

Class 4A Girls Best Performance 2019

Compiled by Dana Hickman and Tim Palesano

*Coaches for questions or corrections contact dhickman@wpsok.org or
tim.palesano@clariant.com

*These will be updated once weekly not after each meet

5/6/19

100 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Sanchez	Stilwell	12.24	Wagoner	3/29/19
2	Penney	Wagoner	12.44	Wagoner	3/29/19
3	Collins	Muldrow	12.47	Heavener	4/2/19
4	McGuire	Broken Bow	12.49	Poteau	3/26/19
4	Chandler	John Marshall	12:49	All City Conf	4/20/19
6	Taylor	Ft. Gibson	12.58	Wagoner	3/29/19
7	Kopf	Newcastle	12.65	Wynnewood	4/18/19
8	Turner	John Marshall	12.66	All City Conf	4/20/19
9	Plott	Tuttle	12.67	State-Catoosa	5/4/19
10	Jones	Elk City	12.69	OBU	4/9/19

200 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Sanchez	Stilwell	25.32	State-Catoosa	5/4/19
2	Lauderdale	Seminole	25.66	State-Catoosa	5/4/19
3	Brewer	Weatherford	25.79	State-Catoosa	5/4/19
4	Kopf	Newcastle	25.91	State-Catoosa	5/4/19
5	Swisher	Berryhill	25.94	State-Catoosa	5/4/19
6	Plott	Tuttle	25.94	State-Catoosa	5/4/19
7	Anello	Lincoln Christian	26.25	State-Catoosa	5/4/19
8	Martin	Blanchard	26.26	State-Catoosa	5/4/19
9	McGuire	Broken Bow	26.3	Madill Reg	4/27/19
10	Fulgham	Madill	26.44	State-Catoosa	5/4/19

400 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Matthews	Heritage Hall	57.8	State-Catoosa	5/4/19
2	Sanchez	Stilwell	57.85	State-Catoosa	5/4/19
3	Kopf	Newcastle	58.68	State-Catoosa	5/4/19
4	Regnier	Cushing	58.94	Checotah Reg	4/27/19
5	Adair	Wagoner	58.96	Checotah Reg	4/27/19
6	Brown	Weatherford	59.56	Deer Creek	4/5/19
7	Larson	Perkins-Tryon	59.82	State-Catoosa	5/4/19
8	King	Bethany	59.87	OBU	4/9/19
9	Lauderdale	Seminole	59.98	State-Catoosa	5/4/19
10	Lazzari	Mt.St.Mary	60.99	Yukon	4/12/19

800 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Matthews	Heritage Hall	2:11.16	State-Catoosa	5/4/19
2	Brown	Weatherford	2:13.26	State-Catoosa	5/4/19
3	Loosen	Kingfisher	2:19.97	State-Catoosa	5/4/19
4	King	Bethany	2:22.21	State-Catoosa	5/4/19
5	Clark	Pauls Valley	2:22.36	State-Catoosa	5/4/19
6	Cruz	Lincoln Christian	2:23.68	State-Catoosa	5/4/19
7	Hobbs	Plainview	2:24.90	State-Catoosa	5/4/19
8	Sheffield	Tuttle	2:25.55	State-Catoosa	5/4/19
9	Jolley	Pauls Valley	2:26.66	State-Catoosa	5/4/19
10	Maker	Cleveland	2:26.79	Chisholm Reg.	4/27/19

1600 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Price	Weatherford	5:19.08	State-Catoosa	5/4/19
2	Matthews	Heritage Hall	5:21.21	State-Catoosa	5/4/19
3	Kearney	Mt.St.Mary	5:25.25	Yukon	4/12/19
4	Loosen	Kingfisher	5:27.28	State-Catoosa	5/4/19
5	Sheffield	Tuttle	5:28.33	State-Catoosa	5/4/19
6	Riley	Lincoln Christian	5:34.15	State-Catoosa	5/4/19
7	Calderon	Madill	5:34.27	State-Catoosa	5/4/19
8	Coleman	Byng	5:35.24	Atoka	4/12/19
9	Lloyd	Plainview	5:37.72	State-Catoosa	5/4/19
10	Sanderson	Mt.St.Mary	5:38.64	State-Catoosa	5/4/19

3200 Meters	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Price	Weatherford	11:35.01	State-Catoosa	5/4/19
2	Sheffield	Tuttle	11:35.64	State-Catoosa	5/4/19
3	St Cyr	Kingfisher	11:58.63	State-Catoosa	5/4/19
4	Wood	Seq-Clare.	11:58.66	State-Catoosa	5/4/19
5	Howard	Elk City	11:59.93	State-Catoosa	5/4/19
6	Sanderson	Mt. Saint Mary	12:01.93	State-Catoosa	5/4/19
7	Kearney	Mt. Saint Mary	12:07.28	Catoosa	4/5/19
8	Keith	Plainview	12:07.77	State-Catoosa	5/4/19
9	Riley	Lincoln Christian	12:12.50	State-Catoosa	5/4/19
10	Murphy	Lincoln Christian	12:23.60	Catoosa	4/5/19

100M Hurdles	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Surber	Tuttle	15.18	State-Catoosa	5/4/19
2	Cooper	Harrah	15.52	Okemah	4/5/19
3	Bowker	Plainview	15.82	State-Catoosa	5/4/19
4	Quiles	Cache	16.03	State-Catoosa	5/4/19
5	Tomlinson	Blanchard	16.35	Velma-Alma	4/23/19
6	Mercado	Seq-Clare	16.41	State-Catoosa	5/4/19
7	Stanfield	Broken Bow	16.49	Heavener	4/2/19
8	Lambert	Bethany	16.56	Canadian Conf	4/16/19
9	Routh	Broken Bow	16.66	State-Catoosa	5/4/19
10	Hughes	Cleveland	16.78	State-Catoosa	5/4/19

300M Hurdles	<u>Name</u>	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Surber	Tuttle	44.04	State-Catoosa	5/4/19
2	Scott	Berryhill	47.12	State-Catoosa	5/4/19
3	Bowker	Plainview	47.16	State-Catoosa	5/4/19
4	Routh	Broken Bow	47.93	State-Catoosa	5/4/19
5	Lambert	Bethany	48.14	State-Catoosa	5/4/19
6	Lee	Plainview	48.17	Lake Conf	4/20/19
7	Thomas	Weatherford	48.56	State-Catoosa	5/4/19
8	Lance	Pauls Valley	48.62	State-Catoosa	5/4/19
9	Frost	Kingfisher	49.41	State-Catoosa	5/4/19
10	Baldwin	Central	49.59	Vinita Reg.	4/27/19

4x100M Relay	School	Time	Location	<u>Date</u>
1	Wagoner	50.29	State-Catoosa	5/4/19
2	Elk City	50.3	State-Catoosa	5/4/19
3	Tuttle	50.58	State-Catoosa	5/4/19
4	Muldrow	50.63	Checotah	4/16/19
5	Weatherford	50.64	State-Catoosa	5/4/19
6	Blanchard	50.66	State-Catoosa	5/4/19
7	Plainview	50.94	State-Catoosa	5/4/19
8	Berryhill	51.13	State-Catoosa	5/4/19
9	Mt St Mary	51.31	State-Catoosa	5/4/19
10	John Marshall	51.33	State-Catoosa	5/4/19

4x200M Relay	School	Time	Location	<u>Date</u>
1	Tuttle	1:46.19	Chisholm Reg	4/27/19
2	Lincoln Christian	1:46.33	State-Catoosa	5/4/19
3	Weatherford	1:46.54	Chisholm Reg	4/27/19
4	Wagoner	1:47.05	State-Catoosa	5/4/19
5	Broken Bow	1:48.25	Madill Reg	4/27/19
6	Bethany	1:48.36	State-Catoosa	5/4/19
7	Plainview	1:48.71	Madill Reg	4/27/19
8	Elk City	1:49.44	Chisholm Reg	4/27/19
9	Berryhill	1:49.54	State-Catoosa	5/4/19
10	Blanchard	1:49.57	Madill Reg	4/27/19

4x400M Relay	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Weatherford	4:00.77	State-Catoosa	5/4/19
2	Vinita	4:02.32	State-Catoosa	5/4/19
3	Lincoln Christian	4:04.60	State-Catoosa	5/4/19
4	Tuttle	4:05.44	State-Catoosa	5/4/19
5	Kingfisher	4:09.87	State-Catoosa	5/4/19
6	Plainview	4:10.54	State-Catoosa	5/4/19
7	Wagoner	4:10.62	Verdigris Conf	4/20/19
8	Bethany	4:11.41	State-Catoosa	5/4/19
9	Purcell	4:12.40	State-Catoosa	5/4/19
10	Madill	4:13.63	State-Catoosa	5/4/19

4x800M Relay	<u>School</u>	<u>Time</u>	<u>Location</u>	<u>Date</u>
1	Weatherford	9:30.77	State-Catoosa	5/4/19
2	Lincoln Christian	9:41.57	State-Catoosa	5/4/19
3	Plainview	9:52.89	State-Catoosa	5/4/19
4	Pauls Valley	10:03.20	State-Catoosa	5/4/19
5	Kingfisher	10:04.59	State-Catoosa	5/4/19
6	Vinita	10:06.63	State-Catoosa	5/4/19
7	Anadarko	10:16.20	State-Catoosa	5/4/19
8	Byng	10:16.50	State-Catoosa	5/4/19
9	Tuttle	10:16.83	State-Catoosa	5/4/19
10	Cleveland	10:18.09	State-Catoosa	5/4/19

Long Jump	Name	School	Distance	Location	Date
1	Clayton	Checotah	17'06.50"	Checotah	4/12/19
2	Purdunn	Oologah-Talala	17'06"	State-Catoosa	5/4/19
3	Depron	Bridge Creek	17'01.75"	State-Catoosa	5/4/19
4	Brooks	Lincoln Christian	17'00.50"	Catoosa	4/5/19
5	Spain	Purcell	17'00"	Wynnewood	4/18/19
6	Whiteley	Ft. Gibson	16'11.75"	Checotah	4/12/19
7	Borden	Anadarko	16'09.25"	Madill Reg	4/27/19
8	Meagher	HH	16'03.50"	McGuinness	3/14/19
9	Reece	Jay	16'03"	Vinita	4/16/19
10	Dunaway	Purcell	16'02.5"	Wynnewood	4/18/19

High Jump	Name	School	Height	Location	Date
1	Stephenson	Kingfisher	5'06"	State-Catoosa	5/4/19
1	Reece	Jay	5'06"	Vinita	4/16/19
3	Purdunn	Oologah-Talala	5'04"	State-Catoosa	5/4/19
3	Winchester	Plainview	5'04"	Madill	3/29/19
5	Clayton	Checotah	5'02+	State-Catoosa	5/4/19
5	Foster	Weatherford	5'02"	State-Catoosa	5/4/19
5	Laudan	Sallisaw	5'02"	Okemah	4/5/19
5	Pine	Newcastle	5'02"	Madill Reg	4/27/19
9	Luden	Sallisaw	5'00+	State-Catoosa	5/4/19
9	Sage	Weatherford	5'00"	Western Conf	4/19/19
9	Southard	Elk City	5'00"	State-Catoosa	5/4/19

Shot Put	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Location</u>	<u>Date</u>
1	Lyday	Wagoner	43' 05.50"	Bristow	4/12/19
2	Jackson	Cushing	42'08"	Bristow	4/12/19
3	Blackmon	Plainview	40'01.50"	Lake Conf	4/20/19
4	Ganaway	Broken Bow	39'06"	State-Catoosa	5/4/19
5	Bozarth	Weatherford	39'02.50"	State-Catoosa	5/4/19
6	Watson	Broken Bow	38'05"	Madill Reg	4/27/19
7	Pollard	Cache	38'04.25"	Western Conf	4/16/19
8	Daggs	Vinita	37'09.50"	State-Catoosa	5/4/19
9	Johnson	Ft. Gibson	37'08.50"	State-Catoosa	5/4/19
10	Janerie	Broken Bow	37'8"	Heavener	4/2/19

Discus	<u>Name</u>	<u>School</u>	<u>Distance</u>	<u>Location</u>	<u>Date</u>
1	Lyday	Wagoner	131'07"	Glenpool	3/15/19
2	Jackson	Cushing	125'05"	State-Catoosa	5/4/19
3	Appel	Weatherford	122'02+	Moore	3/15/19
4	Geurin	Plainview	116'05"	Madill Reg	4/27/19
5	Roberson	Wagoner	116'04"	Holland Hall	3/9/19
6	Blackmon	Plainview	112'07"	Madill Reg	4/27/19
7	Russell	Pauls Valley	109'10"	Canadian Conf	4/16/19
8	Daggs	Vinita	106'11"	State-Catoosa	5/4/19
9	Bruner	Weatherford	106'7"	OU	4/19/19
10	Martin	Bristow	105'01"	Catoosa	4/5/19

Pole Vault	Name	School	Height	Location	Date
1	Bowker	Plainview	10'06"	State-Catoosa	5/4/19
2	Sampson	Okla Christian	10'00"	State-Catoosa	5/4/19
2	Jerome	Mannford	10'00"	Vinita	4/16/19
2	Hobbs	Plainview	10'00"	Madill Reg	4/27/19
5	Clemons	Plainview	9'06"	State-Catoosa	5/4/19
5	Hughes	Cleveland	9'06"	Chisholm Reg	4/27/19
7	Melton	Berryhill	9'00"	State-Catoosa	5/4/19
7	Parks	Seminole	9'00"	State-Catoosa	5/4/19
7	Runnels	Cache	9'00"	State-Catoosa	5/4/19
7	Ralston	Lincoln Christian	9'00"	State-Catoosa	5/4/19
7	Othens	Cushing	9'00"	Vinita	4/6/19
7	Faulkner	Catoosa	9'00"	Verdigris Conf	4/20/19
7	Jerome	Mannford	9'00"	Checotah Reg	4/27/19