	Mazzei	Regent Prep	2.09.63	Inola 4-12
	Brown	Boise City	2.10.17	Cherokee Regional
	Snowden	Lomega	2.12.07	Covington Douglas 3-30

## **1600**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Time</u></b>	<b><u>LOCATION</u></b>
1	Mazzei	Regent Prep	4.40.52	Tulsa Metro 4-9
2	Clapp	Woodland	4.43.09	Stroud Regional
3	Brown	Boise City Keys Felt	4.45.72	Turpin 4-19
4	Briggs	Clayton	4.54.55	Okemah Regional
5	Berkey	Hydro	4.57.68	Alex Regional
6	Buck	Waukomis	4.58.48	Cherokee Regional
7	Buckhaults	Buffalo	5.00.06	Woodward 3-23
8	Torres	Tyrone	5.01.72	Turpin 4-19
9	Murdock	Boise City Keys Felt	5.02.12	Turpin 4-19
10	Morlan	Hydro	5.02.82	Alex Regional
	Ott	Lomega	5.03.12	Covington Douglas 3-30
	Wood	Cimмерon	5.07.35	Covington Douglas 3-30

## **3200**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>TIME</u></b>	<b><u>LOCATION</u></b>
1	Brown	Boise City	10.04.70	Cherokee Regional
2	Mazzei	Regent Prep	10.07.06	Metro Christian 3-17
3	Clapp	Woodland	10.08.97	Catoosa 4-19
4	Buckhaults	Buffalo	10.22.78	Cherokee Regional
5	Torres	Tyrone	10.25.98	Cherokee Regional
6	Berkey	Hydro	10.47.72	Covington Douglas 3-30
7	Quartermain	Clayton	10.55.40	Tishomingo 4-6
8	Buck	Waukomis	11.02.15	Medford 4-13
9	Ott	Lomega	11.03.28	Covington Douglas 3-30
10	Zamudio	Boise City	11.03.91	Okeene 4-5
	Morlan	Hydro	11.06.29	Covington Douglas 3-30

## **110H**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>TIME</u></b>	<b><u>LOCATION</u></b>
1	Buhr	Okeene	14.53	Woodward 3-23
2	Carter	S-M	14.97	Turpin 4-19
3	Weber	Turpin	15	Turpin 4-19
4	Guerrero	Clayton	16.9	Wynnewood 4-12
5	Olsen	Waynoka	16.61	Cherokee Regional
6	N.Rainwater	Thomas	17.34	VA 3-8
7	Smith	Tipton	17.84	Cache 3-29
8	Jewell	Burlington	17.82	Cherokee Regional
9	McDonald	Sasakwa	17.76	Okemah Regional
10	Gee	Medford	18.52	Stroud Regional

## **300H**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>TIME</u></b>	<b><u>LOCATION</u></b>
1	Carter	S-M	42.56	Turpin 4-19
2	Phelps	Garber	41.68	Cherokee 3-15
3	Weber	Turpin	43.53	Cherokee Regional
4	Slaughter	Goodwell	44.04	Turpin 4-19
5	Guerrero	Clayton	43.84	Okemah Regional
6	Davis	C-D	44.94	Ponca City 4-10
7	C Fernandez	Thomas	45.11	Covington Douglas 3-30
8	Fleeson	C-D	43.88	Stroud Regional
9	Rainwater	Thomas	45.33	Okeene 4-5
10	Olson	Waynoka	46.59	Cherokee 3-15

## SHOT

	<u>Name</u>	<u>Team</u>	<u>Distance</u>	<u>LOCATION</u>
1	Roof	Thomas	58' 07"	Okeene 4-5
2	Cerna	Texhoma	47' 11.5"	Turpin 4-19
3	Castillo	Waynoka	47' 11	Cherokee Regional
4	Kelley	Thomas	45' 11	Okemah Regiona
5	Westfall	Okeene	45' 07.5	Cherokee Regional
6	Bowen	Medford	45' 06	Cherokee Regional
7	Mason	Ringwood	45' 01.5	Cherokee Regional
8	Bratten	Thomas	44' 10"	Fairview 3-27
9	Martinez	Texhoma	43' 09.75"	Turpin 4-19
10	Kester	Thomas	43' 07.25"	Marlow 3-15
	Davis	Fox	43' 05"	waurika 4-17
	Coleman	Sharron Mutual	43' 05"	Turpin 4-19
	Gilley	Cherokee	43' 02.5"	Cherokee 3-15
	Demos	Okeene	43' 02	Cherokee Regional

## DISCUS

	<u>Name</u>	<u>Team</u>	<u>Distance</u>	<u>LOCATION</u>
1	Roof	Thomas	170'	Fairview 3-27
2	Cerna	Texhoma	151' 04"	Okeene 4-5
3	Kester	Thomas	146' 4.5"	VA 3-8
4	Gilley	Cherokee	145' 10	Cherokee 3-15
5	Tebow	DCLA	143' 10	Cherokee Regional
6	Castillo	Waynoka	142'	Cherokee 3-15
7	Carter	Sharron-Mutual	138" 05"	Okeene 4-5
8	Coleman	Sharron-Mutual	137' 08"	Okeene 4-5
9	Bratten	Thomas	135' 01"	Marlow 3-15
10	Hambree	DCLA	133' 08	Cherokee Regional
	Bowen	Medford	129' 08	Stroud Regional
	Martinez	Texhoma	127' 00"	Turpin 4-19

## POLE VAULT

	<u>Name</u>	<u>Team</u>	<u>Height</u>	<u>LOCATION</u>
1	Hunt	Copan	13'	Vanita 4-17
2	Mason	Ringwood	12'	Ringwood 4-12
3	JB Frable	Ringwood	12'	DCLA 4-17
4	Harris	Coleman	11' 07"	Okemah Regional
5	Jantzen	Cherokee	11' 06"	DCLA 4-17
6	Gamble	Okeene	11'	VA 3-8
7	JM Frable	Ringwood	11'	Ringwood 4-12
8	N Rainwater	Thomas	10' 06"	DCLA 4-17
9	Sutton	Laverne	10'	Laverne 4-13
10	Najera	Timberlake	10'	Cherokee 3-15
	Farington	Beaver	09' 06	Cherokee Regional
	J Fernandez	Thomas	09' 06	Okemah Regional
	Benham	Okeene	09'	VA 3-8
	Johnson	Beaver	09'	Okeene 4-5

## **HIGH JUMP**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Hight</u></b>	<b><u>LOCATION</u></b>
1	Norwood	Kremlin-Hillsdale	6' 04"	DCLA 4-17
2	Schlup	Timberlake	6' 02"	Okeene 4-5
3	Weber	Turpin	6' 02"	Cherokee Regional
4	Bower	Kremlin-Hillsdale	6' 02"	DCLA 4-17
5	Cunefare	Forgan	6' 00.25"	Turpin 4-19
6	Drone	Laverne	6' 00"	Cherokee Regional
7	Shepard	Fox	6' 00"	Waurika 4-13
8	Briggs	Ringwood	6' 00"	Ringwood 4-12
9	Najera	Timberlake	6' 00"	Ringwood 4-12
10	Mclemore	Cyril	6' 00"	Hintion 4-13
	Lozano	Beaver	6' 00"	Turpin 4-19
	Bradley	Paoli	6'	Okemah Regional
	Stokes	Oilton	6'	Stroud Regional
	Schuermann	Medford	5' 10"	DCLA 4-17
	Patterson	Ringwood	5' 10"	DCLA 4-17
	Seiger	Waynoka	5' 10"	Medford 4-13
	Welch	Welch	5' 10"	Miami 4-12
	Williams	Snyder	5' 10"	Wynnewood 4-12
	Rackley	Cyril	5' 10"	Hintion 4-13

## **Long Jump**

	<b><u>Name</u></b>	<b><u>Team</u></b>	<b><u>Distance</u></b>	<b><u>LOCATION</u></b>
1	Davis	Grandfield	21' 03"	Alex Regional
2	Walker	Dover	21' 01"	DCLA 4-17
3	McBride	Tipton	21' 00.75"	Alex Regional
4	Buhr	Okeene	21'	Cherokee Regional
5	Evans	Ok School for Deaf	20' 09"	Alex Regional
6	McMillin	Medford	20' 08"	DCLA 4-17
7	Norwood	Kremlin Hillsdale	20' 06"	Okeene 4-5
8	Lightfoot	Frontier	20' 06"	Stroud Regional
9	Suarez	Cyril	20' 05"	Alex Regional
10	Stargell	Earlsbarow	20' 02"	Okemah Regional
	Lozano	Beaver	20' 01.5"	Turpin 4-19
	Shepard	Fox	20' 00"	Alex Regional
	Carrington	Okeene	19' 09.5"	Woodward 3-23
	Creede	Laverne	19' 09"	Woodward 3-23
	Mora	Waurika	19' 08.5"	Alex 4-5