

Ringwood HS Track Meet Results

20-Apr-19

Girls 400 M Relay

1	Coyle-55.41
2	Tonkawa-56.00
3	Seiling-56.33
4	Morrison-57.08
5	Waukomis-57.21
6	Cimarron-57.28

Girls 3200 Relay

1	Morrison-11:51.43
2	Seiling-12:07.18

Girls 100 M Hurdles

1	Martin-Tonkawa-18.35
2	Cooper-Cimarron-18.88
3	Jones-Morrison-20.95
4	Wedel-Ringwood-21.61
5	Swobada-Morrison-22.62

Girls 800 M Relay

1	Seiling-1:58.31
2	Coyle-1:59.21
3	Morrison-2:00.15
4	Ringwood-2:00.16
5	Tonkawa-2:02.82

Girls 800 M Run

1	Nyberg-Seiling-2:43.10
2	Wevenberg-Morrison-2:53.15
3	Theobald-Morrison-2:58.89
4	Sawyer-Tonkawa-3:05.63
5	Hale-Tonkawa-3:10.70
6	Davidson-Waynoka-3:13.57

Girls 100 M Dash

1	Coker-Waukomis-13.03
2	Resendiz-Ringwood-13.04
3	Lane-Frontier-13.16
4	Myer-Tonkawa-13.50
5	Bisg-Waukomis-13.64
6	Bromlow-Ringwood-13.70

Girls Team Standings

1	Tonkawa	141
2	Seiling	108
3	Morrison	96
4	Waukomis	53
5	Coyle	52
6	Ringwood	44
7	Cimarron	40
8	Frontier	24
9	Crescent	22
10	Timberlake	16
11	Waynoka	9

Girls 3200 M Run

- 1 Haley-Tonkawa-17:33
- 2 Combs-Seiling-18:37
- 3 Vanover-Waukomis-18:54

Girls 400 M Dash

- 1 Nyberg-Seiling-1:07.75
- 2 Hagelberg-Waynoka-1:11.88
- 3 Johnson-Seiling-1:18.41
- 4 Riley-Cimarron-1:19.43
- 5 Nelson-Morrison-1:21.66
- 6 Vanover-Waukomis-1:37.44

Girls 300 M Hurdles

- 1 Myer-Tonkawa-54.39
- 2 Cooper-Cimarron-56.92
- 3 Willey-Cimarron-58.93
- 4 Swobada-Morrison-1:00.59
- 5 Jones-Morrison-1:02.00

Girls 200 M Dash

- 1 Resendiz-Ringwood-28.18
- 2 Hale-Tonkawa-29.45
- 3 Simons-Morrison-29.92
- 4 Bird-Ringwood-29.99
- 5 Willey-Cimarron-30.19
- 6 Bromlow-Ringwood-30.46

Girls 1600 M Run

- 1 Lynch-Waukomis-6:39.44
- 2 Haley-Tonkawa-6:46.38
- 3 Bird-Ringwood-6:50.39
- 4 Jones-Morrison
- 5 Watkins-Ringwood

Girls 1600 M Relay

- 1 Tonkawa-4:49.80
- 2 Seiling-4:55.07
- 3 Morrison-5:02.08
- 4 Coyle-5:21.03

Girls Pole Vault

- 1 LeForce-Timberlake-8'6"
- 2 Sawyer-Tonkawa-7'6"

23 Reyes-Tonkawa-7'

Girls Shot Put

- 1 House-Crescent-33'0.25"
- 2 Hunt-Seiling-32'3.5"
- 3 Hill-Cimarron-30'4.5"
- 4 Dennis-Morrison-28'8.25"
- 5 Cue-Waukomis-27'8"
- 6 Perkins-Tonkawa-24'7"

Girls High Jump

- 1 Martin-Tonkawa-5'
- 2 Lane-Frontier-4'8"
- 3 Severin-Timberlake-4'4"
- 4 Brieg-Waukomis-4'2"

Girls Long Jump

- 1 Lane-Frontier-14'7"
- 2 Coker-Waukomis-13'10"
- 3 Cain-Coyle-13'0.25"
- 4 Meadows-Tonkawa-12'4"
- 5 Kopischke-Coyle-11'4.5"
- 6 Manning-Seiling-8'9"

Girls Discus

- 1 House-Crescent-87'
- 2 Perkins-Tonkawa-86'1"
- 3 Taylor-Waukomis-80'2"
- 3 Hill-Cimarron-78'11"
- 5 Dotson-Crescent-72'2"
- 6 Hunt-Seiling-70'1"

Boys 400 M Relay

- 1 Coyle-47.00
- 2 Waynoka-47.63
- 3 Timberlake-47.82
- 4 Ringwood-48.16
- 5 Tonkawa-48.20

Boys 3200 M Relay

- 1 Tonkawa-9:40.40
- 2 Waukomis-10:12.64
- 3 Seiling-10:22.91

Boys Team Standings

1	Tonkawa	107
2	Waynoka	106
3	Timberlake	98
4	Waukomis	77
5	Coyle	69
6	Ringwood	58
7	Seiling	51
8	Cherokee	20
9	Frontier	14
10	Morrison	10

4 Frontier-10:26.38
5 Timberlake-11:41.46

11 Crescent

8

Boys 110 M Hurdles

1 Seiger-Waynoka-17.51
2 Fisher-Crescent-17.98
3 Frable-Ringwood-19.72
4 Nichols-Timberlake-22.04
5 Haddock-Ringwood-22.39

Boys 3200 M Run

1 Buck-Waukomis-10:55
2 Hernandez-Tonkawa-10:56
3 McCoy-Timberlake-12:37
4 Patton-Waukomis-12:42
5 Ynclan-Waukomis-13:37
6 Harwell-Timberlake-15:58

Boys 800 M Relay

1 Coyle-1:39.03
2 Timberlake-1:40.55
3 Tonkawa-1:40.97
4 Waynoka-1:41.03

Boys 800 M Run

1 Stanard-Seiling-2:19.23
2 Massy-Tonkawa-2:19.24
3 Miller-Morrison-2:20.63
4 Buck-Waukomis-2:25.77
5 Trejo-Ringwood-2:30.91
6 Neilsen-Seiling-2:35.85

Boys 100 M Dash

1 Walker-Waukomis-11.5
2 Jackson-Coyle-11.510
3 Cane-Coyle-11.511
4 Shepherd-Tonkawa-11.91
5 Jonas-Coyle-12.11
6 Frable-Ringwood-12.18

Boys 400 M Dash

1 Schlup-Timberlake-54.42
2 Hampton-Tonkawa-57.48
3 Hamer-Seiling-1:00.57

- 4 Hernandez-Tonkawa-1:01.10
- 5 Childs-Frontier-1:01.97
- 6 Massey-Tonkawa-1:02.44

Boys 300 Hurdles

- 1 Jantzen-Cherokee-44.97
- 2 Seiger-Waynoka-48.17
- 3 Hamm-Ringwood-50.64
- 4 Frable-Ringwood-52.24
- 5 Haddock-Ringwood-1:02.12

Boys 200 M Dash

- 1 Wagner-Frontier-25.14
- 2 Shephard-Tonkawa-25.46
- 3 Pierce-Timberlake-25.47
- 4 Sanders-Frontier-25.61
- 5 Glasgow-Tonkawa-26.74
- 6 Davis-Coyle-28.63

Boys 1600 M Run

- 1 Buck-Waukomis-5:08.84
- 2 Hernandez-Tonkawa-5:15.71
- 3 Stanard-Seiling-5:42.07
- 4 Miller-Morrison-5:46.08
- 5 Nielsen-Seiling-5:51.21
- 6 McCoy-Timberlake-5:51.82

Boys 1600 M Relay

- 1 Tonkawa-3:53.61
- 2 Timberlake-4:01.82
- 3 Coyle-4:02.35

Boys Pole Vault

- 1 Jantzen-Cherokee-12'
- 2 Frable-Ringwood-11'
- 3 Nichols-Timberlake-9'

Boys Shot Put

- 1 Castillo-Waynoka-46'6.75"
- 2 Delano-Waynoka-37'5.5"
- 3 Ham-Seiling-36'2.5"
- 4 Hacker-Tonkawa-35'8.5"
- 5 Morill-Waynoka-33'9"
- 6 Repp-Ringwood-33'5"

Boys High Jump

- 1 Briggs-Ringwood-6'2"
- 2 Seiger-Waynoka-6'2"
- 3 Wagner-Waukomis-6'2"
- 4 Schlup-Timberlake-5'10"
- 5 Myer-Tonkawa-5'4"
- 6 Redgate-Waynoka-5'4"

Boys Long Jump

- 1 Pippen-Timberlake-18'3.75"
- 2 Hamm-Ringwood-17'10.25"
- 3 Redgate-Waynoka-17'7.75"
- 4 Wagner-Waukomis-17'2.5"
- 5 Judd-Timberlake-17'0.75"
- 6 Green-Waynoka-16'7.75"

Boys Discus

- 1 Castillo-Waynoka-142'6"
- 2 Ham-Seiling-97'3"
- 3 Delano-Waynoka-95'1"
- 4 Morris-Waynoka-89'8"
- 5 Sharp-Tonkawa-87'
- 6 Lindley-Tonkawa-83'6"