

Poteau High School Invitational Results

3/29 – Girls Results

400 Meter Relay

1. Spiro – 50.67
2. Idabel – 51.33
3. Broken Bow – 51.77
4. Atoka – 53.72
5. Poteau – 54.66
6. Heavener – 55.29

800 Meter Relay

1. Spiro – 1:47.00
2. Idabel – 1:48.63
3. Broken Bow – 1:50.03
4. Vian – 1:59.57
5. Heavener – 2:03.55

1600 Meter Relay

1. Spiro – 4:12.00
2. Idabel – 4:17.00
3. Poteau – 4:18.11
4. Broken Bow – 4:24.00
5. Haworth – 4:39.65
6. Atoka – 4:45.76

3200 Meter Relay

1. Poteau – 10:13.00
2. Haworth – 10:56.00
3. Sequoyah – 10:57.00
4. Heavener – 11:00.66
5. Vian – 11:56.00
6. Broken Bow – 12:09.00

100 Meter Dash

1. Hill – Heavener – 11.79
2. Phillips – Spiro – 12.26
3. Cursh – Idabel – 12.83
4. Wharry – Idabel – 12.91
5. McGuire – Broken Bow – 13.11
6. Cole – Atoka – 13.24

200 Meter Dash

1. Phillips – Spiro – 26.62
2. Poole – Spiro – 27.03
3. Standridge – Poteau – 27.43
4. Cursh – Idabel – 27.66
5. Burrage – Atoka – 28.10
6. Chamber – Muldrow – 28.78

400 Meter Dash

1. Tobler – Spiro – 1:02.32
2. Burrage – Atoka – 1:05.26
3. Shomo – Sequoyah – 1:05.51
4. Williamson – Poteau – 1:05.52
5. Hardaway – Poteau – 1:06.00
6. Chambers – Muldrow – 1:06.45

800 Meter Run

1. Standridge – Poteau – 2:24.00
2. Roberts – Kiowa – 2:33.77
3. Shankle – Poteau – 2:36.12
4. Steele – Spiro – 2:36.19
5. Wendt – Haworth – 2:38.57
6. Sparks – Sallisaw – 2:38.91

1600 Meter Run

1. Rich – Vian – 5:54.00
2. Edminson – Haworth – 6:01.00
3. Jones – Sallisaw – 6:06.00
4. Roberts – Kiowa – 6:07.00
5. Holmes – Sequoyah – 6:18.85
6. Katcher – Stilwell – 6:19.90

3200 Meter Run

1. Rich – Vian – 12:54.00
2. Katcher – Stilwell – 13:20.00
3. Johnson – Heavener – 13:34.57
4. Martinez – Heavener – 13:39.00
5. Holmes – Sequoyah – 13:58.00
6. Mac. Williamson – Poteau – 14:38.00

100 Meter Hurdles

1. Hill – Heavener – 15.48
2. Gray – Idabel – 16.96
3. Morgan – Heavener – 17.41
4. Johns – Savanna – 18.00
5. Foster – Sequoyah – 18.84
6. Vaughn – McAlester – 18.99

300 Meter Hurdles

1. Gess – Atoka – 50.88
2. Gray – Idabel – 51.78
3. Callahan – Broken Bow – 52.64
4. Morgan – Heavener – 53.14
5. Stanford – Wilburton – 53.41
6. Sparks – Sallisaw – 53.50

Discuss

1. Poe – Sequoyah – 113’3”
2. Shankle – Poteau – 103’7”
3. Granger – Atoka – 100’09”
4. Richbourg – Broken Bow – 89’9”
5. Harjo – Idabel – 88’6”
6. Brown – Sequoyah – 88’5”

Shot

1. Poe – Sequoyah – 38’5”
2. Myrks – Idabel – 37.5”
3. Richburg – Broken Bow – 34’8”
4. Haney – Broken Bow – 33’11”
5. Shankle – Poteau – 33’4”
6. Pratt – Muldrow – 32’7”

High Jump

1. Set – Spiro – 5’1”
2. Lynch – Heavener – 4’10”
3. Butler – Haworth – 4’10”
4. Cursh – Idabel – 4’10”
5. Bluford – Poteau – 4’8
6. Williston – Broken Bow – 4’8”

Long Jump

1. Pratt – McAlester – 16’1”
2. Gordon – Broken Bow – 15’4”
3. Gess – Atoka – 15’2”
4. Rutherford – Idabel – 15’2”
5. Callahan – Broken Bow – 14:10”
6. Cursh – Idabel – 14’9”

Girls Overall Team Standings

1. Spiro – 110
2. Idabel – 96
3. Poteau – 73
4. Broken Bow – 67
5. Heavener – 61
6. Atoka – 42
7. Sequoyah - 42

3/29 – Boys Results

400 Meter Relay

1. Broken Bow – 44.19
2. McAlester – 45.42
3. Atoka – 45.53
4. Spiro – 46.12
5. Sallisaw – 46.62
6. Talihina – 47.27

800 Meter Relay

1. Atoka – 1:35.00
2. McAlester – 1:36.43
3. Broken Bow – 1:36.53
4. Poteau – 1:38.96
5. Sequoyah – 1:39.04
6. Heavener – 1:39.97

1600 Meter Relay

1. Broken Bow – 3:31.00
2. Sallisaw – 3:34.00
3. Sequoyah – 3:40.95
4. Hartshorne – 3:54.00
5. McAlester – 4:00.88
6. Poteau – 4:01.60

3200 Meter Relay

1. Sequoyah – 8:45.00
2. Broken Bow – 9:00.00
3. Sallisaw – 9:25.00
4. Roland – 9:31.16
5. Hartshorne – 9:34.56
6. McAlester – 9:51.22

100 Meter Dash

1. Klusak – McAlester – 10.64
2. Watson – Broken Bow – 10.91
3. Amos – McAlester – 11.13
4. Johnson – Atoka – 11.29
5. Price – Poteau – 11.31
6. Scott – Poteau – 11.47

200 Meter Dash

1. Klesak – McAlester – 22.70
2. Johnson – Atoka – 23.19
3. Cook – Atoka – 23.58
4. McCular – Hartshorne – 24.03
5. Brewster – Broken Bow – 24.08
6. Airis – Broken Bow – 24.53

400 Meter Dash

1. Black – Sallisaw – 51.51
2. Burris – Broken Bow – 52.58
3. Knauls – Roland – 52.69
4. Jimenez – Sallisaw – 53.63
5. McCoy – Sequoyah – 55.31
6. Hightower – Savanna – 56.20

800 Meter Run

1. Kristie – Sequoyah – 2:03.87
2. Knauls – Roland – 2:12:30
3. Girty – Sequoyah – 2:15.07
4. Shaffer – Stigler – 2:16.59
5. Clipper – Broken Bow – 2:15.46
6. Hubler – Sallisaw – 2:19.40

1600 Meter Run

1. Kristie – Sequoyah – 4:49.00
2. Harris – Stilwell – 4:50.16
3. Langston – Sequoyah – 5:09.83
4. Hardbarger – Sequoyah – 5:09.90
5. Norris – McAlester – 5:18.94
6. Andres – Hartshorne – 5:20.45

3200 Meter Run

1. Black – Sallisaw – 10:20.00
2. Harris – Stilwell – 10:26.00
3. Langston – Sequoyah – 10:57.00
4. Hardbarger – Sequoyah – 11:17.00
5. Passmore – Broken Bow – 11:57.44
6. Rattan – McAlester – 11:59.00

110 Meter Hurdles

1. Ward – Broken Bow – 15.95
2. Alexander – Hartshorne – 17.12
3. Deer – Sequoyah – 17.13
4. Collins – Muldrow – 17.16
5. Morris – Sallisaw – 17.69
6. Stone – Broken Bow – 18.48

300 Meter Hurdles

1. Alexander – Hartshorne – 43.47
2. Ward – Broken Bow – 44.18
3. Deer – Sequoyah – 44.45
4. Lesley – Sallisaw – 45.37
5. Edgor – Muldrow – 46.09
6. Scott – Poteau – 46.12

Discuss

1. Girdner – Stilwell – 125'6"
2. Dalpaos – Savanna – 125'3"
3. Gibson – Atoka – 120'9"
4. Nougine – Sequoyah – 120'6"

Shot

1. Tolleson – Heavener – 51'3"
2. Archey – Poteau – 45'5"
3. Smith – Poteau – 44'0"
4. Tidwell – Broken Bow – 43'11"
5. Young – Broken Bow – 43'6"
6. Gardner – Stilwell – 42'3"

High Jump

1. Williston- Broken Bow – 6'7"
2. Jacobs – Haworth – 6'6"
3. Skeleton – Poteau – 6'2"
4. Price – Poteau – 5'10"
5. Easle – Sequoyah – 5'10"
6. Brown – Sequoyah 5'10"

Long Jump

1. Amos – McAlester – 20'4.75
2. Williston – Broken Bow – 20'4"
3. Cook – Atoka – 20'3"
4. Bowen – Atoka – 19'8"
5. Woolsey – Arkoma – 19'2"
6. Eagle – Sequoyah – 18'10"

Pole Vault

1. Webb – Broken Bow – 8'6"
2. Jones – Broken Bow – 8'6"

Boys Overall Standings - Poteau - 3/29

1. Broken Bow - 154
2. Sequoyah - 104
3. Sallisaw - 70
4. Atoka - 66
5. Poteau - 36
6. Hartshorne - 35