

# Okemah High School

4/3/15

## Girls:

### 4x100

Morris	52.41
Bethel	54.17
Henryetta	55.28
Spiro	56.00
Bristow	56.06
Seminole	56.16

### 4x200

Spiro	1:52.04
Bethel	1:54.83
Henryetta	1:59.60
Bristow	2:01.31
Seminole	2:01.59
Okemah	2:02.32

### 4x400

Spiro	4:22.01
Bethel	4:25.15
Henryetta	4:35.13
Weelekta	4:40.97
Bristow	4:44.29
Seminole	4:47.69

### 4x800

Henryetta	11:11.65
Warner	11:29.00
Okemah	11:43.06
Mannford	11:47.69
Meeker	11:53.00
Mounds	12:26.46

### 100 dash

Pool	Spiro	13.76
King	Bethel	13.84
Frazier	Wetumka	13.91
Thomas	Davenport	13.96
Wallace	Henryetta	14.16
Kaltwasser	Mannford.	14.38

**100 Hurdles**

Wallace	Henryetta	18.27
Goodreau	Warner	18.91
Jaggers	Wetumka	19.14
Webb	Bristow	20.44
Vess	Bristow	20.54
Vanlandingham	Seminole	20.96

**200 Dash**

Phillips	Spiro	28.61
Delsigne	Bethel	28.63
Thomas	Wetumka	28.66
Drake	Weleetka	29.90
Wallace	Henryetta	29.90
Miner	Midway	30.52

**300 hurdles**

Webb	Bristow	53.44
Wallace	Henryetta	54.64
Goodreau	Warner	56.13
Bunyard	Stroud	57.11
Bullard	Henryetta	57.27
Cowan	Perkins-Tryon	58.57

**400 Dash**

Eropkin	Bethel	1:03.80
Steele	Spiro	1:04.87
Anderson	Stroud	1:05.77
Tobler	Spiro	1:06.23
Gordon	Weleetka	1:08.38
Haberman	Okemah	1:09.51

**800 Run**

VanMeter	Henryetta	2:27.62
Wensler	Perkins-Tryon	2:34.81
Kupee	Mannford	2:41.50
Hilburn	Meeker	2:45.42
Thompson	Bethel	2:46.14
Lawson	Oktaha	2:46.32

**1600 Run**

VanMeter	Henryetta	5:32.94
Wensler	Perkins-Tryon	5:59.93
Kupec	Mannford	6:03.90
Hillburn	Meeker	6:11.69
Campbell	Okemah	6:18.00
Thompson	Bethel	6:18.87

**3200 Run**

Harelson	Davenport	12:56.46
Fairres	Henryetta	12:58.82
Campbell	Okemah	13:20.75
Kilpatrick	Warner	13:20.80
Hamman	Warner	13:27.63
Vanschuy	Meeker	14:38.31

**Shot**

Knighton	Seminole	40'5"
Fisher	Stroud	38'4.5"
Weaver	Sasakwa	33'11"
Lewis	Bristow	33'1"
Begley	Mannford	30'8"

**Disc**

Fisher	Stroud	118'7"
Morley	Henryetta	96'4"
Herriman	Warner	86'10"
Bernard	Mannford	85'6"
Weaver	Sasakwa.	82'10"

**High Jump**

Brown	Westville	4'8"
Hodgins	Seminole	4'8"
Johnson	Seminole	4'4"
Bryant	Seminole	4'4"
Hamman	Warner	4'2"
Lee	Okemah	4'2"

**Long Jump**

Nicolet	Mannford	15'6"
Hodgins	Seminole	14'11.25"
Brown	Westville	14'9.4"
Taylor	Roland	14'
Drake	Weleekta	13'8"
Weeks	Weleetka	13'5"

**Pole Vault**

Gibson	Okemah	9'9"
Shironaka	Bristow	8'
Sosbee	Seminole	7'6"
Tinsley	Seminole	7'6"
Elam	Henryetta	6'6"
Mcalvain	Seminole	6'6"

**Boys:****4x100**

Roland	44.14
Okemah	45.08
Seminole	45.09
Spiro	45.80
Mannford	45.84
Bristow	46.47

**4x200**

Okemah	1:34.16
Roland	1:34.34
Mannford	1:36.85
Bristow	1:37.80
Bethel	1:39.18
Davenport	1:41.18

**4x400**

Bristow	3:44.56
Bethel	3:49.40
Okemah	3:50.31
Weeleka	3:51.40
Mannford	3:52.82
Westville	3:55.65

**4x800**

Warner	9:25.08
Mannford	9:28.58
Okemah	9:54.68
Drumright	10:02.85
Morris	10:05.00
Perkins-Tryon	10:20.44

### **100 Dash**

Daily	Okemah	11.78
Parks	Roland	12.01
Pruitt	Westville	12.23
Daugherty	Mannford	12.24
Phillips	Morris	12.31
Whitefield	Spiro	12.33

### **110 Hurdles**

Pruitt	Westville	17.27
Mixon	Stroud	18.25
Chacon	Bristow	18.51
Neal	Spiro	18.83
Dale	Bristow	19.37
Townes	Mannford	19.39

### **200 Dash**

Knauls	Roland	23.37
Daily	Okemah	23.67
Whitefield	Spiro	23.68
Phillips	Morris	24.32
Daugherty	Mannford	24.72
Hawkins	Bristow	24.97

### **300 Hurdles**

Pruitt	Westville	42.96
Dale	Bristow	45.68
Chacon	Bristow	46.01
Cloud	Bristow	46.32
Campbell	Okemah	46.67
Luster	Bethel	48.34

### **400 Dash**

Washington	Warner	51.90
Burnett	Bristow	53.41
Whitley	Crooked Oak	53.89
Delsigne	Bethel	53.92
Green	Westville	54.05
Phillips	Morris	55.25

### **800 Run**

Martin	Henryetta	2:11.00
Thomas	Bristow	2:14.80
Whitley	Crooked Oak	2:16.59
Durrett	Midway	2:17.11
Fry.	Bethel	2:17.37
Lawson	Morris	2:18.78

### **1600 Run**

Green	Henryetta	4:41.43
Thomas	Bristow	5:03.23
Washington	Oktaha	5:10.44
Arrington	Morris	5:20.77
Jones	Mounds	5:21.28
Myers	Mannford	5:28.46

### **3200 Run**

Green	Henryetta	10:08.32
Washington	Oktaha	11:24.16
Jones	Mounds	12:03.15
Collyar	Drumright	12:08.19
Baskins	Seminole	12:25.09
Hiltzman	Drumright	12:35.23

**Shot**

Cantrell	Roland	53'3.5"
Britt	Okemah	46'9"
Bucktrot	Stroud	44'7"
Boodt	Stroud	44'5"
Hill	Okemah	44'4.5"
Thacker	Roland	42'7"

**Disc**

Boodt	Stroud	135'
Barrentine	Bristow	125'5"
Bucktrot	Stroud	122'8.03"
Close	Stroud	110'3"
Roberts	Seminole	105'2"
Hester	Stuart	101'4"

**Pole Vault**

Johnson	Stroud	12'6"
Thomas	Bristow	12'6"
Conkling	Bristow	10'
Lawless	Mannford	9'6"
Highfield	Bristow	9'
Campbell	Okemah	8'6"

**High Jump**

Whisnant	Okemah	6'
Hawkins	Bristow	5'10"
Dunigan	Bristow	5'10"
Fisher	Seminole	5'10"
Hart	Weleekta	5'6"
Harper	Drumright	5'4"

## Long Jump

Green	Westville	19'9"
Dunigan	Bristow	19'9"
Johnson	Bristow	19'8.5"
Custar	Okemah	18'6"
Blasengame	Stuart	18'2"
Langley	Stuart	16'1"