

Class 4A Boys Best Performance List 2024

Coaches for questions or corrections contact garmon.david@elkcityschools.com

4/21/24

**converted hand time*

100 M	Name	School	Time	Location	Date
1	Patterson	Sulphur	10.68	Elgin	3/29
2	Spencer	Bristow	10.77	B.T. Washington	4/18
3	Harrell	Chickasha	10.82	Duncan	4/12
4	Cash	Cache	10.85	Cache	3/26
5	Hutson	Plainview	10.97	PC West	3/2
6	Correa Vasquez	Cache	10.97	Cache	3/26
7	Thomas	Checotah	10.97	Mcalester	3/28
8	Motley	North Rock Creek	11.00	North Rock Creek	4/18
9	Morgan	Vinita	11.05	Vinita	4/5
10	Estes	Inola	11.06	Catoosa	4/11

200 M	Name	School	Time	Location	Date
1	Spencer	Bristow	21.96	Bristow	4/12
2	Howell	Broken Bow	22.06	Hilldale	4/5
3	Robley	Heritage Hall	22.21	Carl Albert	4/19
4	Hutson	Plainview	22.39	Plainview	4/5
5	Scott	Hilldale	22.58	Hilldale	4/5
6	Williams	Heritage Hall	22.63	Carl Albert	4/19
7	Probst	Tuttle	22.64*	Marlow	4/13
8	Hendon	Tuttle	22.66	Elk City	4/12
9	Patterson	Sulphur	22.73	Sulphur	4/5
10	Thompson	Clinton	22.83	OU	4/12

400 M	Name	School	Time	Location	Date
1	Rhynes	Ada	48.11	Plainview	4/5
2	Dean	Heritage Hall	49.41	Carl Albert	4/19
3	Howell	Broken Bow	49.64	Atoka	4/12
4	Williams	Chickasha	49.88	Duncan	4/12
5	Atkins	Wagoner	50.46	Coweta	4/12
6	Bennett	Cache	50.85	Plainview	4/5
7	Kawaykla	Chickasha	51.22	Duncan	4/12
8	Grimmett	Paul Valley	51.39	Pauls Valley	4/11
9	Collins	Muldrow	51.94	McAlester	3/28
10	Hess	Vinita	52.03	Vinita	4/5

800 M	Name	School	Time	Location	Date
1	Dean	Heritage Hall	1:55.21	Carl Albert	4/19
2	Baker	Poteau	1:59.56	Tahlequah	4/5
3	Argo	Heritage Hall	2:02.37	PC West	3/2
4	Phillips	Plainview	2:02.86	Plainview	4/5
5	Johnson	Bethany	2:03.21	Bethany	4/6
6	Galt	Perkins-Tyron	2:03.45	North Rock Creek	4/18
7	Rodriguez	Bridge Creek	2:04.51	Stroud	3/30
8	Muniz	Cache	2:05.01	Plainview	4/5
9	Hess	Vinita	2:05.01	Vinita	4/16
10	Polk	Purcell	2:05.15	Pauls Valley	3/29

1600 M	Name	School	Time	Location	Date
1	Rodriguez	Bridge Creek	4:26.46	North Rock Creek	4/18
2	Williams	Cache	4:28.11	Plainview	4/5
3	Baker	Poteau	4:30.04	Van Buren, Ark	4/12
4	Johnson	Bethany	4:32.79	Bethany	3/12
5	Garcia	Plainview	4:36.19	Plainview	4/5
6	Phillips	Plainview	4:37.63	Bethany	3/12
7	Jones	Cache	4:37.72	Plainview	4/5
8	Blalock	Heritage Hall	4:38.71	Carl Albert	4/19
9	Evans	Byng	4:39.28	Ada	4/12
10	Powell	Bethany	4:39.72	Bethany	3/12

3200 M	Name	School	Time	Location	Date
1	Williams	Cache	9:47.65	Elk City	4/12
2	Jones	Cache	9:52.25	Elk City	4/12
3	Rodriguez	Bridge Creek	9:53.61	Chickasha	3/29
4	Evans	Byng	9:53.59	OBU	4/9
5	Baker	Poteau	9:54.93	Wilburton	3/28
6	Galt	Perkins-Tryon	9:54.98	North Rock Creek	4/18
7	Powell	Bethany	9:57.76	Bethany	4/6
8	Morgan	Elk City	10:03.11	Altus	4/5
9	Pebeahsy	Anadarko	10:14.65	Thomas	4/12
10	Collins	Bridge Creek	10:18.38	Marietta	3/15

110M HH	Name	School	Time	Location	Date
1	Lindsey	Ada	14.76	Pauls Valley	3/29
2	Holt	Dewey	14.82	Catoosa	4/11
3	Motley	North Rock Creek	14.85	North Rock Creek	4/18
4	Carter	Vinita	15.18	Vinita	4/5
5	Sharp	Tuttle	15.32	Marlow	4/13
6	Crowl	Chickasha	15.33	Duncan	4/12
7	Harper	Skiatook	15.34	Skiatook	4/11
8	Nowakowski	North Rock Creek	15.54	Cashion	4/5
9	Wickware	Woodward	15.74	Cherokee	4/9
10	Seymour	Elk City	16.02	Cache	3/26

300M H	Name	School	Time	Location	Date
1	Lindsay	Ada	39.47	Bishop McGuinness	3/14
2	Motley	North Rock Creek	40.59	Stroud	3/29
3	Sharp	Tuttle	41.07	Elk City	4/12
4	Holt	Dewey	41.07	Catoosa	4/11
5	Nowakowski	North Rock Creek	41.42	Stroud	3/29
6	Harbin	Cache	41.51	Elgin	3/29
7	Carter	Vinita	41.68	Vinita	4/5
8	Lamb	Pauls Valley	41.75	Pauls Valley	4/16
9	Culver	Jay	41.88	Jay	4/8
10	Beaver	Anadarko	42.01	Thomas	4/12

4X100	Name	School	Time	Location	Date
1		Sulphur	43.06	Ada	4/12
2		Ada	43.15	Ada	4/12
3		Heritage Hall	43.24	Bethany	4/6
4		Cache	43.34	Bethany	3/12
5		Bristow	43.63	Cushing	4/20
6		North Rock Creek	43.67	North Rock Creek	4/18
7		Wagoner	43.69	Hilldale	4/5
8		Tuttle	43.71	Elk City	4/12
9		Plainview	43.78	Ada	4/12
10		Chickasha	43.90	Bethany	4/6

4X200	Name	School	Time	Location	Date
1		Ada	1:28.59	Ada	4/12
2		Sulphur	1:29.49	Ada	4/12
3		Chickasha	1:29.69	Duncan	4/12
4		Heritage Hall	1:30.16	Carl Albert	4/19
5		Bristow	1:30.80	Bristow	4/12
6		Wagoner	1:30.80	Coweta	4/12
7		Pauls Valley	1:30.96	Pauls Valley	4/11
8		Plainview	1:31.14	Ada	4/12
9		Cache	1:31.19	Bethany	3/12
10		Tuttle	1:32.13	Elk City	4/12

4X400	Name	School	Time	Location	Date
1		Ada	3:23.34	Plainview	4/5
2		Wagoner	3:24.59	Coweta	4/12
3		Pauls Valley	3:27.44	Pauls Valley	4/16
4		Cache	3:30.21	Elk City	4/12
5		Mannford	3:30.59	Bristow	4/12
6		Broken Bow	3:30.92	Idabel	4/16
7		Sulphur	3:31.09	Durant	4/16
8		Tuttle	3:32.28	Madill	3/29
9		Heritage Hall	3:32.64	Carl Albert	4/19
10		North Rock Creek	3:32.67	Cashion	4/5

4X800	Name	School	Time	Location	Date
1		Heritage Hall	8:21.40	Carl Albert	4/19
2		Cache	8:22.42	Plainview	4/5
3		Plainview	8:26.38	Ada	4/12
4		Byng	8:27.23	Ada	4/12
5		Bethany	8:28.81	PC West	3/2
6		Bridge Creek	8:34.58	Pauls Valley	4/16
7		Purcell	8:34.60	Pauls Valley	4/16
8		Madill	8:34.84	Durant	4/16
9		Sulphur	8:35.29	Ada	4/12
10		Perkins-Tryon	8:39.53	Bristow	4/12

LJ	Name	School	Time	Location	Date
1	Thompson	Clinton	22-09.25	Austin, TX	3/30
2	Thomas	Checotah	22-08.00	Hilldale	4/5
3	Murphy	Heritage Hall	22-06.00	Bethany	4/6
4	Gaddy	Sulphur	22-03.00	Ada	4/12
5	Hawkins	North Rock Creek	22-00.00	Hennessy	3/15
6	Wilson	Harrah	21-10.00	OBU	4/9
7	Major	Pauls Valley	21-07.50	Pauls Valley	3/29
8	Lindsay	Ada	21-06.25	Bishop McGuinness	3/15
9	King	North Rock Creek	21-05.50	Cashion	4/5
10	Richardson	Ada	21-04.50	North Rock Creek	4/18

HJ	Name	School	Time	Location	Date
1	Murphy	Heritage Hall	6-10.00	Austin, TX	3/30
2	Colombe	Ada	6-08.00	Bishop McGuinness	3/15
3	Yousey	Harrah	6-02.00	North Rock Creek	4/18
3	King	North Rock Creek	6-02.00	North Rock Creek	4/18
3	Bentley	Bristow	6-02.00	Vinita	4/16
3	Nichols	McLain	6-02.00	Hilldale	4/5
3	Jackson	Elk City	6-02.00	Bethany	3/12
3	Jay	Oklahoma Christian	6-02.00	Bethany	4/6
9	Bundy	Harrah	6-00.00	North Rock Creek	4/18
9	Calderon	Bethany	6-00.00	North Rock Creek	4/18
9	Washington	McLain	6-00.00	Vinita	4/16
9	Bennett	Seminole	6-00.00	Stroud	4/16
9	Collins	Muldrow	6-00.00	Hilldale	4/5
9	Tinajero	Broken Bow	6-00.00	McAlester	3/28
9	Miller	Catoosa	6-00.00	Catoosa	4/11

PV	Name	School	Time	Location	Date
1	Honeycutt	Bristow	13-06	Kellyville	4/5
1	Crawford	Cache	13-06	Plainview	4/5
3	Jagger	OCS	12-09	Bristow	4/12
4	Vinson	Madill	12-00	Durant	4/16
4	Barnes	Madill	12.00	Atoka	4/12
4	Garbarino	Elk City	12-00	Cache	3/26
7	Rooker	Ada	11-06	North Rock Creek	4/18
7	Dearman	Sulphur	11-06	Durant	4/16
7	Robledo	Madill	11-06	Durant	4/16
7	Matherly	OCS	11-06	Bethany	4/6
7	Rindenour	Cushing	11-06	Cushing	3/28
7	Labbe	NRC	11-06	Hennessey	3/15
7	Eggenburge	Plainview	11-06	Bethany	3/12

Shot	Name	School	Time	Location	Date
1	Garrison	Dewey	59-09.00	Bartlesville	3/28
2	Sawatzky	Clinton	54-10.00	Beaver	4/5
3	Crane	Clinton	54-03.00	Beaver	4/5
4	Warren	Tuttle	51-01.50	Madill	3/29
5	Stevenson	Perkins-Tryon	50-02.00	Bristow	4/12
6	Walborn	Cushing	48-11.50	Catoosa	4/11
7	Gilliam	Sulphur	48-09.00	Bethany	3/12
8	Rollins	Weatherford	47-07.00	Bethany	4/6
9	Snider	Miami	47-01.50	Vinita	4/16
10	Sailer	Bethany	46-09.00	Bethany	3/12

Disc	Name	School	Time	Location	Date
1	Crane	Clinton	187-11.00	Beaver	4/5
2	Gunter	Ada	163-04.50	North Rock Creek	4/18
3	Sawatzsky	Clinton	162-05.00	Beaver	4/5
4	Freeman	Heritage Hall	159-02.00	Carl Albert	4/19
5	Warren	Tuttle	152-09.00	Madill	3/29
6	Warren	Tuttle	152-09.00	Madill	3/29
7	Turner	Tuttle	147-04.00	Elk City	4/12
8	Rogers	Tuttle	144-01.00	Madill	3/29
9	Matthews	Ada	141-11.00	Pauls Valley	3/29
10	Henderson	Tuttle	141-07.00	Madill	3/29

