

Track Meet Results						
Tuesday, April 04, 2023						
Shot Put (Boys)						
	Participant	School	Distance	Pts		Participant
1st	Keefe	Hilldale	58'3	10	1st	Young
2nd	Holmes	Coweta	47'3	8	2nd	Tottress
3rd	Kemp	Beggs	46'4	6	3rd	McClure
4th	Christal	Glenpool	46'3	4	4th	Goodvoice
5th	Young	Verdigris	45'4	2	5th	Stranglin
6th	Henson	Verdigris	44'1	1	6th	Rainwater
Discus (Boys)						
	Participant	School	Distance	Pts		Participant
1st	Keefe	Hilldale	157	10	1st	Young
2nd	Fuller	Verdigris	148'3	8	2nd	Buffington
3rd	Kemp	Beggs	143	6	3rd	Goodvoice
4th	Cox	Grove	135'4	4	4th	Rainwater
5th	Escoe	Tulsa Memorial	133'3	2	5th	Soto
6th	Catrell	Grove	124'4	1	6th	Casey
Long Jump (Boys)						
	Participant	School	Distance	Pts		Participant
1st	Thomas	Checotah	21'6 1/2	10	1st	Pellegrino
2nd	Williamson	McAlester	20'9 1/2	8	2nd	Holmes
3rd	Mink	Stilwell	19'7	6	3rd	Waite
4th	Swanson	Wagoner	19'3	4	4th	Warford
5th	Bradley	McAlester	19'2	2	5th	Pierce
6th	Maledon	Coweta	18'9	1	6th	Geer
High Jump (Boys)						
	Participant	School	Height	Pts		Participant
1st	Badie	Coweta	6'6	10	1st	Holmes
2nd	Hicks	Beggs	6'4	8	2nd	W. Holmes
3rd	Burton	Hilldale	5'10	6	3rd	Morrison
4th	Wright	Tahlequah	5'10	4	4th	Elam
5th	Anderson	Beggs	5'8	2	5th	Harris
6th	McMahan	McAlester	5'8	1	6th	Jackson
Pole Vault (Boys)						
	Participant	School	Height	Pts		Participant
1st	Borzick	Coweta	10'6	10	1st	Arnold, B.
2nd	Ritter	Grove	10'	8	2nd	Arnold, A.
3rd	Kendrick	Glenpool	9'6	6	3rd	Pham
4th	Keeler	Grove	9'	4	3rd	Robbins
5th	Moore	Coweta	8'6	2	5th	Hull
6th	Saxbury	Coweta	8	1	6th	Tanner
Track Meet Results						

Tuesday, April 04, 2023						
400 Meter Relay (Boys)					400 M	
		School	Time	Pts		
1st	RELAY	Coweta	43.36	20	1st	RELAY
2nd	RELAY	Vinita	44.44	16	2nd	RELAY
3rd	RELAY	Tulsa Memorial	44.88	12	3rd	RELAY
4th	RELAY	Wagoner	45.16	8	4th	RELAY
5th	RELAY	Verdigris	45.68	4	5th	RELAY
6th	RELAY	Fort Gibson	45.69	2	6th	RELAY
3200 Meter Relay (Boys)					3200	
		School	Time	Pts		
1st	RELAY	Coweta	8:28.28	20	1st	RELAY
2nd	RELAY	Grove	8:38.72	16	2nd	RELAY
3rd	RELAY	Beggs	9:16.33	12	3rd	RELAY
4th	RELAY	Tahlequah	9:19.53	8	4th	RELAY
5th	RELAY	Checotah	9:56.88	4	5th	RELAY
6th	RELAY	McAlester	10:05	2	6th	RELAY
110 Meter Hurdles (Boys)					100 M	
	Participant	School	Time	Pts		Participant
1st	Miller	Fort Gibson	15.93	10	1st	Smith
2nd	Prince	Vinita	17.19	8	2nd	Spears
3rd	Stone	Coweta	17.33	6	3rd	Roberts
4th	Webb	Tahlequah	17.45	4	4th	Frazier
5th	Carter	Vinita	17.62	2	5th	Morrison
6th	Flanary	Coweta	17.68	1	6th	Chronister
3200 Meter Run (Boys)					3200	
	Participant	School	Time	Pts		Participant
1st	McCall	Glenpool	10:36	10	1st	Cruz
2nd	Dockson	Coweta	10:42.78	8	2nd	Castillo
3rd	George	Stilwell	10:52.31	6	3rd	Pham
4th	Newell	Coweta	10:57.91	4	4th	Addington
5th	K. Newell	Coweta	10:58.75	2	5th	Burcham
6th	Glasgow	Fort Gibson	11:05.97	1	6th	Bryant
800 Meter Run (Boys)					800	
	Participant	School	Time	Pts		Participant
1st	Clark	Coweta	2:00.3	10	1st	Perez
2nd	Swalley	Coweta	2:00.72	8	2nd	Ashlynn
3rd	Johnson	Wagoner	2:06.31	6	3rd	Gallardo
4th	Hess	Vinita	2:06.38	4	4th	Chasity
5th	Detels	McAlester	2:08.70	2	5th	Maher
6th	Hooper	Tahlequah	2:09.81	1	6th	Stout
Track Meet Results						
Tuesday, April 04, 2023						

800 Meter Relay (Boys)					800	
		School	Time	Pts		
1st	RELAY	Coweta	1:31.50	20	1st	RELAY
2nd	RELAY	Wagoner	1:33.37	16	2nd	RELAY
3rd	RELAY	Tahlequah	1:34.82	12	3rd	RELAY
4th	RELAY	Verdigris	1:37.87	8	4th	RELAY
5th	RELAY	Beggs	1:39.50	4	5th	RELAY
6th	RELAY	McAlester	1:39.84	2	6th	RELAY
100 Meter Dash (Boys)					100	
	Participant	School	Time	Pts		Participant
1st	Robinson	Coweta	11.12	10	1st	Cavin
2nd	Thomas	Checotah	11.22	8	2nd	Stamps
3rd	Parson	Verdigris	11.45	6	3rd	West
4th	Caldwell	Tulsa Memorial	11.47	4	4th	Mason
5th	Scott	Hilldale	11.53	2	5th	Jackson
6th	Ford	Coweta	11.57	1	6th	Austin
400 Meter Dash (Boys)					400	
	Participant	School	Time	Pts		Participant
1st	Clark	Coweta	50.73	10	1st	Cowan
2nd	Norton	Tulsa Memorial	51.94	8	2nd	Dotson
3rd	Borszich	Coweta	52.51	6	3rd	Pawpa
4th	Detels	McAlester	52.72	4	4th	Dixon
5th	Caldwell	Tulsa Memorial	52.74	2	5th	Holmes
6th	Kernan	Grove	53.4	1	6th	Perez
300 Meter Hurdles (Boys)					300 M	
	Participant	School	Time	Pts		Participant
1st	Badie	Coweta	39.97	10	1st	Spears
2nd	Miller	Fort Gibson	42.19	8	2nd	Holmes
3rd	Prince	Vinita	43.03	6	3rd	Frazier
4th	Nix	Tahlequah	44.04	4	4th	Geer
5th	Stone	Coweta	45.27	2	5th	Morrison
6th	Carter	Vinita	45.66	1	6th	Roberts
200 Meter Dash (Boys)					200	
	Participant	School	Time	Pts		Participant
1st	Caldwell	Tulsa Memorial	23.39	10	1st	Cavin
2nd	Atkins	Wagoner	23.5	8	2nd	Blades
3rd	Person	Verdigris	24.03	6	3rd	West
4th	Show	Tulsa Central	24.07	4	4th	Helton
5th	Swanson	Wagoner	24.09	2	5th	Dotson
6th	Norton	Tulsa Memorial	24.15	1	6th	Nail
Track Meet Results						
Tuesday, April 04, 2023						

1600 Meter Run (Boys)					1600	
	Participant	School	Time	Pts		Participant
1st	McCall	Glenpool	4:42	10	1st	Cruz
2nd	Dockson	Coweta	4:47	8	2nd	Castillo
3rd	Wood	Coweta	4:49.30	6	3rd	Stout
4th	Hooper	Tahlequah	4:49.5	4	4th	Burcham
5th	George	Stilwell	4:50	2	5th	Addington
6th	Buford	Pryor	4:53	1	6th	Voyles
1600 Meter Relay (Boys)					1600	
		School	Time	Pts		
1st	RELAY	Coweta	3:27.06	20	1st	RELAY
2nd	RELAY	Wagoner	3:30.38	16	2nd	RELAY
3rd	RELAY	Vinita	3:34.87	12	3rd	RELAY
4th	RELAY	Tahlequah	3:39.09	8	4th	RELAY
5th	RELAY	McAlester	3:41.90	4	5th	RELAY
6th	RELAY	Beggs	3:48.43	2	6th	RELAY

			TEAM POINTS	
			BOYS	
			TEAM	POINTS
Shot Put (Girls)				
School	Distance	Pts	Coweta	204
Verdigris	39'6.5	10	Wagoner	60
Wagoner	38'9	8	Vinita	49
Tahlequah	36'10.5	6	Tahlequah	45
Glenpool	36'9	4	Tulsa Memorial	39
Tahlequah	34'1/2	2	Fort Gibson	21
Tahlequah	33'7	1	Hilldale	28
			Verdigris	35
Discus (Girls)			Checotah	22
School	Distance	Pts	Nowata	0
Verdigris	109'4 1/2	10	Beggs	40
Grove	109'3	8	McAlester	25
Glenpool	108'8	6	Tulsa Central	4
Tahlequah	108'3	4	Grove	34
Coweta	102'1	2	Hilldale	28
Pryor	92 1/2	1	Glenpool	30
			Stilwell	14
Shot Jump (Girls)			Pryor	1
School	Distance	Pts		0
Grove	16'3	10		0
Stilwell	16'1	8		0
Stilwell	15'10	6		0
Hilldale	15'2	4		0
Nowata	15'1	2		0
Grove	14'11	1		0
				0
Shot Jump (Girls)				0
School	Height	Pts		0
Stilwell	5'2	10		0
Stilwell	5'0	8		0
Tahlequah	4'10	6		0
Pryor	4'10	4		0
Wagoner	4'10	2		
Glenpool	4'10	1		
Shot Vault (Girls)				
School	Height	Pts		
Grove	10'	10	Sweepstakes	
Grove	9'	8	Boys	
Tahlequah	6'6	5	1st	Coweta
Coweta	6'6	5	2nd	Wagoner
Glenpool	6'6	2		
Nowata	6'6	1		

