

3A Girls Best Performances			
100 Dash	100 Dash	100 Dash	100 Dash
Kallista Frye	Victory Christian	11.75	Sperry
Liyah Dauman	Prague	12.58	NRC
Cali Hilgenfeld	Chandler	12.59	Moore
Courtney	Davis	12.64	Davis
Strecker	Kiefer	12.65	Vinita
Mary Rocco Phillips	Heritage Hall	12.67	Plainview
Scott	Victory Christian	12.69	Sperry
Keke Burnham	Luther	12.77	Okemah
Harris	Lindsay	12.88	Lindsay
Elle Canty	Community Christian	12.89	Bridge Creek
Alliyah Shrum	Perry	12.90	Davis
Rihanna Hill	Millwood	12.93	Kingfisher
Ella Frey	Heritage Hall	12.96	Plainview
Anya Birch	Heritage Hall	12.97	Putnam City
Pollet	Kansas	13.00	Vinita
McIntire	Frederick	13.00	Pauls Valley
Amerria Fourshey	Okmulgee	13.01	Mounds
Constant	Purcell	13.04	Lindsay
Brynlee Delk	Sperry	13.06	Skiatook
Freeman	Roland	13.06	Hilldale
Isabel Neuhalphen	Mount St. Mary	13.09	Davis
Anna Burns	Chisholm	13.10	Okeene
Yohanna Bell	Heritage Hall	13.10	Plainview
200 Dash	200 Dash	200 Dash	200 Dash
Kallista Frye	Victory Christian	24.81	Sperry
Emersyn Massey	Washington	26.40	Pauls Valley
Scott	Victory Christian	26.44	Sperry
Jakaela Hearn	Idabel	26.63	Idabel
Alliyah Shrum	Perry	26.68	Davis
Grace Strecker	Kiefer	26.70	Vinita
Martin	Tishomingo	26.70	Pauls Valley
Lakin Gaddy	Alva	26.71	Cherokee
Freeman	Roland	26.83	Hilldale
Mckayla Greenhaw	Henryetta	26.84	Mounds
Allison Hickey	Crossings Christian	26.86	Chisholm
Carson Jackson	Chandler	27.04	Okemah
Maddie Moore	Morris	27.09	Mounds
Rihanna Hill	Millwood	27.13	Kingfisher
Cali Hilgenfeld	Chandler	27.18	Moore
Anya Birch	Heritage Hall	27.27	Putnam City
Haven Freeman	Roland	27.27	Okemah

Ella Frey	Heritage Hall	27.35	Midwest City
Isabel Neuhalfer	Mount St. Mary	27.42	Davis
Courtney	Davis	27.42	Davis
Yulisa Gonzalez	Marietta	27.46	Velma-Alma
Pollet	Kansas	27.51	Vinita
Harris	Lindsay	27.58	Pauls Valley
Macie Andrews	Chisholm	27.67	Watonga
Yohanna Bell	Heritage Hall	27.69	Bethany
Lilah Cariker	Rejoice Christian	27.69	McAlester
Tess Sumner	Chisholm	27.78	Chisholm
Liyah Dauman	Prague	27.74	Luther
Halli Harris	Lindsay	27.83	Wynnewood
Ava Russell	Kingston	27.87	Madill
Keke Burnham	Luther	27.90	NRC
Taylor Hallows	Tishomingo	27.96	Plainview
400 Dash	400 Dash	400 Dash	400 Dash
Ellie Hoemann	Regent Prep	59.96	Pinnacle
Lakin Gaddy	Alva	60.31	Chisholm
McKayla Greenhaw	Henryetta	60.88	Mounds
Shayna Hendrix	Kiefer	61.14	Kellyville
Callie Chapman	Jones	61.21	Mounds
Hannah Vanderburg	Atoka	61.92	Ardmore
Carson Jackson	Chandler	62.44	Okemah
Lilli Giddens	Morris	62.51	Mounds
Lila MCGough	Chandler	62.61	Stroud
Cruce	Lindsay	63.06	Lindsay
Bearden	Lindsay	63.20	Pauls Valley
Yohanna Bell	Heritage Hall	63.37	Plainview
Grace Strecker	Kiefer	63.44	Stroud
Dingman	Adair	63.70	Vinita
Claire Woodard	Cascia Hall	63.82	Bishop McGuinness
Tierney Westermier	Luther	64.15	Chandler
Smith	Lexington	64.20	Pauls Valley
Maddy Thiessen	Jones	64.38	Mounds
Hefley	Davis	64.59	Davis
Keira Deterding	Chisholm	64.65	Okeene
H Kiddy	Kiefer	64.75	Kellyville
Desaray Robinson	Prague	64.79	Luther
Emma Smith	Chisholm	64.89	Chisholm
Aidan Cargill	Kellyville	65.38	Cascia Hall
800 Run	800 Run	800 Run	800 Run
Ellie Hoemann	Regent Prep	2:20.12	Pinnacle
Addison Pecha	Chisholm	2:24.88	Chisholm

Callie Chapman	Jones	2:26.81	Mounds
Hannah Vanderburg	Atoka	2:26.88	Durant
Hendrix	Kiefer	2:27.55	Sperry
Baylee Tapley	Bethel	2:31.18	Weleetka
Channing Ferguson	Alva	2:34.52	Watonga
Olivia Quapaw	Kingston	2:34.73	Madill
Ava Carney	Mount St. Mary	2:35.47	Chisholm
Emmarie Marino	Regent Prep	2:35.62	Pinnacle
Camrynn Watkins	Henryetta	2:36.32	Mounds
H Kiddy	Kiefer	2:36.66	Kellyville
Combs	Comanche	2:36.77	Lindsay
Piper McWilliams	Crossings Christian	2:36.89	Bethany
Smith	Lexington	2:36.98	Pauls Valley
Brilee Combs	Comanche	2:37.24	Plainview
Lucy Odea	Regent Prep	2:37.57	Pinnacle
McKenzie	Mount St. Mary	2:37.70	Pauls Valley
Dingman	Adair	2:38.12	Inola
Kenleigh Kalen	Henryetta	2:38.31	Okemah
Abie Dukelow	Cascia Hall	2:38.68	Holland Hall
Rayahna White	Lone Grove	2:38.96	Ardmore
Valeria Velasco	Luther	2:38.97	Chandler
Reese Mankin	Cascia Hall	2:39.11	Bishop McGuinness
1600 Run	1600 Run	1600 Run	1600 Run
Baylee Tapley	Bethel	5:33.8	Pauls Valley
Emmarie Marino	Regent Prep	5:39.54	Pinnacle
Addison Pecha	Chisholm	5:39.80	Watonga
Harrington, Layla	Sequoyah Tahlequah	5:42.61	Mounds
Hannah Vanderburg	Atoka	5:46.36	Ardmore
Lucy Odea	Regent Prep	5:51.74	Pinnacle
Shea Jackson	Cascia Hall	5:54.01	Pinnacle
Abie Dukelow	Cascia Hall	5:55.42	Bishop McGuinness
Faith Tinney	Rejoice Christian	5:55.63	Pinnacle
Combs	Community Christian	6:00.34	Lindsay
Combs	Comanche	6:00.56	Davis
Reese Mankin	Cascia Hall	6:00.95	Pinnacle
Cassie Wright	Chandler	6:01.09	Moore
Olivia Quapaw	Kingston	6:01.32	Madill
Karleigh Silva	Sequoyah Tahlequah	6:02.48	Mounds
C Hutchison	Kiefer	6:03.03	Mannford
Lauren Nelson	Chisholm	6:03.77	Holland Hall
Travis	Sperry	6:03.8	Sperry
Hutchison	Adair	6:05.65	Vinita
Micah Dickens	Regent Prep	6:06.54	Pinnacle

Makenzi DeHart	Mount St. Mary	6:07.19	NCRC
Breeana Hayes	Prague	6:07.72	Luther
Kylie Nunneley	Bethel	6:09.04	Chandler
Raylynn Calvert	Jones	6:10.75	Mounds
Rayahna White	Lone Grove	6:13.17	Madill
3200 Run	3200 Run	3200 Run	3200 Run
Lucy Odea	Regent Prep	12:27.29	Holland Hall
Faith Tinney	Rejoice Christian	12:33.84	Holland Hall
Micah Dickens	Regent Prep	12:34.17	Pinnacle
Shea Jackson	Cascia Hall	12:45.13	Holland Hall
Cassie Wright	Chandler	12:52.39	Moore
Avery Tower	Victory Christian	13:05.22	Holland Hall
C Hutchison	Kiefer	13:08.78	Kellyville
Makenzi DeHart	Mount St. Mary	13:09.78	NCRC
Kylie Nunneley	Bethel	13:12.15	NCRC
Taylor Petree	Keys Parkhill	13:20.65	Inola
Kaylee Norman	Heritage Hall	13:24.43	Plainview
Finley Grubbs	Adair	13:28.02	Pryor
Erica Anderson	Adair	13:29.18	Pryor
Finley Fisher	Rejoice Christian	13:35.10	Pinnacle
Callie Hutchison	Kiefer	13:36.28	Stroud
Lilly Travis	Sperry	13:40.13	Kellyville
Kendyl Dally	Chisholm	13:44.07	Watonga
Davenport	Adair	13:57.44	Inola
Mya Williams	Alva	13:59.84	Watonga
Elizabeth Holland	Keys Parkhill	13:59.94	Inola
100 Hurdles	100 Hurdles	100 Hurdles	100 Hurdles
Savanna Meek	Crossings Christian	15.36	Chisholm
Anna Appel	Victory Christian	17.01	Holland Hall
Lucas	Washington	17.04	Pauls Valley
Chloe Broussard	Lindsay	17.05	Pauls Valley
Rielyn Scheffe	Washington	17.10	Wynnewood
Jaden McQueen	Marietta	17.21	Plainview
Kendall Nance	Chisholm	17.41	Chisholm
Cailyn Tillman	Sperry	17.55	Vinita
Payci Constant	Purcell	17.59	Pauls Valley
Addy Washington	Heritage Hall	17.66	Midwest City
Jordyn Payne	Daniel Webster	17.34	Warner
Addison Wilczek	Chisholm	17.72	Watonga
Tessa Inman	Lindsay	17.79	Pauls Valley
Laiken Hackett	Chisholm	17.80	Holland Hall
Tali Schuler	Tishomingo	17.80	Pauls Valley
Lakelee Akin	Sperry	17.86	Sperry

Halyn Browning	Luther	18.17	Chandler
Autumn Anderson	Regent Prep	18.24	Pinnacle
Josie Webster	Alva	18.27	Cherokee
Klaudia Ryan	Daniel Webster	18.44	Warner
Keyli Bowling	Alva	18.47	Cherokee
Destiny Downing	Community Christian	18.53	Pauls Valley
Neveah Johnson	Heritage Hall	18.81	Plainview
300 Hurdles	300 Hurdles	300 Hurdles	300 Hurdles
Savanna Meek	Crossings Christian	45.53	Chisholm
Rielyn Scheffe	Washington	48.15	Pauls Valley
Anna Appel	Victory Christian	49.06	Pinnacle
Jaden McQueen	Marietta	49.35	Madill
Ali Schwereltfeger	Adair	50.23	Chelsea
Gracie Kimbell	Jones	51.29	NRC
Kate Hollingsworth	Community Christian	51.61	Chandler
Josie Webster	Alva	51.74	Cherokee
Kensley Barnes	Davis	52.18	Davis
Tali Schuler	Tishomingo	52.75	Madill
Emily Backenstoos	Kingston	52.81	Kingston
Addison Wilczek	Chisholm	53.20	Watonga
Sutton Giddens	Morris	53.39	Mounds
Constant	Purcell	53.40	Davis
Bella Thomas	Bethel	53.64	NCRC
Hope Martin	Community Christian	53.67	Chandler
B Delk	Sperry	54.55	Kellyville
Flood	Lindsay	54.56	Pauls Valley
Lauren Wilson	Heritage Hall	54.61	Midwest City
Tillman	Sperry	54.8	Sperry
Destiny Downing	Community Christian	55.00	Bridge Creek
Kendall Nance	Chisholm	55.12	Watonga
McWhirter	Purcell	55.25	Davis
Autumn Anderson	Regent Prep	55.47	Pinnacle
Jordyn Dennis	Bethel	55.74	NCRC
4x100 Relay	4x100 Relay	4x100 Relay	4x100 Relay
	Heritage Hall	50.51	Wynnewood
	Victory Christian	50.57	Holland Hall
	Luther	50.59	Chandler
	Idabel	51.02	Idabel
	Crossings Christian	51.10	Luther
	Chisholm	51.11	Chisholm
	Washington	51.77	Pauls Valley
	Alva	52.10	Watonga
	Cascia Hall	52.41	Pinnacle

	Antlers	52.68	Kingston
	Millwood	52.76	Luther
	Westville	52.85	Chelsea
	Jones	52.86	Chandler
	Lone Grove	52.90	Ardmore
	Davis	53.02	Davis
	Community Christian	53.08	Norman
	Kingston	53.21	Madill
	Marietta	53.41	Plainview
	Sequoyah Tahlequah	53.52	Hilldale
	Okmulgee	53.59	Atoka
	Purcell	53.93	Pinnacle
	Tishomingo	54.01	Plainview
	Rejoice Christian	54.2	McAlester
	Sperry	54.55	Sperry
4x200 Relay	4x200 Relay	4x200 Relay	4x200 Relay
	Victory Christian	1:46.30	Sperry
	Idabel	1:48.46	Idabel
	Heritage Hall	1:48.48	Midwest City
	Crossings Christian	1:48.59	Chisholm
	Chandler	1:48.85	Chandler
	Chisholm	1:49.37	Watonga
	Cascia Hall	1:49.95	Holland Hall
	Lindsay	1:50.41	Bridge Creek
	Washington	1:50.90	Marietta
	Jones	1:51.25	Chandler
	Alva	1:51.69	Watonga
	Davis	1:51.81	Davis
	Perry	1:53.02	Davis
	Marietta	1:53.06	Kingston
	Luther	1:53.26	Chandler
	Morris	1:53.28	Mounds
	Millwood	1:54.79	Luther
	Antlers	1:54.46	Kingston
	Tishomingo	1:54.99	Plainview
	Kingston	1:54.99	Kingston
	Adair	1:55.12	Inola
	Community Christian	1:55.75	Bridge Creek
	Millwood	1:55.9	Cushing
4x400 Relay	4x400 Relay	4x400 Relay	4x400 Relay
	Kiefer	4:08.95	Vinita
	Chisholm	4:15.90	Watonga
	Idabel	4:17.42	Idabel

	Heritage Hall	4:17.22	Plainview
	Alva	4:18.24	Chisholm
	Jones	4:18.68	Mounds
	Adair	4:18.19	Inola
	Chandler	4:18.78	Luther
	Washington	4:21.65	Pauls Valley
	Cascia Hall	4:22.46	Pinnacle
	Regent Prep	4:26.30	Pinnacle
	Lindsay	4:26.35	Bridge Creek
	Crossings Christian	4:27.54	Chisholm
	Marietta	4:29.87	Marietta
	Luther	4:33.08	Luther
	Henryetta	4:33.77	Henryetta
	Community Christian	4:34.41	Bridge Creek
	Beggs	4:34.82	Mounds
	Tishomingo	4:36.51	Plainview
	Holdenville	4:38.22	Cascia Hall
	Keys Parkhill	4:38.22	Inola
	Bethel	4:41.08	NCRC
	Kingston	4:41.64	Kingston
	Davis	4:44.01	Pauls Valley
	Okmulgee	4:45.00	Kellyville
4x800 Relay	4x800 Relay	4x800 Relay	4x800 Relay
	Kiefer	10:27.54	Stroud
	Adair	10:30.34	Vinita
	Chisholm	10:32.69	Watonga
	Chandler	10:42.83	Luther
	Heritage Hall	10:46.53	Plainview
	Regent Prep	10:46.72	Tulsa Washington
	Keys Parkhill	10:54.68	Inola
	Prague	10:54.88	Luther
	Alva	10:57.91	Cherokee
	Cascia Hall	10:59.33	Pinnacle
	Bethel	11:30.94	NCRC
	Marietta	11:07.65	Kingston
	Henryetta	11:10.09	Atoka
	Jones	11:16.56	NRC
	Valliant	11:20.75	Kingston
	Sequoyah-Tahlequah	11:21.33	Hilldale
	Washington	11:26.56	Wynnewood
	Idabel	11:33.72	Wilburton
Long Jump	Long Jump	Long Jump	Long Jump
Liyah Dauman	Prague	17-10.00	Prague

Anya Birch	Heritage Hall	16-06.00	Wynnewood
Addy Washington	Heritage Hall	16-08.50	Wynnewood
Jolee McIntyre	Frederick	16-03.25	Wynnewood
Clara Bebee	Crossings Christian	16-03.00	Chisholm
Olivia Lai	Cascia Hall	16-03.00	Pinnacle
Lucille Sullivan	Heritage Hall	16-02.00	Putnam City
Halyn Browning	Luther	16-02.50	Chandler
Alice Watkins	Chisholm	16-00.75	Chisholm
Emma Culie	Sequoyah-Tahlequah	15-10.00	Mounds
Taylor Hallows	Tishomingo	15-09.00	Wynnewood
Sydney Walker	Victory Christian	15-09.00	Pinnacle
Payton Smith	Alva	15-08.00	Cashion
Kensley Barnes	Davis	15-07.00	Prague
Laney Smith	Sequoyah-Tahlequah	15-06.75	Mounds
S Hendrix	Kiefer	15-05.50	Kellyville
Myah Graves	Alva	15-04.50	Cushing
Taylyne Simpson	Perry	15-03.00	Alex
Cali Hilgenfeld	Chandler	15-02.50	Luther
Maddie Ott	Prague	15-01.50	NRC
Ranasia Madbull	Antlers	15-01.00	Kingston
Kitelyn Higgs	Jones	14-10.00	NCRC
High Jump	High Jump	High Jump	High Jump
Destiny Downing	Community Christian	5-04	Bridge Creek
Triniti Miller	Alva	5-02	Cushing
Kitelyn Higgs	Jones	5-02	Kellyville
Hannah Hendrix	Kiefer	5-02	Kellyville
Neveah Johnson	Heritage Hall	5-00	Putnam City
Kelsey Mitchell	Perry	5-00	Alex
Emily Bellettni	Kingston	5-00	Marietta
Grooms	Westville	5-00	Chelsea
Desaray Robinson	Prague	5-00	66 Chandler
Reagan Cochran	Atoka	5-00	Kingston
Emma Culie	Sequoyah Tahlequah	5-00	Hilldale
Landrey Hill	Cascia Hall	4-10	Bishop McGuinness
Michaela Streetman	Luther	4-10	Stroud
Zeffie Elenburg	Heritage Hall	4-10	Bethany
Myah Graves	Alva	4-10	Ponca City
Ashtyn Barnett	Luther	4-10	Okemah
Rupprecht	Sequoyah-Claremore	4-10	Sperry
Saxon Pounds	Cascia Hall	4-10	Pinnacle
Pole Vault	Pole Vault	Pole Vault	Pole Vault
Keke Burnham	Luther	10-06	NRC
Macie Andrews	Chisholm	10-01	Watonga

Halli Kiddy	Kiefer	9-00	Inola
Jenna Allen	Alva	8-06	Watonga
Lilly Wilson	Luther	8-06	Luther
Joie Mize	Kingston	8-00	Kingston
Lily Eckert	Chisholm	8-00	Watonga
Rice	Kiefer	8-00	Inola
Kambri Rhodes	Alva	8-00	Watonga
Keyli Bowling	Alva	8-00	Watonga
Jaden Clutter	Kingston	7-06	Marietta
Abigail Hinrichs	Chisholm	7-06	Chisholm
Kristen Watson	Antlers	7-06	Durant
Adlee Hicks	Antlers	7-06	Durant
Kristen Watson	Atoka	7-00	Madill
Jayci Rice	Adair	7-00	Pryor
Lilly Keeton	Alva	7-00	Ponca City
Abigail Garcia	Marietta	7-00	Plainview
Skye	Sperry	7-00	Sperry
Melody Hopper	Atoka	6-06	McAlester
Peyton Banister	Newkirk	6-06	Chisholm
Shot Put	Shot Put	Shot Put	Shot Put
Amanda Flores	Marietta	37-03.50	Plainview
Rezendez	Purcell	36-05.00	Davis
Jessi McDowell	Chisholm	35-11.00	Okeene
Emjay Lucas	Washington	35-09.00	Marietta
Bree Rowe	Blackwell	35-05.00	Cherokee
Mary Carden	Idabel	34-08.50	Heavener
Halyn Browning	Luther	34-03.75	Stroud
Nichols	Comanche	33-08.00	Lindsay
Samantha Grimes	Chisholm	33-07.50	Chisholm
Allison Williams	Atoka	32-07.50	McAlester
Mikayla Taylor	Claremore Sequoyah	34-06.00	Vinita
Elly Allison	Washington	32-06.00	Pauls Valley
Jessica Bates	Marietta	32-07.00	Durant
Whitaker	Purcell	32-05.00	Pauls Valley
Kassidy Lee	Henryetta	32-02.00	Henryetta
Natalie Keiffer	Kellyville	32-00.00	Kellyville
Jadyn Helm	Adair	31-06.00	Stroud
Duncan	Westville	31-04.50	Vinita
Tiffany Thompson	Chandler	31-04.00	Luther
Lopez	Lindsay	31-01.00	Lindsay
Mya Murray	Idabel	30-07.00	Idabel
Discus Throw	Discus Throw	Discus Throw	Discus Throw
Bree Rowe	Blackwell	120-00	Cherokee

Jessi McDowell	Chisholm	112-08	Chisholm
Mary Carden	Idabel	111-04	Wilburton
Beulah Joubert	Chisholm	110-04	Holland Hall
Reagan Cochran	Atoka	106-00	Ardmore
Natalie Keiffer	Kellyville	105-11	Stroud
Amanda Flores	Marietta	104-10	Marietta
Samantha Grimes	Chisholm	103-02	Okeene
Charlie W	Adair	101-05	Chelsea
Rezendez	Purcell	99-02	Pauls Valley
Olivia Palumbo	Washington	96-04	Wynnewood
Brayli Farve	Lone Grove	95-06	Ardmore
Allie Edwards	Chisholm	94-04	Watonga
P Mooney	Adair	93-07	Inola
Sadie Spencer	Kellyville	93-00	Cascia Hall
Tinley Winters	Purcell	92-07	Alex
Jessica Bates	Marietta	92-06	Durant
Kandis Smith	Kellyville	92-00	Stroud
Jadyn Helm	Adair	92-00	Chelsea
G Warnock	Kellyville	91-07	Kellyville
Hillebrand	Lindsay	91-01	Lindsay
Emjay Lucas	Washington	91-00	Wynnewood