

**Heavener HS Invitational - 45013**

**MENS**

Event	Place	School	Contestant(s)	Time/Dist.	Points	Event Type
Shot Put	1st	Idabel	McCullogn	44'11.5"	10	Field
	2nd	Idabel	Smith	42'2"	8	Field
	3rd	Fort Gibson	Jarrett	42'	6	Field
	4th	Spiro	Dollar	40'10"	4	Field
	5th	Savannah	Witfield	40'2.5"	2	Field
	6th	Arkoma	Brake	38'11"	1	Field
Discus	1st	Broken Bow	Coley	131'7"	10	Field
	2nd	Idabel	Rayden	127'4"	8	Field
	3rd	Spiro	Dalton	124'1"	6	Field
	4th	Heavener	Casteel	113'8"	4	Field
	5th	Idabel	Smith	112'10"	2	Field
	6th	Broken Bow	Mulkey	112'7"	1	Field
Long Jump	1st	Sallisaw	Kilpatrick	19'2.5"	10	Field
	2nd	Broken Bow	Zirretta	18'9"	8	Field
	3rd	Pocola	Scott	18'3"	6	Field
	4th	Pocola	Terrell	18'2.5"	4	Field
	5th	McAlester	Gragg	17'8"	2	Field
	6th	Fort Gibson	Miller	17'5"	1	Field
High Jump	1st	Idabel	Hankins	6'	10	Field
	2nd	Broken Bow	Tinajero	5'10"	8	Field
	3rd	Roland	Hall	5'10"	6	Field
	4th	Savannah	Fry	5'8"	4	Field
	5th	Savannah	LeFlore	5'8"	2	Field
	6th	Arkoma	Culbreath	5'6"	1	Field
3200 M Relay	1st	Poteau		9:00.78	20	Relay
	2nd	Sequoyah		9:22.96	16	Relay
	3rd	Idabel		9:25.08	12	Relay
	4th	Warner		9:29.91	8	Relay
	5th	Wright City		9:54.24	4	Relay
	6th	Keys		10:05.14	2	Relay
800 M Relay	1st	Idabel		1:33.34	20	Relay
	2nd	Poteau		1:33.69	16	Relay
	3rd	Broken Bow		1:34.18	12	Relay
	4th	Sallisaw		1:34.66	8	Relay
	5th	Sequoyah		1:36.84	4	Relay
	6th	Roland		1:37.81	2	Relay
1600 M Run	1st	Poteau	Baker	4:46.40	10	Track
	2nd	Poteau	Snyder	4:52.68	8	Track
	3rd	Fort Gibson	Glasco	4:53.46	6	Track
	4th	Heavener	Cruz	4:57.54	4	Track
	5th	Warner	Drake	4:57.96	2	Track
	6th	Poteau	Martinez	5:06.08	1	Track
	1st	Fort Gibson	Miller	15.16	10	Track
	2nd	Wister	Ollar	15.38	8	Track
	3rd	Broken Bow	Rodgers	17.5	6	Track
	4th	Sequoyah	Handle	18.35	4	Track

110 M Hurdles	5th	Idabel	Hoskins	18.41	2	Track
	6th	Arkoma	Culbreath	18.64	1	Track
100 M Dash	1st	Sallisaw	Kilpatrick	10.56	10	Track
	2nd	Idabel	Larry	10.97	8	Track
	3rd	Poteau	Honeycutt	11.15	6	Track
	4th	Roland	Johnson	11.22	4	Track
	5th	Warner	Cornell	11.38	2	Track
	6th	Warner	Logan	11.46	1	Track
800 M Run	1st	Poteau	Baker	2:07.09	10	Track
	2nd	Pocola	Scott	2:09.86	8	Track
	3rd	Heavener	Cruz	2:11.24	6	Track
	4th	Fort Gibson	Parker	2:14.42	4	Track
	5th	Savannah	Franklin	2:16.68	2	Track
	6th	Idabel	Hoskins	2:17.06	1	Track
400 M Relay	1st	Broken Bow		44.16	20	Relay
	2nd	Idabel		44.69	16	Relay
	3rd	Poteau		45.38	12	Relay
	4th	Sallisaw		45.75	8	Relay
	5th	Sequoyah		45.89	4	Relay
	6th	Warner		46.29	2	Relay
400 M Run	1st	Idabel	Carter	52.78	10	Track
	2nd	Broken Bow	Brumley	55.99	8	Track
	3rd	Sallisaw	File	56.36	6	Track
	4th	Warner	Lange	56.37	4	Track
	5th	Idabel	Harris	56.49	2	Track
	6th	Keys	Beckwitch	56.55	1	Track
300 M Hurdles	1st	Wister	Ollar	42.67	10	Track
	2nd	Fort Gibson	Miller	43.17	8	Track
	3rd	Broken Bow	Rodgers	43.96	6	Track
	4th	Heavener	Adkins	43.97	4	Track
	5th	Heavener	Cook	44.76	2	Track
	6th	Idabel	Hoskins	45.52	1	Track
200 M Dash	1st	Broken Bow	Zirretta	23.22	10	Track
	2nd	Poteau	Hall	23.5	8	Track
	3rd	Roland	Johnson	23.53	6	Track
	4th	Warner	Carnell	23.65	4	Track
	5th	McAlester	Gragg	23.94	2	Track
	6th	Poteau	Andrews	23.99	1	Track
3200 M Run	1st	Warner	Drake	10:34.27	10	Track
	2nd	Poteau	Snyder	10:35.86	8	Track
	3rd	Poteau	Martinez	10:36.23	6	Track
	4th	Heavener	Cruz	10:38.92	4	Track
	5th	Fort Gibson	Glasgow	10:40.73	2	Track
	6th	Wright City	Roath	10:42.73	1	Track
1600 M Relay	1st	Idabel		3:40.37	20	Relay
	2nd	Poteau		3:40.55	16	Relay
	3rd	Sequoyah		3:45.48	12	Relay
	4th	Broken Bow		3:46.90	8	Relay
	5th	Sallisaw		3:48.99	4	Relay
	6th	Keys		3:57.91	2	Relay

March 28, 2023 - Heavener HS Invitational : WOMENS

**Heavener HS Invitational - 45013**

**WOMENS**

Event	Place	School	Contestant(s)	Time/Dist.	Points	Event Type
Shot Put	1st	Broken Bow	Britton	37'	10	Field
	2nd	Warner	Sikes	35'3"	8	Field
	3rd	Idabel	Cardin	34'8.5"	6	Field
	4th	McAlester	Marshall	32'2.5"	4	Field
	5th	Sallisaw	Gramillion	30'1"	2	Field
	6th	Wright City	Gill	29'3"	1	Field
Discus	1st	Idabel	Carden	106'8.5"	10	Field
	2nd	Poteau	Brickell	100'8"	8	Field
	3rd	Broken Bow	Britton	92'0.5"	6	Field
	4th	Poteau	Wheat	86'2"	4	Field
	5th	Poteau	Bowman	83'1"	2	Field
	6th	Spiro	Fetherston	76'5"	1	Field
Long Jump	1st	Sallisaw	Qualls	15'	10	Field
	2nd	Sequoyah	Smith	15'	8	Field
	3rd	Poteau	Green	14'3.25"	6	Field
	4th	Sequoyah	Culie	14'1.5"	4	Field
	5th	Poteau	Bryan	14'1.5"	2	Field
	6th	Sallisaw	Martin	14'	1	Field
High Jump	1st	Wright City	Leerone	4'10"	10	Field
	2nd	Savannah	Vanciel	4'8"	8	Field
	3rd	Sequoyah	Culie	4'8"	6	Field
	4th	McAlester	Siever	4'8"	4	Field
	5th	Poteau	Soehoman	4'6"	2	Field
	6th	Savannah	Calistro	4'6"	1	Field
3200 M Relay	1st	Warner		11:12.11	20	Relay
	2nd	Poteau		11:18.9	16	Relay
	3rd	Wright City		11:22.76	12	Relay
	4th	Keys		11:23.84	8	Relay
	5th	Sequoyah		11:46.06	4	Relay
	6th	Hartshorne		11:54.53	2	Relay
800 M Relay	1st	Poteau		1:47.43	20	Relay
	2nd	Idabel		1:50.82	16	Relay
	3rd	Broken Bow		1:55.38	12	Relay
	4th	Sallisaw		1:55.53	8	Relay
	5th	Warner		1:57.76	4	Relay
	6th	Sequoyah		2:01.96	2	Relay
1600 M Run	1st	Poteau	Pickle	6:00.30	10	Track
	2nd	Poteau	Osterhout	6:09.14	8	Track
	3rd	Broken Bow	Brantley	6:16.96	6	Track
	4th	Poteau	Wiles	6:21.45	4	Track
	5th	Heavener	Lawson	6:21.55	2	Track
	6th	Heavener	Palmer	6:31.10	1	Track
	1st	Fort Gibson	Smith	15.52	10	Track
	2nd	Broken Bow	Skelton	15.62	8	Track
	3rd	Poteau	Green	17.34	6	Track

100 M Hurdles	4th	Sallisaw	Wedon	17.78	4	Track
	5th	Fort Gibson	Caudle	18.59	2	Track
	6th	Broken Bow	Smith	20.31	1	Track
100 M Dash	1st	Poteau	Loman	12.24	10	Track
	2nd	Poteau	Garner	12.3	8	Track
	3rd	Sallisaw	Gualls	12.75	6	Track
	4th	Roland	Freeman	12.85	4	Track
	5th	Fort Gibson	Smith	12.88	2	Track
	6th	Poteau	Spradley	13.14	1	Track
800 M Run	1st	Warner	Kambree	2:35.52	10	Track
	2nd	Battiest	Leforce	2:37.14	8	Track
	3rd	Broken Bow	Brantley	2:39.84	6	Track
	4th	Fort Gibson	Perez	2:40.49	4	Track
	5th	Poteau	Soehoman	2:43.98	2	Track
	6th	Wright City	Rich	2:48.46	1	Track
400 M Relay	1st	Poteau		50.93	20	Relay
	2nd	Idabel		51.59	16	Relay
	3rd	Sallisaw		54.44	12	Relay
	4th	Sequoyah		54.78	8	Relay
	5th	Broken Bow		55.22	4	Relay
	6th	Central		56.12	2	Relay
400 M Run	1st	Warner	Jackson	1:02.00	10	Track
	2nd	Poteau	Zink	1:04.18	8	Track
	3rd	Battiest	Leforec	1:06.43	6	Track
	4th	Fort Gibson	Dixon	1:06.52	4	Track
	5th	Fort Gibson	Perez	1:07.15	2	Track
	6th	Central	Warner	1:07.56	1	Track
300 M Hurdles	1st	Broken Bow	Skelton	49.74	10	Track
	2nd	Broken Bow	Gasten	50.55	8	Track
	3rd	Fort Gibson	Smith	51.46	6	Track
	4th	Poteau	Powers	52.46	4	Track
	5th	Sallisaw	Weldon	53.74	2	Track
	6th	Broken Bow	Smith	54.76	1	Track
200 M Dash	1st	Poteau	Loman	25.19	10	Track
	2nd	Poteau	Garner	25.47	8	Track
	3rd	Idabel	Thompson	28.86	6	Track
	4th	Warner	Fullbright	29.01	4	Track
	5th	Central	Bair	29.06	2	Track
	6th	Broken Bow	Frost	29.25	1	Track
3200 M Run	1st	Poteau	Pickle	12:53.68	10	Track
	2nd	Poteau	Wiles	13:36.12	8	Track
	3rd	Poteau	Purcell	13:45.05	6	Track
	4th	Keys	Peatree	13:50.75	4	Track
	5th	Sallisaw	Carver	14:05.56	2	Track
	6th	Heavener	Lawson	14:09.59	1	Track
1600 M Relay	1st	Idabel		4:23.25	20	Relay
	2nd	Poteau		4:24.60	16	Relay
	3rd	Warner		4:28.78	12	Relay
	4th	Broken Bow		4:29.87	8	Relay
	5th	Sallisaw		4:38.50	4	Relay
	6th	Keys		4:39.93	2	Relay

## Heavener High School Invitational - 2023

MENS						WOMENS					
Event	Place	School	Contestant(s)	Time/Dist.	Points	Event	Place	School	Contestant(s)	Time/Dist.	Points
Shot Put	1st	Idabel	McCullogn	44'11.5"	10	Shot Put	1st	Broken Bow	Britton	37'	10
	2nd	Idabel	Smith	42'2"	8		2nd	Warner	Sikes	35'3"	8
	3rd	Fort Gibson	Jarrett	42'	6		3rd	Idabel	Cardin	34'8.5"	6
	4th	Spiro	Dollar	40'10"	4		4th	McAlester	Marshall	32'2.5"	4
	5th	Savannah	Witfield	40'2.5"	2		5th	Sallisaw	Gramillion	30'1"	2
	6th	Arkoma	Brake	38'11"	1		6th	Wright City	Gill	29'3"	1
Discus	1st	Broken Bow	Coley	131'7"	10	Discus	1st	Idabel	Carden	106'8.5"	10
	2nd	Idabel	Rayden	127'4"	8		2nd	Poteau	Brickell	100'8"	8
	3rd	Spiro	Dalton	124'1"	6		3rd	Broken Bow	Briton	92'0.5"	6
	4th	Heavener	Casteel	113'8"	4		4th	Poteau	Wheat	86'2"	4
	5th	Idabel	Smith	112'10"	2		5th	Poteau	Bowman	83'1"	2
	6th	Broken Bow	Mulkey	112'7"	1		6th	Spiro	Fetherston	76'5"	1
Long Jump	1st	Sallisaw	Kilpatrick	19'2.5"	10	Long Jump	1st	Sallisaw	Qualls	15'	10
	2nd	Broken Bow	Zirretta	18'9"	8		2nd	Sequoyah	Smith	15'	8
	3rd	Pocola	Scott	18'3"	6		3rd	Poteau	Green	14'3.25"	6
	4th	Pocola	Terrell	18'2.5"	4		4th	Sequoyah	Culie	14'1.5"	4
	5th	McAlester	Gragg	17'8"	2		5th	Poteau	Bryan	14'1.5"	2
	6th	Fort Gibson	Miller	17'5"	1		6th	Sallisaw	Martin	14'	1
High Jump	1st	Idabel	Hankins	6'	9	High Jump	1st	Wright City	Leerone	4'10"	10
	1st	Broken Bow	Tinajero	5'10"	9		2nd	Savannah	Vanciel	4'8"	8
	3rd	Roland	Hall	5'10"	6		3rd	Sequoyah	Culie	4'8"	6
	4th	Savannah	Fry	5'8"	4		4th	McAlester	Siever	4'8"	4
	5th	Savannah	LeFlore	5'8"	1.5		5th	Poteau	Soehoman	4'6"	2
	5th	Arkoma	Culbreath	5'6"	1.5		6th	Savannah	Calistro	4'6"	1
3200 M Relay	1st	Poteau		9:00.78	20	3200 M Relay	1st	Warner			20
	2nd	Sequoyah		9:22.96	16		2nd	Poteau			16
	3rd	Idabel		9:25.08	12		3rd	Wright City			12
	4th	Warner		9:29.91	8		4th	Keys			
	5th	Wright City		9:54.24	4		5th	Sequoyah			
	6th	Keys		10:05.14			6th	Hartshorne			
800 M Relay	1st	Idabel		1:33.34	20	800 M Relay	1st	Poteau			20
	2nd	Poteau		1:33.69	16		2nd	Idabel			16
	3rd	Broken Bow		1:34.18	12		3rd	Broken Bow			12
	4th	Sallisaw		1:34.66	8		4th	Sallisaw			8
	5th	Sequoyah		1:36.84	4		5th	Warner			4
	6th	Roland		1:37.81	2		6th	Sequoyah			2
1600 M Run	1st	Poteau	Baker	4:46.40	10	1600 M Run	1st	Poteau	Pickle		10
	2nd	Poteau	Snyder	4:52.68	8		2nd	Poteau	Osterhout		8
	3rd	Fort Gibson	Glasco	4:53.46	6		3rd	Broken Bow	Brantley		6
	4th	Heavener	Cruz	4:57.54	4		4th	Poteau	Wiles		4
	5th	Warner	Drake	4:57.96	2		5th	Heavener	Lawson		2
	6th	Poteau	Martinez	5:06.08	1		6th	Heavener	Palmer		1
110 M Hurdles	1st	Fort Gibson	Miller	15.16	10	100 M Hurdles	1st	Fort Gibson	Smith		10
	2nd	Wister	Ollar	15.38	8		2nd	Broken Bow	Skelton		8
	3rd	Broken Bow	Rodgers	17.5	6		3rd	Poteau	Green		6
	4th	Sequoyah	Handle	18.35	4		4th	Sallisaw	Wedon		4
	5th	Idabel	Hoskins	18.41	2		5th	Fort Gibson	Caudle		2
	6th	Arkoma	Culbreath	18.64	1		6th	Broken Bow	Smith		1
	1st	Sallisaw	Kilpatrick	10.56	10		1st	Poteau	Loman		10
	2nd	Idabel	Larry	10.97	8		2nd	Poteau	Garner		8

100 M Dash	3rd	Poteau	Honeycutt	11.15	6	100 M Dash	3rd	Sallisaw	Gualls		6
	4th	Roland	Johnson	11.22	4		4th	Roland	Freeman		4
	5th	Warner	Cornell	11.38	2		5th	Fort Gibson	Smith		2
	6th	Warner	Logan	11.46	1		6th	Poteau	Spradley		1
800 M Run	1st	Poteau	Baker	2:07.09	10	800 M Run	1st	Warner	Kambree		10
	2nd	Pocola	Scott	2:09.86	8		2nd	Battiest	Leforce		8
	3rd	Heavener	Cruz	2:11.24	6		3rd	Broken Bow	Brantley		6
	4th	Fort Gibson	Parker	2:14.42	4		4th	Fort Gibson	Perez		4
	5th	Savannah	Franklin	2:16.68	2		5th	Poteau	Soehoman		2
	6th	Idabel	Hoskins	2:17.06	1		6th	Wright City	Rich		1
400 M Relay	1st	Broken Bow		44.16	20	400 M Relay	1st	Poteau			20
	2nd	Idabel		44.69	16		2nd	Idabel			16
	3rd	Poteau		45.38	12		3rd	Sallisaw			12
	4th	Sallisaw		45.75	8		4th	Sequoyah			8
	5th	Sequoyah		45.89	4		5th	Broken Bow			4
	6th	Warner		46.29	2		6th	Central			2
400 M Run	1st	Idabel	Carter	52.78	10	400 M Run	1st	Warner	Jackson		10
	2nd	Broken Bow	Brumley	55.99	8		2nd	Poteau	Zink		8
	3rd	Sallisaw	File	56.36	6		3rd	Battiest	Leforec		6
	4th	Warner	Lange	56.37	4		4th	Fort Gibson	Dixon		4
	5th	Idabel	Harris	56.49	2		5th	Fort Gibson	Perez		2
	6th	Keys	Beckwitch	56.55	1		6th	Central	Warner		1
300 M Hurdles	1st	Wister	Ollar	42.67	10	300 M Hurdles	1st	Broken Bow	Skelton		10
	2nd	Fort Gibson	Miller	43.17	8		2nd	Broken Bow	Gasten		8
	3rd	Broken Bow	Rodgers	43.96	6		3rd	Fort Gibson	Smith		6
	4th	Heavener	Adkins	43.97	4		4th	Poteau	Powers		4
	5th	Heavener	Cook	44.76	2		5th	Sallisaw	Weldon		2
	6th	Idabel	Hoskins	45.52	1		6th	Broken Bow	Smith		1
200 M Dash	1st	Broken Bow	Zirretta	23.22	10	200 M Dash	1st	Poteau	Loman		10
	2nd	Poteau	Hall	23.5	8		2nd	Poteau	Garner		8
	3rd	Roland	Johnson	23.53	6		3rd	Idabel	Thompson		6
	4th	Warner	Carnell	23.65	4		4th	Warner	Fullbright		4
	5th	McAlester	Gragg	23.94	2		5th	Central	Bair		2
	6th	Poteau	Andrews	23.99	1		6th	Broken Bow	Frost		1
3200 M Run	1st	Warner	Drake	10:34.27	10	3200 M Run	1st	Poteau	Pickle		10
	2nd	Poteau	Snyder	10:35.86	8		2nd	Poteau	Wiles		8
	3rd	Poteau	Martinez	10:36.23	6		3rd	Poteau	Purcell		6
	4th	Heavener	Cruz	10:38.92	4		4th	Keys	Peatree		4
	5th	Fort Gibson	Glasgow	10:40.73	2		5th	Sallisaw	Carver		2
	6th	Wright City	Roath	10:42.73	1		6th	Heavener	Lawson		
1600 M Relay	1st	Idabel		3:40.37	20	1600 M Relay	1st	Idabel			20
	2nd	Poteau		3:40.55	16		2nd	Poteau			16
	3rd	Sequoyah		3:45.48	12		3rd	Warner			12
	4th	Broken Bow		3:46.90	8		4th	Broken Bow			8
	5th	Sallisaw		3:48.99	4		5th	Sallisaw			4
	6th	Keys		3:57.91	2		6th	Keys			2

### MENS TEAM SCORES

Idabel	130
Poteau	122
Broken Bow	97
Sallisaw	46
Sequoyah	40

### WOMENS TEAM SCORES

Poteau	199
Broken Bow	81
Idabel	74
Warner	68
Sallisaw	51

Fort Gibson	37
Warner	33
Heavener	24
Wister	18
Roland	18
Pocola	18
Spiro	10
Savannah	10
Wright City	5
Keys	5
McAlester	4
Arkoma	3

Sequoyah	32
Fort Gibson	30
Wright City	24
Keys	14
Battiest	14
Savannah	9
McAlester	8
Central	5
Roland	4
Heavener	4
Hartshorne	2
Spiro	1

### MENS OUTSTANDING INDIVIDUALS

Contestant	School	Points
Kilpatrick	Sallisaw	20
Baker	Poteau	20
Miller	Fort Gibson	19
Zirretta	Broken Bow	18
Ollar	Wister	18
Snyder	Poteau	16
Scott	Pocola	14
Hall	Poteau	8
	Roland	6
Cruz	Heavener	14
Rodgers	Broken Bow	12
Drake	Warner	12
Smith	Idabel	10
McCullogn	Idabel	10
Johnson	Roland	10
Hankins	Idabel	10
Coley	Broken Bow	10
Carter	Idabel	10
Tinajero	Broken Bow	8
Rayden	Idabel	8
Larry	Idabel	8
Brumley	Broken Bow	8
Martinez	Poteau	7
Jarrett	Fort Gibson	6
Honeycutt	Poteau	6
Glasco	Fort Gibson	6
File	Sallisaw	6
Dalton	Spiro	6
Terrell	Pocola	4
Parker	Fort Gibson	4
Lange	Warner	4
Hoskins	Idabel	4
Handle	Sequoyah	4
Gragg	McAlester	4
Fry	Savannah	4
Dollar	Spiro	4

### WOMENS OUTSTANDING INDIVIDUALS

Contestant	School	Points
Smith	Fort Gibson	18
	Sequoyah	8
	Broken Bow	2
Pickle	Poteau	20
Loman	Poteau	20
Skelton	Broken Bow	18
Garner	Poteau	16
Wiles	Poteau	12
Green	Poteau	12
Brantley	Broken Bow	12
Qualls	Sallisaw	10
Leerone	Wright City	10
Kambree	Warner	10
Jackson	Warner	10
Culie	Sequoyah	10
Carden	Idabel	10
Britton	Broken Bow	10
Zink	Poteau	8
Vanciel	Savannah	8
Sikes	Warner	8
Osterhout	Poteau	8
Leforce	Battiest	8
Gasten	Broken Bow	8
Brickell	Poteau	8
Thompson	Idabel	6
Purcell	Poteau	6
Perez	Fort Gibson	6
Leforec	Battiest	6
Gualls	Sallisaw	6
Cardin	Idabel	6
Briton	Broken Bow	6
Wheat	Poteau	4
Wedon	Sallisaw	4
Soehoman	Poteau	4
Siever	McAlester	4
Powers	Poteau	4

