

Poteau High School Invitational - 43550

3/26/2019

School	SUM of Points
Okmulgee	114
Broken Bow	105
Sequoah-Tahlequah	104
Idabel	54
Muldrow	44
Valliant	38
Heavener	34
Spiro	28
Vian	28
Red Oak	16
Howe	15
Haworth	14
Poteau	8
Whitesboro	6
Talihina	4
Stigler	4
Central	2
Clayton	1

GIRLS

Event	Place	School	Contestant(s)	Time/Dist.
Shot Put	1st	Broken Bow	Gunoway	38'11"
	2nd	Idabel	Dunn	35'2"
	3rd	Okmulgee	Rentie	32'10"
	4th	Broken Bow	Watson	33'0"
	5th	Okmulgee	Cosby	32'1"
	6th	Okmulgee	Collins	30'4"
Discus	1st	Idabel	Don	105.1
	2nd	Okmulgee	Rentie	99.5
	3rd	Broken Bow	Richboury	96.1
	4th	Okmulgee	Cosby	93.7
	5th	Broken Bow	Ganaway	91.1
	6th	Clayton	Nagel	89.6
Long Jump	1st	Heavener	Free	15'0"
	2nd	Heavener	Riddley	15'0"
	3rd	Idabel	Thompson	13'11"
	4th	Okmulgee	Harris	13'0"
	5th	Muldrow	Jackson	13'0"
High Jump	1st	Muldrow	Collins	4'10"
	2nd	Okmulgee	McComery	4'10"
	3rd	Whitesboro	Blogg	4'8"
	4th	Haworth	Randolph	4'8"
	5th	Stigler	Follent	4'6"
	6th	Idabel	Wharry	4'4"

3200 M Relay	1st	Sequoah-Tahlequah		10:43.5
	2nd	Broken Bow		10:59.2
	3rd	Valliant		11:18.0
	4th	Heavener		11:42.9
	5th	Talihina		12:27.0
	6th	Stigler		14:27.0
800 M Relay	1st	Okmulgee		01:49.3
	2nd	Sequoah-Tahlequah		01:52.5
	3rd	Idabel		01:53.7
	4th	Vian		01:54.8
	5th	Howe		01:55.1
	6th	Valliant		01:57.6
1600 M Run	1st	Sequoah-Tahlequah	Harp	06:09.4
	2nd	Broken Bow	Hurst	06:10.7
	3rd	Okmulgee	Flouers	06:18.0
	4th	Sequoah-Tahlequah	Smith	06:27.7
	5th	Central	Harris	06:35.0
	6th	Sequoah-Tahlequah	Yanola	06:39.9
100 M Hurdles	1st	Red Oak	Baldwin	00:17.5
	2nd	Broken Bow	Routh	00:17.5
	3rd	Idabel	Sherman	00:18.1
	4th	Vian	Ellis	00:18.2
	5th	Heavener	Free	00:18.5
	6th	Poteau	Hutchison	00:19.6
100 M Dash	1st	Spiro	Hopkins	00:12.4
	2nd	Muldrow	Collins	00:12.4
	3rd	Broken Bow	Mcquire	00:12.4
	4th	Idabel	Young	00:13.0
	5th	Idabel	Scott	00:13.1
	6th	Idabel	Witeker	00:13.1
800 M Run	1st	Haworth	Wendt	02:29.6
	2nd	Sequoah-Tahlequah	Robbins	02:33.3
	3rd	Valliant	Daves	02:38.4
	4th	Broken Bow	Hurst	02:40.4
	5th	Sequoah-Tahlequah	Smith	02:41.1
	6th	Okmulgee	Montgomery	02:43.7
400 M Relay	1st	Okmulgee		00:50.6
	2nd	Muldrow		00:51.0
	3rd	Broken Bow		00:52.0
	4th	Spiro		00:52.6
	5th	Vian		00:52.6
	6th	Howe		00:54.6
400 M Run	1st	Valliant	Mitchell	01:02.7
	2nd	Howe	Delt	01:03.2
	3rd	Muldrow	Jackson	01:04.3
	4th	Okmulgee	Montgomery	01:05.3
	5th	Sequoah-Tahlequah	Marshall	01:07.1
	6th	Howe	Johnson	01:08.2
300 M Hurdles	1st	Vian	Teehee	00:50.7
	2nd	Broken Bow	Routh	00:50.9
	3rd	Red Oak	Baldwin	00:51.2
	4th	Heavener	Watkins	00:54.2
	5th	Heavener	Chitwood	00:54.3
	6th	Poteau	Hutchinson	00:55.9

200 M Dash	1st	Spiro	Hopkins	00:26.4
	2nd	Broken Bow	Mcquire	00:27.1
	3rd	Okmulgee	Harris	00:27.4
	4th	Okmulgee	James	00:27.5
	5th	Sequoah-Tahlequah	Goudan	00:28.1
	6th	Sequoah-Tahlequah	Duke	00:28.2
3200 M Run	1st	Sequoah-Tahlequah	Harp	12:57.3
	2nd	Sequoah-Tahlequah	Johnson	13:01.0
	3rd	Poteau	Nesbit	13:01.4
	4th	Okmulgee	Flowers	14:16.6
	5th	Muldrow	Aravjo	14:47.0
	6th	Broken Bow	Short	14:57.0
1600 M Relay	1st	Sequoah-Tahlequah		04:22.2
	2nd	Okmulgee		04:22.7
	3rd	Broken Bow		04:22.8
	4th	Valliant		04:33.6
	5th	Idabel		04:34.8
	6th	Vian		04:40.9

School	SUM of Points
Broken Bow	125
Idabel	112
Sequoah-Tahlequah	107
Heavener	34
Poteau	29
Vian	22
Valliant	20
Roland	10
Central	10
Muldrow	2

BOYS

Event	Place	School	Contestant(s)	Time/Dist.
Shot Put	1st	Idabel	Reece	44'8
	2nd	Broken Bow	Wood	43'4
	3rd	Poteau	Smith	42'11
	4th	Okmulgee	Lott	42'8
	5th	Poteau	Thompson	42'7
	6th	Talihina	Bryant	42'3
Discus	1st	Spiro	Dolan	120.3
	2nd	Broken Bow	Wood	120
	3rd	Idabel	Sivard	115.1
	4th	Talihina	Chitwood	111.1
	5th	Poteau	Restine	110.11
	6th	Idabel	Reece	110.1
Long Jump	1st	Idabel	Beard	19'5
	2nd	Poteau	Duschel	19'3
	3rd	Broken Bow	Fields	19'0
	4th	Valliant	Frost	18'10
	5th	Heavener	Ramirez	18'4
	6th	Broken Bow	Whitfield	17'11

High Jump	1st	Valliant	McKeever	5'8"
	2nd	Idabel	Beard	5'6"
	3rd	Broken Bow	Wesley	5'6"
	4th	Vian	Pugh	5'6"
	5th	Heavener	Rameriz	5'4"
	6th	Okmulgee	Vann	5'4"
400 M Relay	1st	Idabel		00:43.5
	2nd	Okmulgee		00:44.1
	3rd	Broken Bow		00:44.4
	4th	Sequoah-Tahlequah		00:45.4
	5th	Central		00:46.6
	6th	Poteau		00:47.9
800 M Relay	1st	Idabel		01:31.0
	2nd	Okmulgee		01:31.5
	3rd	Broken Bow		01:35.8
	4th	Sequoah-Tahlequah		01:36.8
	5th	Poteau		01:44.8
	6th	Roland		01:51.5
1600 M Relay	1st	Sequoah-Tahlequah		03:32.5
	2nd	Okmulgee		03:38.1
	3rd	Broken Bow		03:39.2
	4th	Idabel		03:44.0
	5th	Central		03:45.3
	6th	Arkoma		04:12.7
3200 M Relay	1st	Sequoah-Tahlequah		08:46.0
	2nd	Broken Bow		09:05.2
	3rd	Heavener		09:14.1
	4th	Roland		10:02.4
	5th	Idabel		10:10.1
	6th	Central		10:33
100 M Run	1st	Spiro	Roberson	00:11.2
	2nd	Sequoah-Tahlequah	Watie	00:11.2
	3rd	Vian	Cloud	00:11.3
	4th	Poteau	Duschel	00:11.5
	5th	Howe	Coggins	00:11.6
	6th	Broken Bow	Fields	00:11.7
200 M Run	1st	Idabel	Worthen	00:23.02
	2nd	Okmulgee	Frasier	00:23.9
	3rd	Howe	Coggins	00:24.0
	4th	Broken Bow	Fields	00:24.1
	5th	Idabel	Berad	00:24.1
	6th	Spiro	Braggs	00:24.1
400 M Run	1st	Spiro	Roberson	00:51.5
	2nd	Idabel	Raley	00:52.4
	3rd	Valliant	McKeever	00:53.0
	4th	Broken Bow	Klipper	00:54.1
	5th	Sequoah-Tahlequah	Girty	00:55.5
	6th	Broken Bow	Clause	00:55.9
800 M Run	1st	Sequoah-Tahlequah	Winn	02:05.7
	2nd	Sequoah-Tahlequah	Ballew	02:06.0
	3rd	Stigler	Cloud	02:08.1
	4th	Sequoah-Tahlequah	Hair	02:09.9
	5th	Clayton	Briggs	02:10.5
	6th	Poteau	Adams	02:13.2

1600 M Run	1st	Heavener	Cook	04:56.0
	2nd	Okmulgee	Walkins	04:56.3
	3rd	Sequoah-Tahlequah	Johnson	04:49.9
	4th	Sequoah-Tahlequah	Jeans	05:03.2
	5th	Clayton	Briggs	05:08.0
	6th	Sequoah-Tahlequah	Phillips	05:10.4
3200 M Run	1st	Okmulgee	Walkins	10:46.5
	2nd	Heavener	Cook	10:47.6
	3rd	Sequoah-Tahlequah	Johnson	10:54.0
	4th	Clayton	Briggs	10:58.8
	5th	Sequoah-Tahlequah	Jeans	11:14.7
	6th	Wister	Vastqez	11:34.7
110 M Hurdles	1st	Broken Bow	Stone	00:17.0
	2nd	Broken Bow	Kennybrew	00:17.26
	3rd	Vian	Poole	00:17.9
	4th	Idabel	Worthan	00:19.2
	5th	Muldrow	Nipper	00:19.2
	6th			
300 M Hurdles	1st	Broken Bow	Owens	00:41.0
	2nd	Okmulgee	Jefferson	00:41.1
	3rd	Vian	Poote	00:43.2
	4th	Broken Bow	Stone	00:44.9
	5th	Broken Bow	Kennybrew	00:45.5
	6th	Idabel	Wortham	00:45.9