

Class 4A Girls Best Performance List 2025

Coaches for questions or corrections contact garmon.david@elkcitieschools.com

4/21/25

100 M	Name	School	Time	Location	Date
1	Ellison	Byng	12.00h	Sulphur	3/10
2	Lomon	Poteau	12.31	Hilldale	4/11
3	Jessie	Mt. Saint Mary	12.47	Choctaw	3/11
4	Knighton	Seminole	12.59	Luther	4/12
5	Burris	Broken Bow	12.66	Heavner	4/1
6	Powers	Poteau	12.76	Hilldale	4/11
7	Green	Eufaula	12.79	Hilldale	4/11
8	Harp	Purcell	12.80	Purcell	4/1
9	Miles	Mt. Saint Mary	12.81	Choctaw	3/11
10	Brown	Douglass	12.86	Bristow	4/11

200 M	Name	School	Time	Location	Date
1	Huxtable	Lincoln Christian	24.76	Union	3/13
2	Lomon	Poteau	24.89	Hilldale	4/11
3	Brown	Douglass	25.91	Bristow	4/11
4	Powers	Poteau	26.19	Hilldale	4/11
5	Burris	Broken Bow	26.20	Durant	4/15
6	Green	Eufaula	26.29	Hilldale	4/11
7	Bradford	Bristow	26.37	OBU	4/8
8	Hern	Idabel	26.40	Heavner	4/1
9	Anderson	Douglass	26.43	Bristow	4/11
10	Macon	Sallisaw	26.49	Checotah	4/17

400 M	Name	School	Time	Location	Date
1	Huxtable	Lincoln Christian	55.61	Union	3/13
2	Mcdaniel	Tuttle	57.65	Bridge Creek	4/1
3	Snodgrass	Kingfisher	58.94	Chisholm	4/11
4	Coenen,C	Plainview	59.39	Elgin	3/28
5	Ball, Bl	Elk City	59.64	Panhandle, TX	3/28
6	Allen	Idabel	59.70	Idabel	4/10
7	Brantley	Broken Bow	59.79	Idabel	4/10
8	Olokunola	Cache	1:00.19	Elgin	3/28
9	Gabriel	Cleveland	1:00.33	Catoosa	4/17
10	Gutierrez	Pauls Valley	1:00.93	Pauls Valley	3.28

800 M	Name	School	Time	Location	Date
1	Olokunola	Cache	2:18.74	Elgin	3/28
1	Housley	Lincoln Christian	2:18.74	Union	3/13
2	Gutierrez	Pauls Valley	2:19.09	Plainview	4/7
3	Lee	Sulphur	2:19.44	Plainview	4/7
4	Durborow	Lincoln Christian	2:24.61	Union	3/13
5	Ball, Bl	Elk City	2:26.19	Elk City	4/15
6	Fraley	Vinita	2:26.73	Vinia	4/18
7	Woods	Douglass	2:27.68	Bristow	4/11
8	Beshear	Mannford	2:28.75	Bristow	4/11
9	Bloyed	North Rock Creek	2:29.81	Watonga	4/18
10	Snodgrass	Kingfisher	2:30.26	Cashion	4/3

1600 M	Name	School	Time	Location	Date
1	Gutierrez	Pauls Valley	5:16.99	Pauls Valley	4/10
2	Olokunola	Cache	5:21.34	Putnam City West	3/1
3	Thompson	Pauls Valley	5:21.61	Pauls Valley	4/10
4	Woodrich	Lincoln Christian	5:22.26	OBU	4/8
5	Stewart	Lincoln Christian	5:25.71	Tulsa Union	3/1
6	Rednour, Ken	Pauls Valley	5:29.76	Plainview	4/7
7	Barbosa	Madill	5:31.58	Pauls Valley	4/10
8	Rednour, Kei	Pauls Valley	5:34.88	Plainview	4/7
9	McMillan	Sulphur	5:35.53	Durant	4/15
10	Hoy	Perkins-Tryon	5:42.16	OBU	4/8

3200 M	Name	School	Time	Location	Date
1	Olokunola	Cache	11:22.36	Plainview	4/7
2	Woodrich	Lincoln Christian	11:27.05	OBU	4/8
3	Thompson	Byng	11:28.41	Madill	3/28
4	Stewart	Lincoln Christian	11:40.25	OBU	4/8
5	Barbosa	Madill	11:46.04	Madill	3/28
6	Readnour, Ken	Pauls Valley	11:52.32	Plainview	4/7
7	Daniels	Cache	11:58.90	Plainview	4/7
8	Readnour, Kei	Pauls Valley	12:05.39	Pauls Valley	3/28
9	Tilley	Byng	12:10.12	Madill	3/28
10	Daniels	Cache	12:11.24	Elgin	3/11

100M H	Name	School	Time	Location	Date
1	Peters	Plainview	15.58	Norman	3/7
2	Garbarino	Elk City	15.69	Pauls Valley	4/10
2	Smith	Fort Gibson	15.69	Hilldale	4/11
4	Washington	Heritage Hall	15.87	Carl Albert	4/11
5	Lovett	Purcell	16.32	Purcell	4/1
6	Willoughby	Bethany	16.65	Marlow	4/12
7	Riggs	Inola	16.69	Hilldale	4/11
8	Mecklenburg	Kingfisher	16.70	Chisholm	4/11
9	Todd	Vinita	17.11	Vinita	4/18
10	Jarvis	Idabel	17.25	Heavener	4/1

300M H	Name	School	Time	Location	Date
1	Garbarino	Elk City	44.64	Elk City	4/15
2	Peters	Plainview	47.40	Elgin	3/28
3	Willoughby	Bethany	47.61	Elk City	4/15
4	Riggs	Inola	48.20	Jay	4/8
5	Mcgehee	Bethany	48.56	Elk City	4/15
6	O'Hara	Elk City	48.79	Pauls Valley	4/10
7	Myers	Kingfisher	48.84	Watonga	4/18
8	Roof	Kingfisher	49.42	Chisholm	4/11
9	Hein	Harrah	49.78	Checotah	4/17
10	Frazier	Broken Bow	49.84	Heavener	4/1

4X100	Name	School	Time	Location	Date
1		Douglass	48.97	Bristow	4/11
2		Poteau	49.56	Heavener	4/1
3		Bristow	49.95	OBU	4/8
4		Idabel	50.04	Idabel	4/10
5		Tuttle	50.18	Bristow	4/11
6		Broken Bow	50.66	Heavener	4/1
7		Plainview	50.73	Pauls Valley	4/10
8		Miami	50.99	Jay	4/8
9		Lincoln Christian	51.01	Coweta	4/18
10		Purcell	51.12	Wynnewood	4/11

4X200	Name	School	Time	Location	Date
1		Douglass	1:44.55	Bristow	4/11
2		Tuttle	1:45.57	Bristow	4/11
3		Bristow	1:46.24	Bristow	4/11
4		Idabel	1:46.30	Idabel	4/10
5		Plainview	1:46.68	Pauls Valley	4/10
6		Poteau	1:47.52	Hilldale	4/11
7		Miami	1:48.43	Jay	4/8
8		Lincoln Christian	1:49.05	Coweta	4/18
9		Mannford	1:49.49	Bristow	4/11
10		Heritage Hall	1:50.32	Carl Albert	4/11

4X400	Name	School	Time	Location	Date
1		Douglass	3:58.80	Bristow	4/11
2		Tuttle	4:07.03	Bristow	4/11
3		Elk City	4:07.69	Elk City	4/15
4		Plainview	4:08.37	Plainview	4/7
5		Bristow	4:08.81	Bristow	4/11
6		Broken Bow	4:09.58	Durant	4/15
7		Kingfisher	4:10.33	Chisholm	4/11
8		Cache	4:13.33	Duncan	4/11
9		Weatherford	4:13.47	Watonga	4/18
10		Lincoln Christian	4:15.19	Owasso	3/7

4X800	Name	School	Time	Location	Date
1		Lincoln Christian	9:42.93	Owasso	3/7
2		Plainview	9:48.96	Pauls Valley	4/10
3		Paul's Valley	9:51.16	Pauls Valley	4/10
4		Elk City	10:03.41	Elk City	4/15
5		Tuttle	10:09.91	Paul's Valley	3/28
6		Kingfisher	10:10.35	Watonga	4/18
7		Weatherford	10:10.91	Watonga	4/18
8		Sulphur	10:16.91	Durant	4/15
9		North Rock Creek	10:21.15	Watonga	4/18
10		Poteau	10:22.62	McAlester	3/28

Shot	Name	School	Distance	Location	Date
1	Brittain	Broken Bow	43-05.00	Heavener	4/1
2	Stallin	Tecumseh	40-10.00	Cushing	3/27
3	Young	Verdigris	39-08.00	Jay	4/8
4	Stokes	Purcell	39-07.00	Purcell	4/1
5	Edwards	Wagoner	39-03.00	Jay	4/8
6	Resindez	Purcell	38-11.50	Purcell	4/1
7	Warren	Tuttle	37-02.00	Bristow	4/11
8	Johnson	Sulphur	36-05.00	Elgin	3/25
9	Teasley	Weatherford	35-06.50	Chisholm	4/11
10	Raper	Pauls Valley	35-06.00	Plainview	4/7

Disc	Name	School	Distance	Location	Date
1	Stine	Lincoln Christian	146-00	OBU	4/8
2	Edwards	Wagoner	129-09	Glenpool	3/14
3	Willoby	Lincoln Christian	123-07	OBU	4/8
4	Kiger	Lincoln Christian	122-10	OBU	4/8
5	Cox	Poteau	119-08	Hilldale	4/11
6	Stokes	Purcell	119-01	Purcell	4/1
7	Young	Verdigris	118-07	Wagoner	4/1
8	Chavez	Clinton	117-01	Clinton	4/12
9	Bond	Locust Grove	115-06	Hilldale	4/11
10	Johnson	Sulphur	115-05	Marietta	3/14

LJ	Name	School	Distance	Location	Date
1	Jackson	Elk City	18-04.00	Choctaw	3/11
2	Garbarino	Elk City	17-06.00	Choctaw	3/11
3	Washington	Heritage Hall	17-06.00	Deer Creek	3/6
4	Chapman	Plainview	17-02.50	Plainview	4/7
5	Cauthron	Broken Bow	17-01.00	Heavener	4/1
6	Hartman	Kingfisher	16-05.50	Thomas	3/28
7	Flood	Bristow	16-04.00	OBU	4/08
8	Froehlich	Lincoln Christian	16-03.50	Union	3/13
9	Brown	Plainview	16-03.00	Marietta	3/14
10	Macon	Sallisaw	16-03.00	McAlester	3/28

HJ	Name	School	Height	Location	Date
1	Diles	Hilldale	5-05	Wagoner	4/1
2	Cauthron	Broken Bow	5-02	Heavener	4/1
2	Collins	Cache	5-02	Putnam City West	3/1
2	Pribble	Weatherford	5-02	Pauls Valley	3/28
5	Willoughby	Bethany	5-00	Sulphur	3/10
5	Doucette	Seminole	5-00	Madill	3/28
5	Hartman	Kingfisher	5-00	Thomas	3/28
8	Martinez	Skiatook	4-10	Glenpool	3/14
8	Ford-Copeland, L	Cache	4-10	Norman	3/7
8	Elenburg	Heritage Hall	4-10	Stroud	3/29

PV	Name	School	Height	Location	Date
1	Navarre	Weatherford	11-06	Watonga	4/18
2	Totte	Cache	10-00	Elgin	3/11
2	Alsobrook	Plainview	10-00	Norman	3/7
2	Tuell	Mannford	10-00	Dewey	3/25
5	Holtzman	Cache	9-06	Elgin	3/11
5	Pennington	Bethany	9-06	Sulphur	3/10
5	Peters	Paul's Valley	9-06	Paul's Valley	3/28
8	Colvin	Tuttle	9-00	Sulphur	3/10
8	Priest	Sulphur	9-00	Marlow	4/11
8	Carr	Harding Charter Pr.	9-00	Luther	4/11
9	Archer	Plainview	8-06	Marietta	3/14
9	Slavin	Skiatook	8-06	Cushing	3/27