

# CHECOTAH

4-15-16

## GIRLS

### 400m Relay

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Beggs		50.07
2	Spiro		51
3	Okemah		52.38
4	Ft. Gibson		52.89
5	Kiefer		52.97
6	Checotah		54.26

### 3200m Relay

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Poteau		10:04
2	Metro		10:12.6
3	Warner		10:17.5
4	Henryetta		10:33.2
5	Mounds		10:38.3
6	Tahlequah Sequoyah		10:42.2

### 100m Hurdles

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Okemah	Bean	16.94
2	Ft. Gibson	Wilcox	17.34
3	Warner	Goodreau	17.53
4	Sequoyah	Foster	17.62
5	Okemah	Flaner	17.68
6	Beggs	Phillips	18.62

### 3200m Run

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Kelly	Metro	12:05.2
2	Thigpen	Metro	12:26.5
3	Rich	Vian	12:31.8
4	McKee	Metro	12:58.4
5	Ketcher	Stilwell	13:11
6	Hammins	Warner	13:18.1

### 800m Relay

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Spiro		01:47.6
2	Beggs		01:48.1
3	Ft. Gibson		01:52.2
4	Okemah		01:53.1
5	Tah Sequoyah		01:53.2
6	Metro		01:53.5

**800m Run**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Vanmeter	Henryetta	02:19.4
2	Standridge	Poteau	02:19.9
3	Rich	Vian	2:32
4	Jones	Sallisaw	02:33.9
5	Sparks	Sallisaw	02:35.8
6	Bollin	Stilwell	02:36.5

**100m Dash**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Spiro	Phillips	12.51
2	Howe	Brown	12.77
3	Ft. Gibson	Taylor	12.78
4	Keifer	King	12.81
5	Okemah	Gibson	13.07
6	Spiro	Hopkins	13.13

**400m Dash**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Spiro	Tobler	62.13
2	Okemah	Fraser	63.46
3	Spiro	Steele	63.53
4	Henryetta	Clark	64.71
5	Muldrow	Chambers	66.37
6	Henryetta	Freeman	66.56

**300m Hurdles**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Warner	Goodreau	49.84
2	Okemah	K. Bean	51.47
3	Sallisaw	Sparks	51.64
4	Hartshorne	Miller	52.03
5	Okemah	M. Bean	52.2
6	Okemah	Lee	52.51

**200m Dash**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Howe	Brown	26.4
2	Beggs	Sanders	26.45
3	Beggs	Burgess	26.49
4	Okemah	Hunt	27.2
5	Kiefer	King	27.44
6	Porum	Livingston	27.74

**1600m Run**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Henryetta	Vanmeter	5.23.75
2	Sallisaw	Jones	5.44.66
3	Vian	Rich	5.46.26
4	Metro	Moriah	5.51.01
5	Metro	Duncan	5.51.19
6	Metro	McKee	5.58.47

### 1600m Relay

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Spiro		04:11.3
2	Poteau		4:14
3	Beggs		04:15.3
4	Ft. Gibson		04:15.8
5	Warner		04:20.9
6	Henryetta		04:32.9

### Pole Vault

	<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>
1	Gibson	Okemah	10'6"
2	Davenport	Seminole	9'6"
3	Elam	Henryetta	9'0"
4	Sosbee	Seminole	8'6"
5	Harjo	Seminole	8'6"
6	Hanoch	Metro	8'0"

### High Jump

	<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>
1	Sey	Spiro	5'4"
2	Perry	Savannah	4'11"
3	Spencer	Seminole	4'10"
4	Miller	Kiefer	4'8"
5	Morgan	Tah Sequoyah	4'8"
5	Blueford	Poteau	4'8"

### Long Jump

	<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1	Pratt	McAlester	16'10"
2	Sevenstar	Muldrow	16'9"
3	Sew	Spiro	15'8"
4	Matthews	Checotah	15'4"
5	Harjo	Seminole	15'4"
6	Dandridge	Checotah	15'4"

### Shot Put

	<u>SCHOOL</u>	<u>NAME</u>	<u>DISTANCE</u>
1	Metro	Munoz	33'9"
2	Muldrow	Pratt	33'6.5"
3	Keys	Rylas	32'
4	Poteau	Shankle	32'
5	Hartshorne	Lyons	31'6"
6	Checotah	Jeffreys	31'5"

### Discus

	<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1	Shankle	Poteau	117'2"
2	Herriman	Warner	113'4"
3	Brown	Tah Sequoyah	96'2"
4	Munoz	Metro	90'8"
5	Jacimo	Seminole	81'0.5"
6			

**Girls Team Total**

	<u>SCHOOL</u>	<u>POINTS</u>
1	Spiro	99
2	Okemah	73
3	Beggs	63
4	Metro	62
5	Poteau	59.5
6	Ft. Gibson	42

**BOYS****400m Relay**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Okemh		43.38
2	Ft. Gibson		45.1
3	Hilldale		45.57
4	Weleetka		45.58
5	Sallisaw		45.78
6	Poteau		45.82

**3200m Relay**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Beggs		08:30.6
2	Sallisaw		8:35
3	Warner		08:39.7
4	Tah Sequoyah		08:46.9
5	Hneryetta		9:35
6	Seminole		09:37.3

**100m Hurdles**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Hall	Checotah	16.81
2	Alexander	Hartshorne	17.14
3	Morse	Sallisaw	17.2
4	Deer	Tah Sequoyah	17.21
5	Webb	Midway	17.36
6	Collins	Muldrow	17.69

**3200m Run**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Harris	Stilwell	10:08.4
2	Killingsworth	Metro	10:37
3	Waffard	Ft. Gibson	10:56
4	Argel	Metro	11:09.2
5	Hair	Tah Sequoyah	11:18.5
6	Troy	Tah Sequoyah	11:18.8

**800m Relay**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Okemah		01:31.8
2	Hilldale		01:34.7
3	Warner		01:35.6
4	Ft. Gibson		1:36
5	Weleetka		01:36.1
6	Poteau		01:37.6

**800m Run**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Horton	Metro	2:01
2	Muary	Beggs	02:08.1
3	Linch	Tah Sequoyah	02:10.3
4	Shaffer	Stigler	02:11.7
5	Mitchell	Hilldale	02:12.2
6	Norriss	McAlester	02:13.4

**100m Dash**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Daily	Okemah	10.65
2	Knouls	Roland	10.9
3	Whiznat	Okemah	10.91
4	Amos	McAlester	10.95
5	McKinley	Checotah	11.12
6	Davison	Hilldale	11.21

**400m Dash**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Roland	Knouls	50.97
2	Beggs	Rich	52.81
3	Muldrow	Collins	53.33
4	McAlester	Godwen	54.28
5	Weleetka	Robertson	54.31
6	Keys	Corry	54.68

**300m Hurdles**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Alexander	Hartshorne	42.78
2	Campbell	Okemah	43.05
3	Port	Hilldale	43.84
4	Lessley	Sallisaw	44.08
5	Deer	Tah Sequoyah	45
6	Collins	Eufaula	45.21

**200m Dash**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Daily	Okemah	21.97
2	Knouls	Roland	22.35
3	Davison	Hilldale	23
4	Hailey	Seminole	23.31
4	McKinley	Checotah	23.31
6	Posey	Weleetka	23.32

**1600m Run**

	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME</u>
1	Black	Sallisaw	04:26.3
2	Horton	Metro	04:36.2
3	Harris	Stilwell	04:46.7
4	Killingsworth	Metro	04:53.4
5	Blackbear	Beggs	04:54.9
6	Wafford	Ft. Gibson	05:03.8

**1600m Relay**

	<u>SCHOOL</u>	<u>NAME</u>	<u>TIME</u>
1	Sallisaw		03:31.9
2	Warner		03:32.4
3	Beggs		3:36
4	Weleetka		03:41.8
5	Checotah		03:45.3
6	Okemah		03:49.1

**Pole Vault**

	<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>
1	Ferrell	Metro	11'6"
2	Campbell	Okemah	11'0"
3	Rutland	Okemah	9'0"

**High Jump**

	<u>NAME</u>	<u>SCHOOL</u>	<u>HEIGHT</u>
1	Shelton	Poteau	6'2"
2	Whisnat	Okemah	6'0"
3	Hart	Weleetka	5'10"
3	Brown	Tah Sequoyah	5'10"
5	Price	Poteau	5'10"
5	Collins	Muldrow	5'10"
5	Whitman	Weleetka	5'10'

**Long Jump**

	<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1	Mitchell	Hilldale	21'1"
2	Amos	McAlester	20'9"
3	Skelton	Poteau	19'10"
4	Glenn	Stilwell	19'3"
5	Moors	Spiro	19'3"
6	Eagle	Tah Sequoyah	18'11"

**Shot Put**

	<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1	Archy	Poteau	46'0.5"
2	Smith	Poteau	45'4"
3	Tillotson	Eufaula	44'8"
4	Lesly	Muldrow	44'1'.5"
5	Jarad	Poteau	43'1"
6	Webb	Okemah	42'6"

**Discus**

	<u>NAME</u>	<u>SCHOOL</u>	<u>DISTANCE</u>
1	Tillotson	Eufaula	133'3"
2	Meugin	Tah Sequoyah	131'7"
3	Delpass	Savannah	129'
4	Smith	Poteau	123'1"
5	Lesly	Muldrow	117'5"
6	Thomas	Metro	113'6"

**Boys Team Total**

	<u>SCHOOL</u>	<u>POINTS</u>
1	Okemah	105
2	Sallisaw	60
3	Hilldale	52
4	Beggs	50
5	Poteau	45.5
6	Metro	45