

METRO CHRISTIAN

4-23-15

Girls Results

4x800 Relay

1	Lincoln	10:03.3
2	Metro	10:36.9
3	Cascia	11:10
4	One Hope	13:47

4x100 Relay

1	Lincoln A	53.44
2	Cascia	53.96
3	Lincoln B	55.63

100m (110m) Hurdles

1	Montgomery	Lincoln	17.53
2	Long	Lincoln	18.35

3200m Run

1	Smith	Cascia	12:33.6
2	Hills	Cascia	12:36.7
3	Moody	Metro	13:03.7

4x200m Relay

1	Lincoln A	01:51.4
2	Metro	01:54.3
3	Lincoln B	01:57.4
4	One Hope	02:05.9

800m Run

1	Duncan	Metro	02:35.6
2	Dale	Cascia	02:53.6
3	Nichols	Cascia	02:57.5
4	Barrett	Cascia	02:59.8
5	Gibson	Lincoln	03:06.1

100m Dash

1	Scott	Lincoln	13.44
2	Augusta	Lincoln	13.95
3	Tedder	Lincoln	14.14
4	Fourenat	Metro	14.65
5	McKnight	Metro	14.97
6	Wesel	One Hope	15.01

400m Dash

1 Douglas	Cascia	01:04.0
2 Thomas	Lincoln	01:05.1
3 Graham	Lincoln	01:05.2
4 Mullin	OCS	01:05.2
5 Pybas	Lincoln	01:05.9
6 Weeldreyer	Cascia	1:08

300m LH Hurdles

1 Montgomery	Lincoln	50.7
2 Long	Lincoln	53.58

200m Dash

1 Roe	Metro	27.37
2 Douglas	Cascia	27.88
3 Duininck	Lincoln	28.32
4 Hannah	Metro	28.56
5 Burkes	Metro	29.07
6 Wheeldryer	Cascia	29.09

1600m Run

1 Solburg	Lincoln	05:22.7
2 Barnes	Metro	05:55.5
3 Moody	Metro	05:55.8
4 Duncan	Metro	05:56.1
5 Hills	Cascia	5:59
6 Drillenger	Metro	6:08

4x4m Relay

1 Lincoln		04:21.4
2 Metro		04:44.1
3 One Hope		05:23.5

Long Jump

1 Scott	Lincoln	15' 1 3/4"
2 Gleason	Lincoln	14' 2"
3 Mullin	OCS	13' 6 1/2"
4 McKnight	Metro	12' 8 1/2"
5 Hanoch	Metro	12' 6 1/2"
6 Price	Lincoln	12' 6"

High Jump

1 Mullin	OCS	4' 10"
2 McKinnis	OCS	4'4"

Pole Vault

1 Darney	Lincoln	9' 0"
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2 Hanoch	Metro	7' 0"
3 Rose	Metro	6' 0"
4 Fournerat	Metro	5' 0"

Shot

1 Ward	Lincoln	42'7"
2 Nelson	Lincoln	36'6"
3 Davidson	OCS	28'9"
4 Blankenship	One Hope	23' 7 1/4"

Discus

1 Nelson	Lincoln	131 '3"
2 Ward	Lincoln	123' 1 1/2"
3 Davidson	OCS	76' 9 3/4"

Boys Results

3200m Relay

1 Lincon A	08:26.6
2 Metro	08:33.5
3 Lincoln B	09:04.0

400m Relay

1 Lincoln A	44.63
2 OCS A	45.65
3 Lincoln B	48.02
4 OCS B	49.19

110m Hurdles

1 Klotz	Lincoln	16.13
2 Montgomery	Cascia	18.47
3 Grauer	Lincoln	20.40

300m IH Hurdles

1 Klotz	Lincoln	43.07
2 Grauer	Lincoln	47.59
3 Montgomery	Cascia	47.71

200m dash

1 Rippy	Metro	22.14
2 Schick	OCS	22.89
3 Augusta	Lincoln	23.01
4 Fennell	Metro	24.72
5 Nicholson	metro	24.88
6 Raley	Cascia	25.03

Shotput

1	Cohlmia	Cascia	38' 4 3/4"
2	Karney	Lincoln	37' 1 1/2"
3	Thomas	Metro	36' 5 1/2"
4	Wales	Metro	31' 2 1/2"
5	Levings	OCS	30' 6 1/2"
6	Tiernan	Metro	30' 3"

800m relay

1	Lincoln A		01:33.7
2	Metro		01:35.2
3	Lincoln B		01:41.2
4	OCS		01:42.9

800m Run

1	Ross	OCS	02:07.2
2	Michael	Lincoln	02:09.9
3	Gary	Metro	02:10.0
4	Sherwin	Lincoln	02:13.4
5	Hauge	Cascia	02:23.2
6	Parris	Lincoln	02:26.0

1600m Run

1	Murphy	Lincoln	04:36.3
2	Ratliff	Lincoln	04:38.2
3	Horton	Metro	04:46.9
4	Garner	Lincoln	04:50.8
5	Gary	Metro	04:54.2
6	Killingsworth	Metro	04:59.0

Discus

1	Thomas	Metro	113' 3"
2	Karney	Lincoln	107' 9"
3	Fennell	Metro	100' 3 1/2"
4	Hess	Metro	99' 3 1/2"
5	Cohlmia	Cascia	98' 6"
6	Donnelly	Lincoln	97' 1/2"

Long Jump

1	Rippy	Metro	18' 11 3/4"
2	Bouwkamp	Lincoln	17' 11 1/2"
3	Hess	Metro	17' 6"
4	Hanoch	Metro	17' 4"
5	Kubachek	OCS	16' 5 3/4"
6	Chapman	OCS	15' 10"

3200m run

1 Ratlaff	Lincoln	10:02
2 Murphey	Lincoln	10:04
3 Devan	Lincoln	10:36
4 Dietz	Cascia	10:39
5 Doyle	Cascia	10:41
6 Killingsworth	Metro	10:44

100m Dash

1 Schick	OCS	11.39
2 Plaster	Metro	11.65
3 Bouwkamp	Lincoln	11.66
4 Windsor	Metro	12.0
5 Thomas	Metro	12.33
6 Raley	Cascia	12.46

400m run

1 Lindsey	Lincoln	53.69
2 Green	Metro	54.57
3 Rittders	Lincoln	56.9
4 Raley	Cascia	57.7
5 DeLaney	Lincoln	58.7
6 Kubichek	OCS	1:01

Pole Vault

1 H. Hanoch	Metro	12'3"
2 R. Hess	Metro	11'
3 Ferrell	Metro	9'
4 Evaerts	Metro	8'

High Jump

1 Lindsey	Lincoln	5'8"
2 Davis	Lincoln	5'6"
3 Robb	Cascia	5'4"
4 Dilley	Metro	5'4"
5 Ferrell	Metro	5'4"

1600m Relay

1 Lincoln A	03:37.9
2 Metro	03:42.7
3 Lincoln B	03:53.9
4 OCS	03:55.7